

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-Q

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended March 31, 2026

or

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the transition period from ___ to ___

Commission File Number: 001-37905



Brighthouse
FINANCIAL®

Brighthouse Financial, Inc.

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation or organization)

11225 North Community House Road, Charlotte, North Carolina

(Address of principal executive offices)

81-3846992

(I.R.S. Employer Identification No.)

28277

(Zip Code)

(980) 365-7100

(Registrant's telephone number, including area code)

Securities registered pursuant to Section 12(b) of the Act:

<u>Title of each class</u>	<u>Trading symbol(s)</u>	<u>Name of each exchange on which registered</u>
Common Stock, par value \$0.01 per share	BHF	The Nasdaq Stock Market LLC
Depository Shares, each representing a 1/1,000th interest in a share of 6.600% Non-Cumulative Preferred Stock, Series A	BHFAP	The Nasdaq Stock Market LLC
Depository Shares, each representing a 1/1,000th interest in a share of 6.750% Non-Cumulative Preferred Stock, Series B	BHFBO	The Nasdaq Stock Market LLC
Depository Shares, each representing a 1/1,000th interest in a share of 5.375% Non-Cumulative Preferred Stock, Series C	BHFAN	The Nasdaq Stock Market LLC
Depository Shares, each representing a 1/1,000th interest in a share of 4.625% Non-Cumulative Preferred Stock, Series D	BHFAM	The Nasdaq Stock Market LLC
6.250% Junior Subordinated Debentures due 2058	BHFAL	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes No

Indicate by check mark whether the registrant has submitted electronically every Interactive Data File required to be submitted pursuant to Rule 405 of Regulation S-T (§ 232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit such files). Yes No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, a smaller reporting company, or an emerging growth company. See the definitions of "large accelerated filer," "accelerated filer," "smaller reporting company," and "emerging growth company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer

Non-accelerated filer

Accelerated filer

Smaller reporting company

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes No

As of May 1, 2026, 57,445,785 shares of the registrant's common stock were outstanding.

Table of Contents

	Page
<u>Part I — Financial Information</u>	
Item 1.	Consolidated Financial Statements (at March 31, 2026 (Unaudited) and December 31, 2025 and for the Three Months Ended March 31, 2026 and 2025 (Unaudited)):
	<u>Interim Condensed Consolidated Balance Sheets</u> <u>2</u>
	<u>Interim Condensed Consolidated Statements of Operations and Comprehensive Income (Loss)</u> <u>3</u>
	<u>Interim Condensed Consolidated Statements of Equity</u> <u>4</u>
	<u>Interim Condensed Consolidated Statements of Cash Flows</u> <u>5</u>
	<u>Notes to the Interim Condensed Consolidated Financial Statements (Unaudited):</u>
	<u>Note 1 — Business, Basis of Presentation and Summary of Significant Accounting Policies</u> <u>6</u>
	<u>Note 2 — Segment Information</u> <u>7</u>
	<u>Note 3 — Insurance Liabilities</u> <u>12</u>
	<u>Note 4 — Market Risk Benefits</u> <u>16</u>
	<u>Note 5 — Separate Accounts</u> <u>17</u>
	<u>Note 6 — Deferred Policy Acquisition Costs, Value of Business Acquired and Other Intangibles</u> <u>19</u>
	<u>Note 7 — Investments</u> <u>20</u>
	<u>Note 8 — Derivatives</u> <u>33</u>
	<u>Note 9 — Fair Value</u> <u>38</u>
	<u>Note 10 — Equity</u> <u>47</u>
	<u>Note 11 — Other Revenues and Other Expenses</u> <u>50</u>
	<u>Note 12 — Earnings Per Common Share</u> <u>51</u>
	<u>Note 13 — Contingencies, Commitments and Guarantees</u> <u>51</u>
Item 2.	<u>Management’s Discussion and Analysis of Financial Condition and Results of Operations</u> <u>55</u>
Item 3.	<u>Quantitative and Qualitative Disclosures About Market Risk</u> <u>90</u>
Item 4.	<u>Controls and Procedures</u> <u>91</u>
<u>Part II — Other Information</u>	
Item 1.	<u>Legal Proceedings</u> <u>91</u>
Item 1A.	<u>Risk Factors</u> <u>91</u>
Item 2.	<u>Unregistered Sales of Equity Securities and Use of Proceeds</u> <u>91</u>
Item 5.	<u>Other Information</u> <u>91</u>
Item 6.	<u>Exhibits</u> <u>92</u>
Signature	<u>93</u>

Part I — Financial Information
Item 1. Financial Statements
Brighthouse Financial, Inc.
**Interim Condensed Consolidated Balance Sheets
March 31, 2026 (Unaudited) and December 31, 2025**
(In millions, except share and per share data)

	March 31, 2026	December 31, 2025
Assets		
Investments:		
Fixed maturity securities available-for-sale, at estimated fair value (amortized cost: \$87,206 and \$87,046, respectively; allowance for credit losses of \$65 and \$64, respectively)	\$ 81,232	\$ 82,014
Trading securities, at estimated fair value	544	506
Equity securities, at estimated fair value	76	79
Mortgage loans (net of allowance for credit losses of \$210 and \$200, respectively)	22,620	22,755
Policy loans	1,458	1,450
Limited partnerships and limited liability companies	4,673	4,696
Short-term investments, principally at estimated fair value	1,236	1,197
Other invested assets, principally at estimated fair value (net of allowance for credit losses of \$0 and \$0, respectively)	9,617	7,932
Total investments	121,456	120,629
Cash and cash equivalents	4,907	5,387
Accrued investment income	1,302	1,260
Premiums, reinsurance and other receivables (net of allowance for credit losses of \$3 and \$3, respectively)	20,826	21,579
Deferred policy acquisition costs and value of business acquired	4,520	4,567
Current income tax recoverable	16	16
Deferred income tax asset	1,781	1,442
Market risk benefit assets	850	1,060
Other assets	324	332
Separate account assets	80,821	85,528
Total assets	\$ 236,803	\$ 241,800
Liabilities and Equity		
Liabilities		
Future policy benefits	\$ 31,773	\$ 32,025
Policyholder account balances	86,379	87,952
Market risk benefit liabilities	8,564	8,063
Other policy-related balances	3,994	3,893
Payables for collateral under securities loaned and other transactions	4,661	4,705
Long-term debt	3,154	3,155
Other liabilities	11,829	9,646
Separate account liabilities	80,821	85,528
Total liabilities	231,175	234,967
Contingencies, Commitments and Guarantees (Note 13)		
Equity		
Brighthouse Financial, Inc.'s stockholders' equity:		
Preferred stock, par value \$0.01 per share; \$1,753 aggregate liquidation preference	—	—
Common stock, par value \$0.01 per share; 1,000,000,000 shares authorized; 124,536,688 and 124,081,967 shares issued, respectively; 57,437,709 and 57,171,217 shares outstanding, respectively	1	1
Additional paid-in capital	13,869	13,870
Retained earnings (deficit)	(1,452)	(686)
Treasury stock, at cost; 67,098,979 and 66,910,750 shares, respectively	(2,699)	(2,688)
Accumulated other comprehensive income (loss)	(4,156)	(3,729)
Total Brighthouse Financial, Inc.'s stockholders' equity	5,563	6,768
Noncontrolling interests	65	65
Total equity	5,628	6,833
Total liabilities and equity	\$ 236,803	\$ 241,800

See accompanying notes to the interim condensed consolidated financial statements.

Brighthouse Financial, Inc.
Interim Condensed Consolidated Statements of Operations and Comprehensive Income (Loss)
For the Three Months Ended March 31, 2026 and 2025 (Unaudited)
(In millions, except per share data)

	Three Months Ended March 31,	
	2026	2025
Revenues		
Premiums	\$ 168	\$ 186
Universal life and investment-type product policy fees	533	543
Net investment income	1,258	1,297
Other revenues	129	136
Net investment gains (losses)	(52)	(83)
Net derivative gains (losses)	(509)	311
Total revenues	<u>1,527</u>	<u>2,390</u>
Expenses		
Policyholder benefits and claims (including liability remeasurement gains (losses) of \$0 and \$0, respectively)	637	649
Interest credited to policyholder account balances	493	561
Amortization of deferred policy acquisition costs and value of business acquired	158	148
Change in market risk benefits	748	893
Other expenses	477	493
Total expenses	<u>2,513</u>	<u>2,744</u>
Income (loss) before provision for income tax	(986)	(354)
Provision for income tax expense (benefit)	(222)	(88)
Net income (loss)	(764)	(266)
Less: Net income (loss) attributable to noncontrolling interests	2	2
Net income (loss) attributable to Brighthouse Financial, Inc.	(766)	(268)
Less: Preferred stock dividends	26	26
Net income (loss) available to Brighthouse Financial, Inc.'s common shareholders	<u>\$ (792)</u>	<u>\$ (294)</u>
Comprehensive income (loss)	\$ (1,191)	\$ 342
Less: Comprehensive income (loss) attributable to noncontrolling interests	2	2
Comprehensive income (loss) attributable to Brighthouse Financial, Inc.	<u>\$ (1,193)</u>	<u>\$ 340</u>
Earnings per common share		
Basic	\$ (13.82)	\$ (5.04)
Diluted	\$ (13.82)	\$ (5.04)

See accompanying notes to the interim condensed consolidated financial statements.

Brighthouse Financial, Inc.
Interim Condensed Consolidated Statements of Equity
For the Three Months Ended March 31, 2026 and 2025 (Unaudited)
(In millions)

	Preferred Stock	Common Stock	Additional Paid-in Capital	Retained Earnings (Deficit)	Treasury Stock at Cost	Accumulated Other Comprehensive Income (Loss)	Brighthouse Financial, Inc.'s Stockholders' Equity	Noncontrolling Interests	Total Equity
Balance at December 31, 2025	\$ —	\$ 1	\$ 13,870	\$ (686)	\$ (2,688)	\$ (3,729)	\$ 6,768	\$ 65	\$ 6,833
Treasury stock acquired in connection with share repurchases					—		—		—
Share-based compensation		—	25		(11)		14		14
Dividends on preferred stock			(26)				(26)		(26)
Change in noncontrolling interests							—	(2)	(2)
Net income (loss)				(766)			(766)	2	(764)
Other comprehensive income (loss), net of income tax						(427)	(427)		(427)
Balance at March 31, 2026	\$ —	\$ 1	\$ 13,869	\$ (1,452)	\$ (2,699)	\$ (4,156)	\$ 5,563	\$ 65	\$ 5,628
Balance at December 31, 2024	\$ —	\$ 1	\$ 13,927	\$ (1,119)	\$ (2,572)	\$ (5,278)	\$ 4,959	\$ 65	\$ 5,024
Treasury stock acquired in connection with share repurchases					(59)		(59)		(59)
Share-based compensation		—	38		(13)		25		25
Dividends on preferred stock			(26)				(26)		(26)
Change in noncontrolling interests							—	(2)	(2)
Net income (loss)				(268)			(268)	2	(266)
Other comprehensive income (loss), net of income tax						608	608		608
Balance at March 31, 2025	\$ —	\$ 1	\$ 13,939	\$ (1,387)	\$ (2,644)	\$ (4,670)	\$ 5,239	\$ 65	\$ 5,304

See accompanying notes to the interim condensed consolidated financial statements.

