FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Name and Address of Reporting Person* Huss Vonda					2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) 11225 N	.ast) (First) (Middle) 1225 N COMMUNITY HOUSE RD					3. Date of Earliest Transaction (Month/Day/Year) 09/03/2024								Officer (give title Other (specify below) below) EVP & Chief HR Officer					
(Street) CHARLOTTE NC 28277				4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate) (2	Zip)												Perso	on			
		Table	I - No	on-Deriva	tive \$	Secui	rities	Acc	quired	l, Dis	sposed of	, or B	enefic	cially	Own	ed			
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N				Year) Execution		ution Date,		3. Transaction Code (Instr. 8)		Acquire (D) (Ins	ed (A) or str. 3, 4 a	and 5) Securit Benefic Owned		ties cially I Following	For (D)	Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 09/03/202)24		S		3,000	D	\$45.	15.29(1)		19,848		D ⁽²⁾				
		Та	ble II								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ition Date,	4. Transaction Code (Instr. 8)				6. Date Expira (Monti	tion D		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Dei Sed (Ins	rice of ivative derivative urity Securities Beneficia Owned Following Reported Transacti (Instr. 4)		у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$45.02 to \$45.80, inclusive. The reporting person undertakes to provide to Brighthouse Financial, Inc., any security holder of Brighthouse Financial, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 2. The sale was executed pursuant to a Rule 10b5-1 plan adopted by the reporting person on March 2, 2024.

Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of 09/04/2024 Vonda R. Huss

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.