Brighthouse Financial, Inc.
Interim Condensed Consolidated Statements of Cash Flows
For the Three Months Ended March 31, 2026 and 2025 (Unaudited)
(In millions)

	Three Months Ended March 31,	
	2026	2025
Net cash provided by (used in) operating activities	\$ (221)	\$ 146
Cash flows from investing activities		
Sales, maturities and repayments of:		
Fixed maturity securities	3,427	3,140
Trading securities	22	6
Equity securities	2	12
Mortgage loans	825	448
Limited partnerships and limited liability companies	79	87
Purchases of:		
Fixed maturity securities	(3,454)	(2,821)
Trading securities	(68)	(18)
Equity securities	—	(8)
Mortgage loans	(664)	(362)
Limited partnerships and limited liability companies	(54)	(65)
Cash received in connection with freestanding derivatives	4,754	3,348
Cash paid in connection with freestanding derivatives	(5,313)	(4,110)
Net change in policy loans	(9)	588
Net change in short-term investments	(33)	318
Net change in other invested assets	1	—
Net cash provided by (used in) investing activities	(485)	563
Cash flows from financing activities		
Policyholder account balances:		
Deposits	6,986	5,135
Withdrawals	(6,700)	(5,968)
Net change in payables for collateral under securities loaned and other transactions	(44)	13
Long-term debt repaid	(1)	—
Dividends on preferred stock	(26)	(26)
Treasury stock acquired in connection with share repurchases	—	(59)
Financing element on certain derivative instruments and other derivative related transactions, net	24	(167)
Other, net	(13)	(15)
Net cash provided by (used in) financing activities	226	(1,087)
Change in cash, cash equivalents and restricted cash	(480)	(378)
Cash, cash equivalents and restricted cash, beginning of period	5,387	5,045
Cash, cash equivalents and restricted cash, end of period	\$ 4,907	\$ 4,667
Supplemental disclosures of cash flow information		
Net cash paid (received) for:		
Interest	\$ 6	\$ 6
Income tax	\$ 4	\$ 7

See accompanying notes to the interim condensed consolidated financial statements.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited)****1. Business, Basis of Presentation and Summary of Significant Accounting Policies*****Business***

Brighthouse Financial, Inc. (“BHF” and, together with its subsidiaries, “Brighthouse Financial” or the “Company”) is one of the largest providers of annuity and life insurance products in the U.S. through multiple independent distribution channels and marketing arrangements with a diverse network of distribution partners. The Company is organized into the following reportable segments: Annuities; Life; Run-off; and Corporate & Other.

On November 6, 2025, BHF entered into an Agreement and Plan of Merger (the “Merger Agreement”) with Aquarian Holdings VI L.P., a Delaware limited partnership (“Aquarian Parent”), Aquarian Beacon Merger Sub Inc., a Delaware corporation and an indirect wholly-owned subsidiary of Aquarian Parent (“Merger Sub”), and Aquarian Holdings LLC, a Delaware limited liability company, solely for the purpose of certain provisions, pursuant to which, at the closing of the transactions contemplated by the Merger Agreement, Merger Sub will merge with and into BHF, with BHF surviving as a wholly-owned subsidiary of Aquarian Parent (the “Merger”).

Pursuant to the Merger Agreement, at the effective time of the Merger (the “Effective Time”), each share of our common stock issued and outstanding immediately prior to the Effective Time will be converted into the right to receive \$70.00 per share, net in cash, without interest and less any amounts that are required to be deducted or withheld under applicable law.

Basis of Presentation

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America (“GAAP”) requires management to adopt accounting policies and make estimates and assumptions that affect amounts reported on the interim condensed consolidated financial statements. In applying these policies and estimates, management makes subjective and complex judgments that frequently require assumptions about matters that are inherently uncertain. Many of these policies, estimates and related judgments are common in the insurance and financial services industries; others are specific to the Company’s business and operations. Actual results could differ from these estimates.

Consolidation

The accompanying interim condensed consolidated financial statements include the accounts of Brighthouse Financial, as well as partnerships and limited liability companies (“LLC”) that the Company controls. Intercompany accounts and transactions have been eliminated.

The Company uses the equity method of accounting for investments in limited partnerships and LLCs when it has more than a minor ownership interest or more than a minor influence over the investee’s operations. The Company generally recognizes its share of the investee’s earnings on a three-month lag in instances where the investee’s financial information is not sufficiently timely or when the investee’s reporting period differs from the Company’s reporting period. When the Company has virtually no influence over the investee’s operations, the investment is carried at fair value.

The accompanying interim condensed consolidated financial statements are unaudited and reflect all adjustments (including normal recurring adjustments) necessary to present fairly the financial position, results of operations and cash flows for the interim periods presented in conformity with GAAP. Interim results are not necessarily indicative of full year performance. The December 31, 2025 consolidated balance sheet data was derived from audited consolidated financial statements included in Brighthouse Financial, Inc.’s Annual Report on Form 10-K for the year ended December 31, 2025 (the “2025 Annual Report”), which include all disclosures required by GAAP. Therefore, these interim condensed consolidated financial statements should be read in conjunction with the consolidated financial statements of the Company included in the 2025 Annual Report.

Adoption of New Accounting Pronouncements

Changes to GAAP are established by the Financial Accounting Standards Board (“FASB”) in the form of accounting standards updates (“ASU”) to the FASB Accounting Standards Codification. The Company considers the applicability and impact of all ASUs. There were no significant ASUs adopted during the period ended March 31, 2026.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****1. Business, Basis of Presentation and Summary of Significant Accounting Policies (continued)****Future Adoption of New Accounting Pronouncements**

In November 2025, the FASB issued new guidance on financial instrument credit losses (ASU 2025-08, *Financial Instruments – Credit Losses (Topic 326): Purchased Loans*). Under current GAAP, an allowance for credit losses for assets purchased with credit deterioration is established by grossing up the amortized cost basis of the asset, while the allowance for all other loans is recognized separately as an expense. The ASU expands the population of purchased financial instruments subject to the gross-up approach for determining the allowance for credit losses to include all purchased loans that meet certain criteria. The ASU is effective for annual and interim periods starting with fiscal year 2027. This ASU is required to be adopted prospectively for all loans acquired on or after the effective date. The Company is currently evaluating the impact of this guidance on its financial statements.

In November 2024, the FASB issued new guidance on income statement expense disclosures (ASU 2024-03, *Income Statement—Reporting Comprehensive Income—Expense Disaggregation Disclosures (Subtopic 220-40): Disaggregation of Income Statement Expenses*). This ASU requires public companies to disclose additional disaggregated information about expenses in the notes to financial statements at each interim and annual reporting period. This ASU is effective for fiscal years starting January 1, 2027, and for interim periods starting January 1, 2028. This ASU is required to be adopted prospectively with the option of retrospective application. The Company is currently evaluating the impact of this guidance on its financial statements.

2. Segment Information

The Company is organized into and provides its products and services through the following reportable segments: Annuities; Life; Run-off; and Corporate & Other. The Company's chief operating decision maker ("CODM") views and manages the business through these segments.

Annuities

The Annuities segment consists of a variety of variable, fixed, index-linked and income annuities designed to address contract holders' needs for protected wealth accumulation on a tax-deferred basis, wealth transfer and income security.

Life

The Life segment consists of insurance products, including term, universal, whole and variable life products designed to address policyholders' needs for financial security and protected wealth transfer, which may be on a tax-advantaged basis.

Run-off

The Run-off segment consists primarily of products that are no longer actively sold and are separately managed, including universal life with secondary guarantees ("ULSG"), structured settlements, pension risk transfer contracts, certain company-owned life insurance policies and certain funding agreements.

Corporate & Other

The Corporate & Other segment consists of activities related to funding agreements associated with the Company's institutional spread margin business, excess capital not allocated to the other segments, interest expense related to the Company's outstanding debt, and preferred stock dividends, as well as expenses associated with certain legal proceedings and income tax audit issues. The Corporate & Other segment also includes long-term care business reinsured through 100% quota share reinsurance agreements.

Financial Measure and Segment Accounting Policies

The Company's CODM is its Chief Executive Officer ("CEO"). The CEO uses adjusted earnings to evaluate segment performance and facilitate comparisons to industry results. The Company believes the presentation of adjusted earnings, as the Company measures it for management purposes, enhances the understanding of its performance by the investor community by highlighting the results of operations and the underlying profitability drivers of the business.

Adjusted earnings, which may be positive or negative, focuses on the Company's primary businesses by excluding the impact of market volatility, which could distort trends.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

2. Segment Information (continued)

The following items are excluded from total revenues in calculating adjusted earnings:

- Net investment gains (losses);
- Investment gains (losses) on trading securities measured at estimated fair value through net investment income; and
- Net derivative gains (losses), excluding earned income and amortization of premium on derivatives that are hedges of investments or that are used to replicate certain investments, but do not qualify for hedge accounting treatment (“Investment Hedge Adjustments”).

The following items are excluded from total expenses in calculating adjusted earnings:

- Change in market risk benefits (“MRB”); and
- Change in fair value of the crediting rate on experience-rated contracts and market value adjustments on institutional group annuities that are economically offset by gains (losses) on the related trading securities (“Market Value Adjustments”).

The provision for income tax related to adjusted earnings is calculated using the statutory tax rate of 21%, net of impacts related to the dividends received deduction, tax credits and current period non-recurring items.

The segment accounting policies are the same as those used to prepare the Company’s interim condensed consolidated financial statements, except for the adjustments to calculate adjusted earnings described above. In addition, segment accounting policies include the methods of capital allocation described below.

Segment investment and capitalization targets are based on statutory oriented risk principles and metrics. Segment invested assets backing liabilities are based on net statutory liabilities plus excess capital, with excess capital determined based on statutory risk-based capital metrics. Assets in excess of those allocated to the Annuities, Life and Run-off segments, if any, are held in the Corporate & Other segment. Segment net investment income reflects the performance of each segment’s respective invested assets.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
2. Segment Information (continued)

The tables below provide information about the Company's segments, including significant segment expenses, and reconciliations to Net income (loss) available to common shareholders.

	Three Months Ended March 31, 2026				
	Annuities	Life	Run-off	Corporate & Other	Total
	(In millions)				
Total revenues	\$ 799	\$ 241	\$ 354	\$ 133	\$ 1,527
Less: Revenues excluded from adjusted earnings (1)	(556)	(7)	(9)	1	
Less: Segment expenses:					
Policyholder benefits and claims	124	170	343	—	
Interest credited to policyholder account balances, excluding market value adjustments	334	29	53	90	
Amortization of DAC and VOBA	137	21	—	—	
Interest expense on debt	—	—	—	38	
Other expenses (2)	360	36	28	15	
Less: Provision for income tax expense (benefit)	76	(2)	(13)	(8)	
Less: Net income (loss) attributable to noncontrolling interests	—	—	—	2	
Less: Preferred stock dividends	—	—	—	26	
Adjusted earnings (loss)	<u>\$ 324</u>	<u>\$ (6)</u>	<u>\$ (48)</u>	<u>\$ (31)</u>	239
Adjustments for:					
Net investment gains (losses)					(52)
Investment gains (losses) on trading securities					(10)
Net derivative gains (losses), excluding investment hedge adjustments of \$0					(509)
Change in market risk benefits					(748)
Market value adjustments					13
Provision for income tax (expense) benefit					<u>275</u>
Net income (loss) available to Brighthouse Financial, Inc.'s common shareholders					<u>\$ (792)</u>
Interest revenue	\$ 771	\$ 98	\$ 268	\$ 131	

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
2. Segment Information (continued)

	Three Months Ended March 31, 2025				
	Annuities	Life	Run-off	Corporate & Other	Total
	(In millions)				
Total revenues	\$ 1,590	\$ 281	\$ 368	\$ 151	\$ 2,390
Less: Revenues excluded from adjusted earnings (1)	246	(10)	1	(3)	
Less: Segment expenses:					
Policyholder benefits and claims	110	187	352	—	
Interest credited to policyholder account balances, excluding market value adjustments	358	27	60	106	
Amortization of DAC and VOBA	126	22	—	—	
Interest expense on debt	—	—	—	38	
Other expenses (2)	363	45	36	11	
Less: Provision for income tax expense (benefit)	73	1	(17)	(5)	
Less: Net income (loss) attributable to noncontrolling interests	—	—	—	2	
Less: Preferred stock dividends	—	—	—	26	
Adjusted earnings (loss)	<u>\$ 314</u>	<u>\$ 9</u>	<u>\$ (64)</u>	<u>\$ (24)</u>	235
Adjustments for:					
Net investment gains (losses)					(83)
Investment gains (losses) on trading securities					6
Net derivative gains (losses), excluding investment hedge adjustments of \$0					311
Change in market risk benefits					(893)
Market value adjustments					(10)
Provision for income tax (expense) benefit					140
Net income (loss) available to Brighthouse Financial, Inc.'s common shareholders					<u>\$ (294)</u>
Interest revenue	\$ 753	\$ 107	\$ 272	\$ 159	

(1) For each reportable segment, certain revenues are excluded from adjusted earnings (loss), including net investment gains (losses), investment gains (losses) on trading securities and net derivative gains (losses), excluding Investment Hedge Adjustments.

(2) Other expenses include corporate expense allocations directly attributable to each of the segments.

Total assets by segment were as follows at:

March 31, 2026

December 31, 2025

(In millions)

	March 31, 2026	December 31, 2025
Annuities	\$ 163,357	\$ 166,867
Life	27,146	27,494
Run-off	24,711	25,455
Corporate & Other	21,589	21,984
Total	<u>\$ 236,803</u>	<u>\$ 241,800</u>

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****2. Segment Information (continued)**

Total premiums, universal life and investment-type product policy fees and other revenues by major product group were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Annuity products	\$ 584	\$ 592
Life insurance products	241	275
Other products	5	(2)
Total	<u>\$ 830</u>	<u>\$ 865</u>

Substantially all of the Company's premiums, universal life and investment-type product policy fees and other revenues originated in the U.S.

Revenues derived from any individual customer did not exceed 10% of premiums, universal life and investment-type product policy fees and other revenues for the three months ended March 31, 2026 and 2025.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

3. Insurance Liabilities

Liability for Future Policy Benefits

Information regarding liability for future policy benefits (“LFPB”) for non-participating traditional and limited-payment contracts was as follows:

Three Months Ended March 31,

	2026			2025		
	Term and Whole Life Insurance	Income Annuities	Structured Settlement and Pension Risk Transfer Annuities	Term and Whole Life Insurance	Income Annuities	Structured Settlement and Pension Risk Transfer Annuities
(Dollars in millions)						
Present value of expected net premiums:						
Balance, beginning of period	\$ 2,504	\$ —	\$ —	\$ 2,808	\$ —	\$ —
Beginning balance at original discount rate	2,747	—	—	3,161	—	—
Effect of actual variances from expected experience	(30)	—	—	(4)	—	—
Adjusted beginning of period balance	2,717	—	—	3,157	—	—
Issuances	2	—	—	5	—	—
Interest accrual	24	—	—	28	—	—
Net premiums collected	(83)	—	—	(83)	—	—
Ending balance at original discount rate	2,660	—	—	3,107	—	—
Effect of changes in discount rate assumptions	(271)	—	—	(320)	—	—
Balance, end of period	\$ 2,389	\$ —	\$ —	\$ 2,787	\$ —	\$ —
Present value of expected future policy benefits:						
Balance, beginning of period	\$ 5,053	\$ 3,985	\$ 6,009	\$ 5,325	\$ 3,763	\$ 6,118
Beginning balance at original discount rate	5,513	4,272	6,635	5,989	4,161	6,876
Effect of model refinements	—	—	—	1	—	—
Effect of actual variances from expected experience	(43)	(9)	(1)	2	(21)	(19)
Adjusted beginning of period balance	5,470	4,263	6,634	5,992	4,140	6,857
Issuances	2	100	—	6	81	—
Interest accrual	50	42	72	55	40	74
Benefit payments	(107)	(106)	(136)	(150)	(101)	(133)
Ending balance at original discount rate	5,415	4,299	6,570	5,903	4,160	6,798
Effect of changes in discount rate assumptions	(522)	(347)	(734)	(592)	(350)	(689)
Balance, end of period	\$ 4,893	\$ 3,952	\$ 5,836	\$ 5,311	\$ 3,810	\$ 6,109
Net liability for future policy benefits, end of period	\$ 2,504	\$ 3,952	\$ 5,836	\$ 2,524	\$ 3,810	\$ 6,109
Less: Reinsurance recoverable, end of period	26	31	54	27	31	59
Net liability for future policy benefits, after reinsurance recoverable	\$ 2,478	\$ 3,921	\$ 5,782	\$ 2,497	\$ 3,779	\$ 6,050
Weighted-average duration of liability	7.0 years	7.6 years	11.5 years	7.5 years	7.9 years	11.5 years
Weighted-average interest accretion rate	3.92 %	4.13 %	4.47 %	3.93 %	4.05 %	4.46 %
Current discount rate	5.25 %	5.37 %	5.67 %	5.24 %	5.31 %	5.54 %
Gross premiums or assessments recognized during period	\$ 119	\$ 139	\$ —	\$ 140	\$ 108	\$ —
Expected future gross premiums, undiscounted	\$ 4,983	\$ —	\$ —	\$ 5,780	\$ —	\$ —
Expected future gross premiums, discounted	\$ 3,724	\$ —	\$ —	\$ 4,263	\$ —	\$ —
Expected future benefit payments, undiscounted	\$ 7,245	\$ 6,041	\$ 12,684	\$ 8,022	\$ 5,859	\$ 13,173
Expected future benefit payments, discounted	\$ 5,415	\$ 4,299	\$ 6,570	\$ 5,903	\$ 4,160	\$ 6,798

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
3. Insurance Liabilities (continued)

Information regarding the additional insurance liabilities for universal life-type contracts with secondary guarantees was as follows:

	Three Months Ended March 31,	
	2026	2025
(Dollars in millions)		
Balance, beginning of period	\$ 10,077	\$ 8,986
Beginning balance before the effect of unrealized gains and losses	10,298	9,277
Effect of actual variances from expected experience	45	63
Adjusted beginning of period balance	10,343	9,340
Interest accrual	126	113
Net assessments collected	122	116
Benefit payments	(124)	(146)
Ending balance before the effect of unrealized gains and losses	10,467	9,423
Effect of unrealized gains and losses	(251)	(250)
Balance, end of period	10,216	9,173
Less: Reinsurance recoverable, end of period	1,818	1,551
Net additional liability, after reinsurance recoverable	\$ 8,398	\$ 7,622
Weighted-average duration of liability	6.6 years	6.6 years
Weighted-average interest accretion rate	4.95 %	4.95 %
Gross assessments recognized during period	\$ 257	\$ 257

A reconciliation of the net LFPBs for non-participating traditional and limited-payment contracts and the additional insurance liabilities for universal life-type contracts with secondary guarantees reported in the preceding rollforward tables to LFPBs on the consolidated balance sheets was as follows at:

	March 31,	
	2026	2025
(In millions)		
Liabilities reported in the preceding rollforward tables	\$ 22,508	\$ 21,616
Long-term care insurance (1)	5,046	5,191
ULSG liabilities, including liability for profits followed by losses	58	965
Participating whole life insurance (2)	3,311	3,233
Deferred profit liabilities	457	452
Other	393	377
Total liability for future policy benefits	\$ 31,773	\$ 31,834

(1) Includes liabilities related to fully reinsured individual long-term care insurance. See Note 2.

(2) Participating whole life insurance uses an interest assumption based on the non-forfeiture interest rate, ranging from 3.5% to 4.5%, and mortality rates guaranteed in calculating the cash surrender values described in such contracts, and also includes a liability for terminal dividends. Participating whole life insurance represented 3% of the Company's life insurance in-force at both March 31, 2026 and 2025, and 38% and 39% of gross traditional life insurance premiums for the three months ended March 31, 2026 and 2025, respectively.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
3. Insurance Liabilities (continued)
Policyholder Account Balances

Information regarding policyholder account balances was as follows:

	Universal Life Insurance	Variable Annuities (1)	Index-linked Annuities	Fixed Rate Annuities	ULSG	Company-Owned Life Insurance (1)
(Dollars in millions)						
Three Months Ended March 31, 2026						
Balance, beginning of period	\$ 2,627	\$ 3,403	\$ 52,594	\$ 13,252	\$ 4,461	\$ 646
Premiums and deposits	61	11	1,955	57	151	—
Surrenders and withdrawals	(19)	(121)	(2,197)	(373)	(6)	—
Benefit payments	(13)	(19)	(113)	(98)	(20)	(5)
Net transfers from (to) separate account	6	17	—	—	—	—
Interest credited	15	24	196	133	38	8
Policy charges	(49)	(5)	(12)	—	(236)	(2)
Changes related to embedded derivatives	1	—	(816)	—	—	—
Balance, end of period	<u>\$ 2,629</u>	<u>\$ 3,310</u>	<u>\$ 51,607</u>	<u>\$ 12,971</u>	<u>\$ 4,388</u>	<u>\$ 647</u>
Weighted-average crediting rate (2)	0.57 %	0.71 %	0.48 %	1.01 %	0.86 %	1.08 %
Three Months Ended March 31, 2025						
Balance, beginning of period	\$ 2,590	\$ 3,833	\$ 48,605	\$ 14,665	\$ 4,779	\$ 1,166
Premiums and deposits	69	14	1,984	105	157	—
Surrenders and withdrawals	(29)	(147)	(1,614)	(300)	(6)	—
Benefit payments	(17)	(24)	(86)	(95)	(14)	(2)
Net transfers from (to) separate account	6	35	—	—	—	(495)
Interest credited	25	24	192	141	39	6
Policy charges	(47)	(5)	(8)	—	(245)	(2)
Changes related to embedded derivatives	—	—	(1,177)	—	—	—
Balance, end of period	<u>\$ 2,597</u>	<u>\$ 3,730</u>	<u>\$ 47,896</u>	<u>\$ 14,516</u>	<u>\$ 4,710</u>	<u>\$ 673</u>
Weighted-average crediting rate (2)	0.96 %	0.63 %	0.48 %	0.97 %	0.82 %	0.65 %

(1) Includes liabilities related to separate account products where the contract holder elected a general account investment option.

(2) Excludes the effects of embedded derivatives related to index-linked crediting rates.

A reconciliation of policyholder account balances reported in the preceding rollforward table to the liability for policyholder account balances on the consolidated balance sheets was as follows at:

	March 31,	
	2026	2025
(In millions)		
Policyholder account balances reported in the preceding rollforward table	\$ 75,552	\$ 74,122
Funding agreements classified as investment contracts	9,353	10,116
Institutional group annuities	595	401
Other investment contract liabilities	879	979
Total policyholder account balances	<u>\$ 86,379</u>	<u>\$ 85,618</u>

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
3. Insurance Liabilities (continued)

The balance of account values by range of guaranteed minimum crediting rates and the related range of difference, in basis points, between rates being credited to policyholders and the respective guaranteed minimums was as follows at:

Range of Guaranteed Minimum Crediting Rate	At Guaranteed Minimum	1 to 50 Basis Points Above	51 to 150 Basis Points Above	Greater than 150 Basis Points Above	Total
	(In millions)				
March 31, 2026					
Annuities (1):					
Less than 2.00%	\$ 373	\$ 142	\$ 186	\$ 7,995	\$ 8,696
2.00% to 3.99%	6,180	498	429	324	7,431
Greater than 3.99%	723	—	—	—	723
Total	\$ 7,276	\$ 640	\$ 615	\$ 8,319	\$ 16,850
Life insurance (2) (3):					
Less than 2.00%	\$ —	\$ —	\$ —	\$ 435	\$ 435
2.00% to 3.99%	—	522	44	112	678
Greater than 3.99%	1,452	—	—	—	1,452
Total	\$ 1,452	\$ 522	\$ 44	\$ 547	\$ 2,565
ULSG (3):					
Less than 2.00%	\$ —	\$ —	\$ —	\$ —	\$ —
2.00% to 3.99%	946	1,260	1,475	218	3,899
Greater than 3.99%	474	—	—	—	474
Total	\$ 1,420	\$ 1,260	\$ 1,475	\$ 218	\$ 4,373
December 31, 2025					
Annuities (1):					
Less than 2.00%	\$ 394	\$ 126	\$ 188	\$ 8,134	\$ 8,842
2.00% to 3.99%	6,283	498	517	327	7,625
Greater than 3.99%	740	—	—	—	740
Total	\$ 7,417	\$ 624	\$ 705	\$ 8,461	\$ 17,207
Life insurance (2) (3):					
Less than 2.00%	\$ —	\$ —	\$ —	\$ 413	\$ 413
2.00% to 3.99%	—	529	43	112	684
Greater than 3.99%	1,469	—	—	—	1,469
Total	\$ 1,469	\$ 529	\$ 43	\$ 525	\$ 2,566
ULSG (3):					
Less than 2.00%	\$ —	\$ —	\$ —	\$ —	\$ —
2.00% to 3.99%	965	1,279	1,496	222	3,962
Greater than 3.99%	484	—	—	—	484
Total	\$ 1,449	\$ 1,279	\$ 1,496	\$ 222	\$ 4,446

(1) Includes policyholder account balances for fixed rate annuities and the fixed account portion of variable annuities.

(2) Includes policyholder account balances for retained asset accounts, universal life policies and the fixed account portion of universal variable life insurance policies.

(3) Amounts are gross of policy loans.

See Note 5 for information regarding net amount at risk and cash surrender values.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
4. Market Risk Benefits

Information regarding MRB assets and liabilities associated with variable annuities was as follows:

	Three Months Ended March 31,	
	2026	2025
	(Dollars in millions)	
Balance, beginning of period	\$ 7,001	\$ 7,233
Balance, beginning of period, before effect of changes in nonperformance risk	5,413	5,219
Decrements	(26)	(23)
Effect of actual different from expected experience	115	(19)
Effect of changes in interest rates	51	676
Effect of changes in fund returns	242	87
Effect of changes in equity index volatility	122	(21)
Issuances	1	1
Effect of changes in risk margin	7	13
Aging of the block and other	241	269
Balance, end of period, before effect of changes in nonperformance risk	6,166	6,202
Effect of changes in nonperformance risk	1,489	2,049
Balance, end of period	7,655	8,251
Less: Reinsurance recoverable, end of period	21	30
Balance, end of period, net of reinsurance (1)	\$ 7,634	\$ 8,221
Weighted-average attained age of contract holder	74.8 years	74.0 years

(1) Amounts represent the sum of MRB assets and MRB liabilities presented on the consolidated balance sheets at March 31, 2026 and 2025, with the exception of \$80 million and \$30 million, respectively, of index-linked annuity MRBs not included in this table.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
5. Separate Accounts
Separate Accounts

Information regarding separate account liabilities was as follows:

	Three Months Ended March 31,					
	2026			2025		
	Variable Annuities	Universal Life Insurance	Company-Owned Life Insurance	Variable Annuities	Universal Life Insurance	Company-Owned Life Insurance
	(In millions)					
Balance, beginning of period	\$ 75,918	\$ 6,860	\$ 2,457	\$ 77,151	\$ 6,419	\$ 1,808
Premiums and deposits	229	34	—	230	38	—
Surrenders and withdrawals	(2,086)	(69)	(52)	(2,038)	(63)	(3)
Benefit payments	(418)	(18)	(15)	(415)	(28)	(5)
Investment performance	(1,467)	(250)	(41)	(522)	(180)	(32)
Policy charges	(472)	(54)	(16)	(487)	(55)	(17)
Net transfers from (to) general account	(17)	(6)	—	(35)	(6)	495
Other	11	—	3	5	—	3
Balance, end of period	<u>\$ 71,698</u>	<u>\$ 6,497</u>	<u>\$ 2,336</u>	<u>\$ 73,889</u>	<u>\$ 6,125</u>	<u>\$ 2,249</u>

A reconciliation of separate account liabilities reported in the preceding rollforward table to the separate account liabilities balance on the consolidated balance sheets was as follows at:

	March 31,	
	2026	2025
	(In millions)	
Separate account liabilities reported in the preceding rollforward table	\$ 80,531	\$ 82,263
Variable income annuities	265	239
Pension risk transfer annuities	25	22
Total separate account liabilities	<u>\$ 80,821</u>	<u>\$ 82,524</u>

The aggregate estimated fair value of assets, by major investment asset category, supporting separate accounts was as follows at:

	March 31, 2026	December 31, 2025
		(In millions)
Equity securities	\$ 80,615	\$ 85,314
Fixed maturity securities	199	211
Cash and cash equivalents	5	—
Other assets	2	3
Total aggregate estimated fair value of assets	<u>\$ 80,821</u>	<u>\$ 85,528</u>

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
5. Separate Accounts (continued)
Net Amount at Risk and Cash Surrender Values

Information regarding the net amount at risk and cash surrender value for insurance products was as follows at:

	Universal Life Insurance	Variable Annuities	Index-linked Annuities	Fixed Rate Annuities	ULSG	Company-Owned Life Insurance
(In millions)						
March 31, 2026						
Account balances reported in the preceding rollforward tables:						
Policyholder account balances	\$ 2,629	\$ 3,310	\$ 51,607	\$ 12,971	\$ 4,388	\$ 647
Separate account liabilities	6,497	71,698	—	—	—	2,336
Total account balances	<u>\$ 9,126</u>	<u>\$ 75,008</u>	<u>\$ 51,607</u>	<u>\$ 12,971</u>	<u>\$ 4,388</u>	<u>\$ 2,983</u>
Net amount at risk	\$ 30,963	\$ 12,673	N/A	N/A	\$ 61,312	\$ 2,530
Cash surrender value	\$ 8,564	\$ 74,675	\$ 51,576	\$ 13,006	\$ 3,990	\$ 2,780
March 31, 2025						
Account balances reported in the preceding rollforward tables:						
Policyholder account balances	\$ 2,597	\$ 3,730	\$ 47,896	\$ 14,516	\$ 4,710	\$ 673
Separate account liabilities	6,125	73,889	—	—	—	2,249
Total account balances	<u>\$ 8,722</u>	<u>\$ 77,619</u>	<u>\$ 47,896</u>	<u>\$ 14,516</u>	<u>\$ 4,710</u>	<u>\$ 2,922</u>
Net amount at risk	\$ 32,855	\$ 13,271	N/A	N/A	\$ 63,157	\$ 2,607
Cash surrender value	\$ 8,130	\$ 77,248	\$ 46,235	\$ 14,248	\$ 4,269	\$ 2,692

Products may contain both separate account and general account fund options; accordingly, net amount at risk and cash surrender value reported in the table above relate to the total account balance for each respective product grouping.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
6. Deferred Policy Acquisition Costs, Value of Business Acquired and Other Intangibles
Deferred Policy Acquisition Costs and Value of Business Acquired

Information regarding deferred policy acquisition costs (“DAC”) and value of business acquired (“VOBA”) was as follows:

	Variable Annuities	Fixed Rate Annuities	Index-linked Annuities	Term and Whole Life Insurance	Universal Life Insurance
	(In millions)				
Three Months Ended March 31, 2026					
DAC:					
Balance, beginning of period	\$ 1,949	\$ 120	\$ 1,581	\$ 265	\$ 315
Capitalization	11	1	95	(1)	5
Amortization	(52)	(1)	(77)	(10)	(10)
Balance, end of period	<u>1,908</u>	<u>120</u>	<u>1,599</u>	<u>254</u>	<u>310</u>
VOBA:					
Balance, beginning of period	251	51	—	3	32
Amortization	(6)	(1)	—	—	(1)
Balance, end of period	<u>245</u>	<u>50</u>	<u>—</u>	<u>3</u>	<u>31</u>
Total DAC and VOBA:					
Balance, end of period	<u>\$ 2,153</u>	<u>\$ 170</u>	<u>\$ 1,599</u>	<u>\$ 257</u>	<u>\$ 341</u>
Three Months Ended March 31, 2025					
DAC:					
Balance, beginning of period	\$ 2,116	\$ 115	\$ 1,462	\$ 310	\$ 332
Capitalization	10	1	94	—	5
Amortization	(54)	—	(64)	(11)	(10)
Balance, end of period	<u>2,072</u>	<u>116</u>	<u>1,492</u>	<u>299</u>	<u>327</u>
VOBA:					
Balance, beginning of period	279	55	—	3	38
Amortization	(7)	(1)	—	—	(1)
Balance, end of period	<u>272</u>	<u>54</u>	<u>—</u>	<u>3</u>	<u>37</u>
Total DAC and VOBA:					
Balance, end of period	<u>\$ 2,344</u>	<u>\$ 170</u>	<u>\$ 1,492</u>	<u>\$ 302</u>	<u>\$ 364</u>

Deferred Sales Inducements

Information regarding deferred sales inducements, included in other assets, was as follows:

	Three Months Ended March 31,			
	2026		2025	
	Variable Annuities	Fixed Rate Annuities	Variable Annuities	Fixed Rate Annuities
	(In millions)			
Balance, beginning of period	\$ 177	\$ 5	\$ 198	\$ 6
Amortization	(5)	—	(5)	—
Balance, end of period	<u>\$ 172</u>	<u>\$ 5</u>	<u>\$ 193</u>	<u>\$ 6</u>

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
6. Deferred Policy Acquisition Costs, Value of Business Acquired and Other Intangibles (continued)
Unearned Revenue

Information regarding unearned revenue, included in other policy-related balances, was as follows:

	Three Months Ended March 31,					
	2026			2025		
	Universal Life Insurance	ULSG	Variable Annuities	Universal Life Insurance	ULSG	Variable Annuities
	(In millions)					
Balance, beginning of period	\$ 360	\$ 793	\$ 54	\$ 357	\$ 715	\$ 60
Capitalization	9	35	—	11	39	—
Amortization	(9)	(20)	(2)	(9)	(18)	(2)
Balance, end of period	<u>\$ 360</u>	<u>\$ 808</u>	<u>\$ 52</u>	<u>\$ 359</u>	<u>\$ 736</u>	<u>\$ 58</u>

7. Investments

See Notes 1 and 10 of the Notes to the Consolidated Financial Statements included in the 2025 Annual Report for a description of the Company's accounting policies for investments and the fair value hierarchy for investments and the related valuation methodologies.

Fixed Maturity Securities Available-For-Sale
Fixed Maturity Securities by Sector

Fixed maturity securities by sector were as follows at:

	March 31, 2026					December 31, 2025				
	Amortized Cost	Allowance for Credit Losses	Gross Unrealized		Estimated Fair Value	Amortized Cost	Allowance for Credit Losses	Gross Unrealized		Estimated Fair Value
			Gains	Losses				Gains	Losses	
	(In millions)									
U.S. corporate	\$ 41,570	\$ 33	\$ 288	\$ 3,489	\$ 38,336	\$ 41,590	\$ 27	\$ 443	\$ 3,097	\$ 38,909
Foreign corporate	12,162	17	86	1,128	11,103	12,380	31	145	997	11,497
Residential mortgage-backed securities	9,426	3	68	612	8,879	9,029	3	85	579	8,532
U.S. government and agency	7,248	—	63	648	6,663	7,216	—	105	610	6,711
Asset-backed securities	6,149	10	17	54	6,102	6,081	—	33	55	6,059
Commercial mortgage-backed securities	6,072	2	6	236	5,840	6,086	3	13	226	5,870
State and political subdivision	3,633	—	89	308	3,414	3,691	—	103	300	3,494
Foreign government	946	—	28	79	895	973	—	36	67	942
Total fixed maturity securities	<u>\$ 87,206</u>	<u>\$ 65</u>	<u>\$ 645</u>	<u>\$ 6,554</u>	<u>\$ 81,232</u>	<u>\$ 87,046</u>	<u>\$ 64</u>	<u>\$ 963</u>	<u>\$ 5,931</u>	<u>\$ 82,014</u>

The Company held non-income producing fixed maturity securities with an estimated fair value of \$12 million and \$14 million at March 31, 2026 and December 31, 2025, respectively.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

7. Investments (continued)

Maturities of Fixed Maturity Securities

The amortized cost and estimated fair value of fixed maturity securities, by contractual maturity date, were as follows at March 31, 2026:

	Due in One Year or Less	Due After One Year Through Five Years	Due After Five Years Through Ten Years	Due After Ten Years	Structured Securities (1)	Total Fixed Maturity Securities
(In millions)						
Amortized cost	\$ 5,534	\$ 20,219	\$ 13,011	\$ 26,795	\$ 21,647	\$ 87,206
Estimated fair value	\$ 5,515	\$ 19,736	\$ 12,531	\$ 22,629	\$ 20,821	\$ 81,232

(1) Structured securities include residential mortgage-backed securities (“RMBS”), commercial mortgage-backed securities (“CMBS”) and asset-backed securities (“ABS”) (collectively, “Structured Securities”).

Actual maturities may differ from contractual maturities due to the exercise of call or prepayment options. Fixed maturity securities not due at a single maturity date have been presented in the year of final contractual maturity. Structured Securities are shown separately, as they are not due at a single maturity.

Continuous Gross Unrealized Losses for Fixed Maturity Securities by Sector

The estimated fair value and gross unrealized losses of fixed maturity securities in an unrealized loss position, by sector and by length of time that the securities have been in a continuous unrealized loss position, were as follows at:

	March 31, 2026				December 31, 2025			
	Less than 12 Months		12 Months or Greater		Less than 12 Months		12 Months or Greater	
	Estimated Fair Value	Gross Unrealized Losses	Estimated Fair Value	Gross Unrealized Losses	Estimated Fair Value	Gross Unrealized Losses	Estimated Fair Value	Gross Unrealized Losses
(Dollars in millions)								
U.S. corporate	\$ 8,832	\$ 458	\$ 18,267	\$ 3,031	\$ 4,160	\$ 395	\$ 19,089	\$ 2,702
Foreign corporate	2,623	164	5,228	964	1,382	179	5,259	818
RMBS	2,120	65	4,123	547	818	49	4,361	530
U.S. government and agency	1,272	27	2,042	621	600	10	2,255	600
ABS	2,240	9	702	45	513	2	751	53
CMBS	1,271	11	3,789	225	329	2	4,291	224
State and political subdivision	422	10	1,675	298	255	7	1,799	293
Foreign government	99	8	505	71	54	5	558	62
Total fixed maturity securities	\$ 18,879	\$ 752	\$ 36,331	\$ 5,802	\$ 8,111	\$ 649	\$ 38,363	\$ 5,282
Total number of securities in an unrealized loss position	2,821		4,897		1,328		5,093	

7. Investments (continued)**Allowance for Credit Losses for Fixed Maturity Securities****Evaluation and Measurement Methodologies**

For fixed maturity securities in an unrealized loss position, management first assesses whether the Company intends to sell, or whether it is more likely than not it will be required to sell the security before recovery of its amortized cost basis. If either of the criteria regarding intent or requirement to sell is met, the security's amortized cost basis is written down to estimated fair value through net investment gains (losses). For fixed maturity securities that do not meet the aforementioned criteria, management evaluates whether the decline in estimated fair value has resulted from credit losses or other factors.

Inherent in management's evaluation of the security are assumptions and estimates about the operations of the issuer and its future earnings potential. Considerations used in the allowance for credit loss evaluation process include, but are not limited to: (i) the extent to which estimated fair value is less than amortized cost; (ii) any changes to the rating of the security by a rating agency; (iii) adverse conditions specifically related to the security, industry or geographic area; and (iv) payment structure of the fixed maturity security and the likelihood of the issuer being able to make payments in the future or the issuer's failure to make scheduled interest and principal payments. If this assessment indicates that a credit loss exists, the present value of cash flows expected to be collected from the security are compared to the amortized cost basis of the security. If the present value of cash flows expected to be collected is less than the amortized cost basis, a credit loss is deemed to exist and an allowance for credit losses is recorded, limited by the amount that the estimated fair value is less than the amortized cost basis, with a corresponding charge to net investment gains (losses). Any unrealized losses that have not been recorded through an allowance for credit losses are recognized in other comprehensive income ("OCI").

Once a security specific allowance for credit losses is established, the present value of cash flows expected to be collected from the security continues to be reassessed. Any changes in the security specific allowance for credit losses are recorded as a provision for (or reversal of) credit loss expense in net investment gains (losses).

Fixed maturity securities are also evaluated to determine whether any amounts have become uncollectible. When all, or a portion, of a security is deemed uncollectible, the uncollectible portion is written-off with an adjustment to amortized cost and a corresponding reduction to the allowance for credit losses.

Accrued interest receivables are presented separate from the amortized cost basis of fixed maturity securities. An allowance for credit losses is not estimated on an accrued interest receivable, rather receivable balances 90-days past due are deemed uncollectible and are written off with a corresponding reduction to net investment income. The accrued interest receivable on fixed maturity securities totaled \$697 million and \$671 million at March 31, 2026 and December 31, 2025, respectively, and is included in accrued investment income.

Fixed maturity securities are also evaluated to determine if they qualify as purchased financial assets with credit deterioration ("PCD"). To determine if the credit deterioration experienced since origination is more than insignificant, both (i) the extent of the credit deterioration and (ii) any rating agency downgrades are evaluated. For securities categorized as PCD assets, the present value of cash flows expected to be collected from the security are compared to the par value of the security. If the present value of cash flows expected to be collected is less than the par value, credit losses are embedded in the purchase price of the PCD asset. In this situation, both an allowance for credit losses and amortized cost gross-up is recorded, limited by the amount that the estimated fair value is less than the grossed-up amortized cost basis. Any difference between the purchase price and the present value of cash flows is amortized or accreted into net investment income over the life of the PCD asset. Any subsequent PCD asset allowance for credit losses is evaluated in a manner similar to the process described above for fixed maturity securities.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)
Current Period Evaluation

Based on the Company's current evaluation of its fixed maturity securities in an unrealized loss position and the current intent or requirement to sell, the Company recorded an allowance for credit losses of \$65 million, relating to 22 securities, at March 31, 2026. Management concluded that for all other fixed maturity securities in an unrealized loss position, the unrealized loss was not due to issuer-specific credit-related factors and as a result was recognized in OCI. Where unrealized losses have not been recognized into income, it is primarily because the securities' bond issuer(s) are of high credit quality, management does not intend to sell and it is likely that management will not be required to sell the securities prior to their anticipated recovery, and the decline in estimated fair value is largely due to changes in interest rates and non-issuer specific credit spreads. These issuers continued to make timely principal and interest payments and the estimated fair value is expected to recover as the securities approach maturity.

Rollforward of the Allowance for Credit Losses for Fixed Maturity Securities by Sector

The changes in the allowance for credit losses for fixed maturity securities by sector were as follows:

	U.S. Corporate	Foreign Corporate	RMBS	CMBS	ABS	Total
(In millions)						
Three Months Ended March 31, 2026						
Balance, beginning of period	\$ 27	\$ 31	\$ 3	\$ 3	\$ —	\$ 64
Allowance on securities where credit losses were not previously recorded	1	—	—	—	10	11
Reductions for securities sold	(2)	(14)	—	(1)	—	(17)
Change in allowance on securities with an allowance recorded in a previous period	7	—	—	—	—	7
Write-offs charged against allowance (1)	—	—	—	—	—	—
Balance, end of period	<u>\$ 33</u>	<u>\$ 17</u>	<u>\$ 3</u>	<u>\$ 2</u>	<u>\$ 10</u>	<u>\$ 65</u>
Three Months Ended March 31, 2025						
Balance, beginning of period	\$ 47	\$ 26	\$ 4	\$ 4	\$ —	\$ 81
Allowance on securities where credit losses were not previously recorded	—	—	—	—	—	—
Reductions for securities sold	(1)	—	—	(1)	—	(2)
Change in allowance on securities with an allowance recorded in a previous period	2	3	—	(1)	—	4
Write-offs charged against allowance (1)	(27)	—	—	—	—	(27)
Balance, end of period	<u>\$ 21</u>	<u>\$ 29</u>	<u>\$ 4</u>	<u>\$ 2</u>	<u>\$ —</u>	<u>\$ 56</u>

(1) The Company did not record any write-offs for the three months ended March 31, 2026. The Company recorded total write-offs of \$33 million for the three months ended March 31, 2025.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

7. Investments (continued)

Mortgage Loans

Mortgage Loans by Portfolio Segment

Mortgage loans are summarized as follows at:

	March 31, 2026		December 31, 2025	
	Carrying Value	% of Total	Carrying Value	% of Total
(Dollars in millions)				
Commercial	\$ 12,134	53.6 %	\$ 12,323	54.2 %
Agricultural	4,644	20.5	4,656	20.5
Residential	6,052	26.8	5,976	26.3
Total mortgage loans (1)	22,830	100.9	22,955	101.0
Allowance for credit losses	(210)	(0.9)	(200)	(1.0)
Total mortgage loans, net	<u>\$ 22,620</u>	<u>100.0 %</u>	<u>\$ 22,755</u>	<u>100.0 %</u>

(1) Purchases of mortgage loans from third parties were \$296 million and \$178 million for the three months ended March 31, 2026 and 2025, respectively, and were primarily comprised of residential mortgage loans.

Allowance for Credit Losses for Mortgage Loans

Evaluation and Measurement Methodologies

The allowance for credit losses is a valuation account that is deducted from the mortgage loan's amortized cost basis to present the net amount expected to be collected on the mortgage loan. The loan balance, or a portion of the loan balance, is written-off against the allowance when management believes this amount is uncollectible.

Accrued interest receivables are presented separate from the amortized cost basis of mortgage loans. An allowance for credit losses is generally not estimated on an accrued interest receivable, rather when a loan is placed in nonaccrual status the associated accrued interest receivable balance is written off with a corresponding reduction to net investment income. The accrued interest receivable on mortgage loans is included in accrued investment income and totaled \$126 million and \$132 million at March 31, 2026 and December 31, 2025, respectively.

The allowance for credit losses is estimated using relevant available information, from internal and external sources, relating to past events, current conditions, and a reasonable and supportable forecast. Historical credit loss experience provides the basis for estimating expected credit losses. Adjustments to historical loss information are made for differences in current loan-specific risk characteristics and environmental conditions. A reasonable and supportable forecast period of two years is used with an input reversion period of one year.

Mortgage loans are evaluated in each of the three portfolio segments to determine the allowance for credit losses. The loan-level loss rates are determined using individual loan terms and characteristics, risk pools/internal ratings, national economic forecasts, prepayment speeds, and estimated default and loss severity. The resulting loss rates are applied to the mortgage loan's amortized cost to generate an allowance for credit losses. In certain situations, the allowance for credit losses is measured as the difference between the loan's amortized cost and liquidation value of the collateral. These situations include collateral dependent loans, modifications, foreclosure probable loans, and loans with dissimilar risk characteristics.

Mortgage loans are also evaluated to determine if they qualify as PCD assets. To determine if the credit deterioration experienced since origination is more than insignificant, the extent of credit deterioration is evaluated. All re-performing/modified loan ("RPL") pools purchased after December 31, 2019 are determined to have been acquired with evidence of more than insignificant credit deterioration since origination and are classified as PCD assets. RPLs are pools of residential mortgage loans acquired at a discount or premium which have both credit and non-credit components.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)

For PCD mortgage loans, the allowance for credit losses is determined using a similar methodology described above, except the loss-rate is determined at the pool level instead of the individual loan level. The initial allowance for credit losses, determined on a collective basis, is then allocated to the individual loans. The initial amortized cost of the loan is grossed-up to reflect the sum of the loan's purchase price and allowance for credit losses. The difference between the grossed-up amortized cost basis and the par value of the loan is a non-credit discount or premium, which is accreted or amortized into net investment income over the remaining life of the loan. Any subsequent PCD mortgage loan allowance for credit losses is evaluated in a manner similar to the process described above for each of the three portfolio segments.

Rollforward of the Allowance for Credit Losses for Mortgage Loans by Portfolio Segment

The changes in the allowance for credit losses by portfolio segment were as follows:

	Commercial	Agricultural	Residential	Total
	(In millions)			
Three Months Ended March 31, 2026				
Balance, beginning of period	\$ 134	\$ 20	\$ 46	\$ 200
Current period provision	11	—	(1)	10
Charge-offs, net of recoveries	—	—	—	—
Balance, end of period	<u>\$ 145</u>	<u>\$ 20</u>	<u>\$ 45</u>	<u>\$ 210</u>
Three Months Ended March 31, 2025				
Balance, beginning of period	\$ 106	\$ 30	\$ 42	\$ 178
Current period provision	40	4	(1)	43
Charge-offs, net of recoveries	—	(12)	—	(12)
Balance, end of period	<u>\$ 146</u>	<u>\$ 22</u>	<u>\$ 41</u>	<u>\$ 209</u>

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)
Credit Quality of Mortgage Loans by Portfolio Segment

The amortized cost of mortgage loans by year of origination and credit quality indicator was as follows at:

	2026	2025	2024	2023	2022	Prior	Total
(In millions)							
March 31, 2026							
Commercial mortgage loans							
Loan-to-value ratios:							
Less than 65%	\$ 98	\$ 423	\$ 668	\$ 136	\$ 437	\$ 4,333	\$ 6,095
65% to 75%	184	262	180	—	583	1,470	2,679
76% to 80%	—	9	—	—	205	696	910
Greater than 80%	—	36	—	—	662	1,752	2,450
Total commercial mortgage loans	282	730	848	136	1,887	8,251	12,134
Agricultural mortgage loans							
Loan-to-value ratios:							
Less than 65%	93	418	342	188	555	2,769	4,365
65% to 75%	—	43	—	17	96	117	273
76% to 80%	—	—	—	—	—	3	3
Greater than 80%	—	—	—	—	—	3	3
Total agricultural mortgage loans	93	461	342	205	651	2,892	4,644
Residential mortgage loans							
Performing	12	1,103	571	154	1,119	2,987	5,946
Nonperforming	—	1	—	—	41	64	106
Total residential mortgage loans	12	1,104	571	154	1,160	3,051	6,052
Total	\$ 387	\$ 2,295	\$ 1,761	\$ 495	\$ 3,698	\$ 14,194	\$ 22,830

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)

	2025	2024	2023	2022	2021	Prior	Total
(In millions)							
December 31, 2025							
Commercial mortgage loans							
Loan-to-value ratios:							
Less than 65%	\$ 423	\$ 668	\$ 157	\$ 483	\$ 1,713	\$ 2,905	\$ 6,349
65% to 75%	262	180	—	583	651	717	2,393
76% to 80%	9	—	—	205	287	606	1,107
Greater than 80%	36	—	—	661	244	1,533	2,474
Total commercial mortgage loans	730	848	157	1,932	2,895	5,761	12,323
Agricultural mortgage loans							
Loan-to-value ratios:							
Less than 65%	415	343	191	558	1,048	1,820	4,375
65% to 75%	43	—	17	97	100	18	275
76% to 80%	—	—	—	—	—	3	3
Greater than 80%	—	—	—	—	3	—	3
Total agricultural mortgage loans	458	343	208	655	1,151	1,841	4,656
Residential mortgage loans							
Performing	873	622	168	1,146	1,505	1,554	5,868
Nonperforming	—	—	—	45	22	41	108
Total residential mortgage loans	873	622	168	1,191	1,527	1,595	5,976
Total	\$ 2,061	\$ 1,813	\$ 533	\$ 3,778	\$ 5,573	\$ 9,197	\$ 22,955

The loan-to-value ratio is a measure commonly used to assess the quality of commercial and agricultural mortgage loans. The loan-to-value ratio compares the amount of the loan to the estimated fair value of the underlying property collateralizing the loan and is commonly expressed as a percentage. A loan-to-value ratio less than 100% indicates an excess of collateral value over the loan amount. Loan-to-value ratios greater than 100% indicate that the loan amount exceeds the collateral value. Performing status is a measure commonly used to assess the quality of residential mortgage loans. A loan is considered performing when the borrower makes consistent and timely payments.

The amortized cost of commercial mortgage loans by debt-service coverage ratio was as follows at:

	March 31, 2026		December 31, 2025	
	Amortized Cost	% of Total	Amortized Cost	% of Total
(Dollars in millions)				
Debt-service coverage ratios:				
Greater than 1.20x	\$ 10,901	89.8 %	\$ 11,157	90.5 %
1.00x - 1.20x	750	6.2	739	6.0
Less than 1.00x	483	4.0	427	3.5
Total	<u>\$ 12,134</u>	<u>100.0 %</u>	<u>\$ 12,323</u>	<u>100.0 %</u>

The debt-service coverage ratio compares a property's net operating income to its debt-service payments. Debt-service coverage ratios less than 1.00 times indicate that property operations do not generate enough income to cover the loan's current debt payments. A debt-service coverage ratio greater than 1.00 times indicates an excess of net operating income over the debt-service payments.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)
Past Due Mortgage Loans by Portfolio Segment

The Company has a high-quality, well-performing mortgage loan portfolio, with 99% of all mortgage loans classified as performing at both March 31, 2026 and December 31, 2025. Delinquency is defined consistent with industry practice, when mortgage loans are past due as follows: commercial and residential mortgage loans — 60 days; and agricultural mortgage loans — 90 days.

The aging of the amortized cost of past due mortgage loans by portfolio segment was as follows at:

	March 31, 2026				December 31, 2025			
	Commercial	Agricultural	Residential	Total	Commercial	Agricultural	Residential	Total
(In millions)								
Current	\$ 11,995	\$ 4,628	\$ 5,945	\$ 22,568	\$ 12,216	\$ 4,648	\$ 5,865	\$ 22,729
30-59 days past due	13	8	1	22	47	—	3	50
60-89 days past due	19	3	34	56	—	—	31	31
90-179 days past due	47	—	21	68	49	—	28	77
180+ days past due	60	5	51	116	11	8	49	68
Total	<u>\$ 12,134</u>	<u>\$ 4,644</u>	<u>\$ 6,052</u>	<u>\$ 22,830</u>	<u>\$ 12,323</u>	<u>\$ 4,656</u>	<u>\$ 5,976</u>	<u>\$ 22,955</u>

Mortgage Loans in Nonaccrual Status by Portfolio Segment

Mortgage loans are placed in a nonaccrual status if there are concerns regarding collectability of future payments or the loan is past due, unless the past due loan is well collateralized.

The amortized cost of mortgage loans in a nonaccrual status by portfolio segment was as follows at:

	Commercial	Agricultural	Residential (1)	Total
(In millions)				
March 31, 2026	\$ 239	\$ 2	\$ 106	\$ 347
December 31, 2025	\$ 220	\$ 5	\$ 108	\$ 333

(1) The Company had \$51 million and \$54 million of mortgage loans in nonaccrual status for which there was no related allowance for credit losses at March 31, 2026 and December 31, 2025, respectively.

Current period investment income on mortgage loans in nonaccrual status was \$2 million and less than \$1 million for the three months ended March 31, 2026 and 2025, respectively.

Modified Mortgage Loans by Portfolio Segment

Under certain circumstances, modifications are granted to mortgage loans. Generally, the types of concessions may include interest rate reduction, term extension, principal forgiveness, or a combination of all three. The Company did not have a significant amount of mortgage loans modified during both the three months ended March 31, 2026 and 2025.

Other Invested Assets

Over 85% of other invested assets is comprised of freestanding derivatives with positive estimated fair values. See Note 8 for information about freestanding derivatives with positive estimated fair values. Other invested assets also includes the Company's investment in company-owned life insurance, Federal Home Loan Bank ("FHLB") stock, leveraged leases and tax credit and renewable energy partnerships.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)
Net Unrealized Investment Gains (Losses)

Unrealized investment gains (losses) on fixed maturity securities, and the effect on future policy benefits that would result from the realization of the unrealized gains (losses), are included in net unrealized investment gains (losses) in accumulated other comprehensive income (loss) (“AOCI”).

The components of net unrealized investment gains (losses), included in AOCI, were as follows at:

	March 31, 2026	December 31, 2025
	(In millions)	
Fixed maturity securities	\$ (5,909)	\$ (4,968)
Derivatives	323	224
Other	(10)	(9)
Subtotal	(5,596)	(4,753)
Amounts allocated from:		
Future policy benefits	524	525
Deferred income tax benefit (expense)	1,065	888
Net unrealized investment gains (losses)	<u>\$ (4,007)</u>	<u>\$ (3,340)</u>

The changes in net unrealized investment gains (losses) were as follows:

	Three Months Ended March 31, 2026
	(In millions)
Balance at December 31, 2025	\$ (3,340)
Unrealized investment gains (losses) during the period	(843)
Unrealized investment gains (losses) relating to:	
Future policy benefits	(1)
Deferred income tax benefit (expense)	177
Balance at March 31, 2026	<u>\$ (4,007)</u>
Change in net unrealized investment gains (losses)	<u>\$ (667)</u>

Concentrations of Credit Risk

There were no investments in any counterparty that were greater than 10% of the Company’s equity, other than the U.S. government and its agencies, at both March 31, 2026 and December 31, 2025.

Securities Lending

Elements of the securities lending program are presented below at:

(In millions)

Securities on loan: (1)				
Amortized cost	\$	3,593	\$	3,550
Estimated fair value	\$	3,126	\$	3,141
Cash collateral received from counterparties (2)	\$	3,215	\$	3,225
Reinvestment portfolio — estimated fair value	\$	3,343	\$	3,352

(1) Included in fixed maturity securities.

(2) Included in payables for collateral under securities loaned and other transactions.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

7. Investments (continued)

The cash collateral liability by loaned security type and remaining tenor of the agreements were as follows at:

	March 31, 2026				December 31, 2025			
	Open (1)	1 Month or Less	1 to 6 Months	Total	Open (1)	1 Month or Less	1 to 6 Months	Total
(In millions)								
U.S. government and agency	\$ 321	\$ 927	\$ 1,603	\$ 2,851	\$ 417	\$ 663	\$ 1,777	\$ 2,857
U.S. corporate	—	36	274	310	48	256	—	304
Foreign corporate	—	2	44	46	15	47	—	62
Foreign government	1	2	5	8	—	2	—	2
Total	\$ 322	\$ 967	\$ 1,926	\$ 3,215	\$ 480	\$ 968	\$ 1,777	\$ 3,225

(1) The related loaned security could be returned to the Company on the next business day which would require the Company to immediately return the cash collateral.

If the Company is required to return significant amounts of cash collateral on short notice and is forced to sell securities to meet the return obligation, it may have difficulty selling such collateral that is invested in securities in a timely manner, be forced to sell securities in a volatile or illiquid market for less than what otherwise would have been realized in normal market conditions, or both. The estimated fair value of the securities on loan related to the cash collateral on open at March 31, 2026 was \$314 million, primarily comprised of U.S. government and agency securities which, if put back to the Company, could be immediately sold to satisfy the cash requirement.

The reinvestment portfolio acquired with the cash collateral consisted principally of fixed maturity securities (including agency RMBS, ABS, U.S. government and agency securities, U.S. and foreign corporate securities, non-agency RMBS and CMBS) with 50% invested in agency RMBS, U.S. government and agency securities and cash and cash equivalents at March 31, 2026. If the securities on loan or the reinvestment portfolio become less liquid, the Company has the liquidity resources of most of its general account available to meet any potential cash demands when securities on loan are put back to the Company.

Invested Assets on Deposit, Held in Trust and Pledged as Collateral

Invested assets on deposit, held in trust and pledged as collateral at estimated fair value were as follows at:

	March 31, 2026	December 31, 2025
(In millions)		
Invested assets on deposit (regulatory deposits) (1)	\$ 6,562	\$ 6,574
Invested assets held in trust (reinsurance agreements) (2)	7,013	7,327
Invested assets pledged as collateral (3)	12,043	10,794
Total invested assets on deposit, held in trust and pledged as collateral	\$ 25,618	\$ 24,695

(1) The Company has assets, primarily fixed maturity securities, on deposit with governmental authorities relating to certain policyholder liabilities, of which \$112 million and \$126 million of the assets on deposit represents restricted cash and cash equivalents at March 31, 2026 and December 31, 2025, respectively.

(2) The Company has assets, primarily fixed maturity securities, held in trust relating to certain reinsurance transactions, of which \$116 million and \$331 million of the assets held in trust balance represents restricted cash and cash equivalents at March 31, 2026 and December 31, 2025, respectively.

(3) The Company has pledged invested assets in connection with various agreements and transactions, including funding agreements (see Note 3 of the Notes to the Consolidated Financial Statements included in the 2025 Annual Report) and derivative transactions (see Note 8).

See “— Securities Lending” for information regarding securities on loan. In addition, the Company’s investment in FHLB common stock, which is considered restricted until redeemed by the issuer, was \$217 million and \$218 million at redemption value at March 31, 2026 and December 31, 2025, respectively.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

7. Investments (continued)

Variable Interest Entities

A variable interest entity (“VIE”) is a legal entity that does not have sufficient equity at risk to finance its activities or is structured such that equity investors lack the ability to make significant decisions relating to the entity’s operations through voting rights or do not substantively participate in the gains and losses of the entity.

The Company enters into various arrangements with VIEs in the normal course of business and has invested in legal entities that are VIEs. VIEs are consolidated when it is determined that the Company is the primary beneficiary. A primary beneficiary is the variable interest holder in a VIE with both (i) the power to direct the activities of the VIE that most significantly impact the economic performance of the VIE and (ii) the obligation to absorb losses or the right to receive benefits that could potentially be significant to the VIE. In addition, the evaluation of whether a legal entity is a VIE and if the Company is a primary beneficiary includes a review of the capital structure of the VIE, the related contractual relationships and terms, the nature of the operations and purpose of the VIE, the nature of the VIE interests issued and the Company’s involvement with the entity.

There were no material VIEs for which the Company has concluded that it is the primary beneficiary at either March 31, 2026 or December 31, 2025.

The carrying amount and maximum exposure to loss related to the VIEs for which the Company has concluded that it holds a variable interest, but is not the primary beneficiary, were as follows at:

	March 31, 2026		December 31, 2025	
	Carrying Amount	Maximum Exposure to Loss	Carrying Amount	Maximum Exposure to Loss
(In millions)				
Fixed maturity securities	\$ 12,674	\$ 13,332	\$ 13,174	\$ 13,780
Limited partnerships and LLCs	4,280	5,235	4,288	5,244
Total	\$ 16,954	\$ 18,567	\$ 17,462	\$ 19,024

The Company’s investments in unconsolidated VIEs are described below.

Fixed Maturity Securities

The Company invests in U.S. corporate bonds, foreign corporate bonds and Structured Securities issued by VIEs. The Company is not obligated to provide any financial or other support to these VIEs, other than the original investment. The Company’s involvement with these entities is limited to that of a passive investor. The Company has no unilateral right to appoint or remove the servicer, special servicer, or investment manager, which are generally viewed as having the power to direct the activities that most significantly impact the economic performance of the VIE, nor does the Company function in any of these roles. The Company does not have the obligation to absorb losses or the right to receive benefits from the entity that could potentially be significant to the entity; as a result, the Company has determined it is not the primary beneficiary, or consolidator, of the VIE. The Company’s maximum exposure to loss on these fixed maturity securities is limited to the amortized cost of these investments. See “— Fixed Maturity Securities Available-For-Sale” for information on these securities.

Limited Partnerships and LLCs

The Company holds investments in certain limited partnerships and LLCs which are VIEs. These ventures include limited partnerships, LLCs, private equity funds, and, to a lesser extent, tax credit and renewable energy partnerships. The Company is not considered the primary beneficiary, or consolidator, when its involvement takes the form of a limited partner interest and is restricted to a role of a passive investor, as a limited partner’s interest does not provide the Company with any substantive kick-out or participating rights, nor does it provide the Company with the power to direct the activities of the fund. The Company’s maximum exposure to loss on these investments is limited to: (i) the amount invested in debt or equity of the VIE and (ii) commitments to the VIE, as described in Note 13.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
7. Investments (continued)
Net Investment Income

The components of net investment income were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Investment income:		
Fixed maturity securities	\$ 916	\$ 924
Trading securities (1)	(3)	11
Mortgage loans	255	257
Policy loans	19	18
Limited partnerships and LLCs (2)	67	71
Cash, cash equivalents and short-term investments	60	72
Other	31	27
Total investment income	1,345	1,380
Less: Investment expenses	87	83
Net investment income	\$ 1,258	\$ 1,297

(1) Investment gains (losses) related to trading securities still held were (\$10) million and \$6 million for the three months ended March 31, 2026 and 2025, respectively.

(2) Includes net investment income pertaining to other limited partnership interests of \$64 million and \$56 million for the three months ended March 31, 2026 and 2025, respectively.

Net Investment Gains (Losses)
Components of Net Investment Gains (Losses)

The components of net investment gains (losses) were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Fixed maturity securities	\$ (39)	\$ (34)
Equity securities	(2)	(3)
Mortgage loans	(10)	(43)
Limited partnerships and LLCs	—	(1)
Other	(1)	(2)
Total net investment gains (losses)	\$ (52)	\$ (83)

Gains (losses) from foreign currency transactions included within net investment gains (losses) were not significant for both the three months ended March 31, 2026 and 2025.



Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****7. Investments (continued)****Sales or Disposals of Fixed Maturity Securities**

Investment gains and losses on sales of securities are determined on a specific identification basis. Proceeds from sales or disposals of fixed maturity securities and the components of fixed maturity securities net investment gains (losses) were as follows:

	Three Months Ended March 31,	
	2026	2025
(In millions)		
Proceeds	\$ 619	\$ 687
Gross investment gains	\$ 2	\$ 3
Gross investment losses	(24)	(28)
Net investment gains (losses)	\$ (22)	\$ (25)

8. Derivatives***Accounting for Derivatives***

See Notes 1 and 10 of the Notes to the Consolidated Financial Statements included in the 2025 Annual Report for a description of the Company's accounting policies for derivatives and the fair value hierarchy for derivatives and the related valuation methodologies.

Types of Derivative Instruments and Derivative Strategies

The Company maintains an overall risk management strategy that incorporates the use of derivative instruments to minimize its exposure to various market risks. Derivatives are financial instruments with values derived from interest rates, foreign currency exchange rates, credit spreads and/or other financial indices. Derivatives may be exchange-traded or contracted in the over-the-counter ("OTC") market. Certain of the Company's OTC derivatives are cleared and settled through central clearing counterparties ("OTC-cleared"), while others are bilateral contracts between two counterparties ("OTC-bilateral"). Commonly used derivative instruments include, but are not necessarily limited to:

- Interest rate derivatives: swaps, floors, caps, futures, options and forwards;
- Foreign currency exchange rate derivatives: forwards and swaps;
- Equity market derivatives: futures, options and total return swaps; and
- Credit derivatives: index reference credit default swaps.

For detailed information on these contracts and the related strategies, see Note 9 of the Notes to the Consolidated Financial Statements included in the 2025 Annual Report.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
8. Derivatives (continued)
Primary Risks Managed by Derivatives

The primary underlying risk exposure, gross notional amount and estimated fair value of derivatives, excluding embedded derivatives, held were as follows at:

Primary Underlying Risk Exposure	March 31, 2026			December 31, 2025			
	Gross Notional Amount	Estimated Fair Value		Gross Notional Amount	Estimated Fair Value		
		Assets	Liabilities		Assets	Liabilities	
(In millions)							
Derivatives Designated as Hedging Instruments:							
Cash flow hedges:							
Interest rate swaps	Interest rate	\$ 500	\$ —	\$ —	\$ 500	\$ —	\$ 4
Foreign currency swaps	Foreign currency exchange rate	3,732	344	58	3,774	272	84
Total qualifying hedges		4,232	344	58	4,274	272	88
Derivatives Not Designated or Not Qualifying as Hedging Instruments:							
Interest rate swaps	Interest rate	25,442	125	335	18,366	152	253
Interest rate floors	Interest rate	5,500	—	40	8,000	1	48
Interest rate caps	Interest rate	6,600	12	12	6,100	5	16
Interest rate options	Interest rate	38,700	35	400	26,800	12	444
Interest rate forwards	Interest rate	24,966	106	1,322	23,598	127	1,317
Foreign currency swaps	Foreign currency exchange rate	679	89	2	589	75	4
Foreign currency forwards	Foreign currency exchange rate	387	3	—	420	3	—
Credit default swaps — written	Credit	1,128	19	—	468	11	—
Equity futures	Equity market	3,041	45	42	1,414	6	4
Equity index options	Equity market	87,232	3,466	2,156	69,495	4,530	1,362
Equity total return swaps	Equity market	153,063	4,204	3,496	145,209	1,585	1,698
Total non-designated or non-qualifying derivatives		346,738	8,104	7,805	300,459	6,507	5,146
Total		\$ 350,970	\$ 8,448	\$ 7,863	\$ 304,733	\$ 6,779	\$ 5,234

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
8. Derivatives (continued)

The amount and location of gains (losses), including earned income, recognized for derivatives and gains (losses) pertaining to hedged items reported in net derivative gains (losses) were as follows:

	Net Derivative Gains (Losses) Recognized for Derivatives	Net Derivative Gains (Losses) Recognized for Hedged Items	Net Investment Income	Policyholder Benefits and Claims	Amount of Gains (Losses) Deferred in AOCI
(In millions)					
Three Months Ended March 31, 2026					
Derivatives Designated as Hedging Instruments:					
Cash flow hedges:					
Interest rate	\$ —	\$ —	\$ 1	\$ —	\$ 4
Foreign currency exchange rate	(2)	(1)	11	—	94
Total cash flow hedges	(2)	(1)	12	—	98
Derivatives Not Designated or Not Qualifying as Hedging Instruments:					
Interest rate	(190)	—	—	—	—
Foreign currency exchange rate	27	(3)	—	—	—
Credit	(1)	—	—	—	—
Equity market	(1,151)	—	—	—	—
Embedded	812	—	—	—	—
Total non-qualifying hedges	(503)	(3)	—	—	—
Total	\$ (505)	\$ (4)	\$ 12	\$ —	\$ 98
Three Months Ended March 31, 2025					
Derivatives Designated as Hedging Instruments:					
Cash flow hedges:					
Interest rate	\$ 3	\$ —	\$ 1	\$ 1	\$ (7)
Foreign currency exchange rate	3	(3)	13	—	(10)
Total cash flow hedges	6	(3)	14	1	(17)
Derivatives Not Designated or Not Qualifying as Hedging Instruments:					
Interest rate	388	—	—	—	—
Foreign currency exchange rate	(15)	1	—	—	—
Credit	(1)	—	—	—	—
Equity market	(1,242)	—	—	—	—
Embedded	1,177	—	—	—	—
Total non-qualifying hedges	307	1	—	—	—
Total	\$ 313	\$ (2)	\$ 14	\$ 1	\$ (17)

At March 31, 2026 and December 31, 2025, the Company held no qualified derivatives hedging exposure to future cash flows for forecasted asset purchases.

At March 31, 2026 and December 31, 2025, the balance in AOCI associated with cash flow hedges was \$323 million and \$224 million, respectively.

Credit Derivatives

In connection with synthetically created credit investment transactions, the Company writes credit default swaps for which it receives a premium to insure credit risk. If a credit event occurs, as defined by the contract, the contract may be cash settled or it may be settled gross by the Company paying the counterparty the specified swap notional amount in exchange for the delivery of par quantities of the referenced credit obligation.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
8. Derivatives (continued)

The estimated fair value, maximum amount of future payments and weighted average years to maturity of written credit default swaps were as follows at:

Rating Agency Designation of Referenced Credit Obligations (1)	March 31, 2026			December 31, 2025		
	Estimated Fair Value of Credit Default Swaps	Maximum Amount of Future Payments under Credit Default Swaps	Weighted Average Years to Maturity (2)	Estimated Fair Value of Credit Default Swaps	Maximum Amount of Future Payments under Credit Default Swaps	Weighted Average Years to Maturity (2)
(Dollars in millions)						
Aaa/Aa/A	\$ 1	\$ 95	1.6	\$ 2	\$ 94	1.8
Baa	18	1,010	4.9	8	350	5.0
Ba	—	23	0.7	1	24	1.0
Total	<u>\$ 19</u>	<u>\$ 1,128</u>	4.5	<u>\$ 11</u>	<u>\$ 468</u>	4.1

(1) The Company has written credit protection on index references. The rating agency designations are based on availability and the midpoint of the applicable ratings among Moody's, S&P and Fitch. If no rating is available from a rating agency, then an internally developed rating is used.

(2) The weighted average years to maturity of the credit default swaps is calculated based on weighted average gross notional amounts.

Counterparty Credit Risk

The Company may be exposed to credit-related losses in the event of counterparty nonperformance on derivative instruments. Generally, the credit exposure is the fair value at the reporting date less any collateral received from the counterparty.

The Company manages its credit risk by: (i) entering into derivative transactions with creditworthy counterparties governed by master netting agreements; (ii) trading through regulated exchanges and central clearing counterparties; (iii) obtaining collateral, such as cash and securities, when appropriate; and (iv) setting limits on single party credit exposures which are subject to periodic management review.

See Note 9 for a description of the impact of credit risk on the valuation of derivatives.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

8. Derivatives (continued)

The estimated fair values of net derivative assets and net derivative liabilities after the application of master netting agreements and collateral were as follows at:

	<u>Gross Amounts Not Offset on the Consolidated Balance Sheets</u>					Net Amount	Securities Collateral Received/Pledged (3)	Net Amount After Securities Collateral
	Gross Amount Recognized	Financial Instruments (1)	Collateral Received/Pledged (2)					
(In millions)								
March 31, 2026								
Derivative assets	\$ 8,808	\$ (6,226)	\$ (1,391)	\$ 1,191	\$ (1,094)			97
Derivative liabilities	\$ 8,207	\$ (6,226)	\$ —	\$ 1,981	\$ (1,981)			—
December 31, 2025								
Derivative assets	\$ 6,576	\$ (3,861)	\$ (1,382)	\$ 1,333	\$ (1,331)			2
Derivative liabilities	\$ 5,099	\$ (3,861)	\$ —	\$ 1,238	\$ (1,238)			—

- (1) Represents amounts subject to an enforceable master netting agreement or similar agreement.
- (2) The amount of cash collateral offset in the table above is limited to the net estimated fair value of derivatives after application of netting agreement.
- (3) Securities collateral received from counterparties is not reported on the consolidated balance sheets and may not be sold or re-pledged unless the counterparty is in default. Amounts do not include excess of collateral pledged or received.

The Company does not offset recognized derivative assets and liabilities subject to master netting agreements on the consolidated balance sheets except for derivative instruments executed with the same counterparty but under different credit support annexes. As of March 31, 2026, \$1.5 billion of recognized derivative assets were offset by \$1.5 billion of recognized derivative liabilities on the consolidated balance sheets.

The Company's collateral arrangements generally require the counterparty in a net liability position, after considering the effect of netting agreements, to pledge collateral when the amount owed by that counterparty reaches a minimum transfer amount. Certain of these arrangements also include credit-contingent provisions which permit the party with positive fair value to terminate the derivative at the current fair value or demand immediate full collateralization from the party in a net liability position, in the event that the financial strength or credit rating of the party in a net liability position falls below a certain level.

The aggregate estimated fair values of derivatives in a net liability position containing such credit-contingent provisions and the aggregate estimated fair value of assets posted as collateral for such instruments were as follows at:

	March 31, 2026	December 31, 2025
(In millions)		
Estimated fair value of derivatives in a net liability position (1)	\$ 1,981	\$ 1,238
Estimated fair value of collateral provided (2):		
Fixed maturity securities	\$ 4,998	\$ 3,685

- (1) After taking into consideration the existence of netting agreements.
- (2) Substantially all of the Company's collateral arrangements provide for daily posting of collateral for the full value of the derivative contract. As a result, if the credit-contingent provisions of derivative contracts in a net liability position were triggered, minimal additional assets would be required to be posted as collateral or needed to settle the instruments immediately. Additionally, the Company is required to pledge initial margin for certain new OTC-bilateral derivative transactions to third-party custodians.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

9. Fair Value

Considerable judgment is often required in interpreting market data to develop estimates of fair value, and the use of different assumptions or valuation methodologies may have a material effect on the estimated fair value amounts.

Recurring Fair Value Measurements

The assets and liabilities measured at estimated fair value on a recurring basis and their corresponding placement in the fair value hierarchy are presented in the tables below. Investments that do not have a readily determinable fair value and are measured at net asset value (or equivalent) as a practical expedient to estimated fair value are excluded from the fair value hierarchy.

March 31, 2026

	Fair Value Hierarchy			Total Estimated Fair Value
	Level 1	Level 2	Level 3	
	(In millions)			
Assets				
Fixed maturity securities:				
U.S. corporate	\$ —	\$ 37,566	\$ 770	\$ 38,336
Foreign corporate	—	10,974	129	11,103
RMBS	—	8,790	89	8,879
U.S. government and agency	2,454	4,209	—	6,663
ABS	—	5,810	292	6,102
CMBS	—	5,840	—	5,840
State and political subdivision	—	3,414	—	3,414
Foreign government	—	871	24	895
Total fixed maturity securities	2,454	77,474	1,304	81,232
Trading securities	96	448	—	544
Equity securities	65	5	6	76
Short-term investments	1,011	225	—	1,236
Derivative assets: (1)				
Interest rate	—	278	—	278
Foreign currency exchange rate	—	430	6	436
Credit	—	18	1	19
Equity market	45	7,670	—	7,715
Total derivative assets	45	8,396	7	8,448
Embedded derivatives on index-linked annuities (2)	—	—	69	69
Market risk benefit assets	—	—	850	850
Separate account assets	19	80,802	—	80,821
Total assets	\$ 3,690	\$ 167,350	\$ 2,236	\$ 173,276
Liabilities				
Market risk benefit liabilities	\$ —	\$ —	\$ 8,564	\$ 8,564
Derivative liabilities: (1)				
Interest rate	—	2,109	—	2,109
Foreign currency exchange rate	—	60	—	60
Equity market	42	5,652	—	5,694
Total derivative liabilities	42	7,821	—	7,863
Embedded derivatives on index-linked annuities (2)	—	—	10,666	10,666
Total liabilities	\$ 42	\$ 7,821	\$ 19,230	\$ 27,093

BrightHouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

9. Fair Value (continued)

December 31, 2025

	Fair Value Hierarchy			Total Estimated Fair Value
	Level 1	Level 2	Level 3	
	(In millions)			
Assets				
Fixed maturity securities:				
U.S. corporate	\$ —	\$ 38,267	\$ 642	\$ 38,909
Foreign corporate	—	11,339	158	11,497
RMBS	—	8,508	24	8,532
U.S. government and agency	2,450	4,261	—	6,711
ABS	—	5,814	245	6,059
CMBS	—	5,870	—	5,870
State and political subdivision	—	3,494	—	3,494
Foreign government	—	918	24	942
Total fixed maturity securities	2,450	78,471	1,093	82,014
Trading securities	87	419	—	506
Equity securities	68	5	6	79
Short-term investments	918	273	6	1,197
Derivative assets: (1)				
Interest rate	—	297	—	297
Foreign currency exchange rate	—	346	4	350
Credit	—	9	2	11
Equity market	6	6,115	—	6,121
Total derivative assets	6	6,767	6	6,779
Embedded derivatives on index-linked annuities (2)	—	—	79	79
Market risk benefit assets	—	—	1,060	1,060
Separate account assets	10	85,518	—	85,528
Total assets	\$ 3,539	\$ 171,453	\$ 2,250	\$ 177,242
Liabilities				
Market risk benefit liabilities	\$ —	\$ —	\$ 8,063	\$ 8,063
Derivative liabilities: (1)				
Interest rate	—	2,082	—	2,082
Foreign currency exchange rate	—	88	—	88
Equity market	4	3,060	—	3,064
Total derivative liabilities	4	5,230	—	5,234
Embedded derivatives on index-linked annuities (2)	—	—	12,406	12,406
Total liabilities	\$ 4	\$ 5,230	\$ 20,469	\$ 25,703

- (1) Derivative assets are reported in other invested assets and derivative liabilities are reported in other liabilities. The amounts are presented gross in the tables above to reflect the presentation on the consolidated balance sheets.
- (2) Embedded derivative assets on index-linked annuities relate to reinsurance and are reported in premiums and other receivables. Embedded derivative liabilities on index-linked annuities are reported in policyholder account balances.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****9. Fair Value (continued)****Valuation Controls and Procedures**

The Company monitors and provides oversight of valuation controls and policies for securities, mortgage loans and derivatives, which are primarily executed by its valuation service providers. The valuation methodologies used to determine fair values prioritize the use of observable market prices and market-based parameters and determines that judgmental valuation adjustments, when applied, are based upon established policies and are applied consistently over time. The valuation methodologies for securities, mortgage loans and derivatives are reviewed on an ongoing basis and revised when necessary. In addition, the Chief Accounting Officer periodically reports to the Audit Committee of BHF's Board of Directors regarding compliance with fair value accounting standards.

The fair value of financial assets and financial liabilities is based on quoted market prices, where available. Prices received are assessed to determine if they represent a reasonable estimate of fair value. Several controls are performed, including certain monthly controls, which include, but are not limited to, analysis of portfolio returns to corresponding benchmark returns, comparing a sample of executed prices of securities sold to the fair value estimates, reviewing the bid/ask spreads to assess activity, comparing prices from multiple independent pricing services and ongoing due diligence to confirm that independent pricing services use market-based parameters. The process includes a determination of the observability of inputs used in estimated fair values received from independent pricing services or brokers by assessing whether these inputs can be corroborated by observable market data. Independent non-binding broker quotes, also referred to herein as "consensus pricing," are used for a non-significant portion of the portfolio. Prices received from independent brokers are assessed to determine if they represent a reasonable estimate of fair value by considering such pricing relative to the current market dynamics and current pricing for similar financial instruments.

A formal process is also applied to challenge any prices received from independent pricing services that are not considered representative of estimated fair value. If prices received from independent pricing services are not considered reflective of market activity or representative of estimated fair value, independent non-binding broker quotations are obtained. If obtaining an independent non-binding broker quotation is unsuccessful, the last available price will be used.

Additional controls are performed, such as balance sheet analytics to assess reasonableness of period-to-period pricing changes, including any price adjustments. Price adjustments are applied if prices or quotes received from independent pricing services or brokers are not considered reflective of market activity or representative of estimated fair value. The Company did not have significant price adjustments during the three months ended March 31, 2026.

Determination of Fair Value**Fixed Maturity Securities**

The fair values for actively traded marketable bonds designated as available-for-sale or trading securities, primarily U.S. government and agency securities, are determined using the quoted market prices and are classified as Level 1 assets. For securities classified as Level 2 assets, fair values are determined using either a market or income approach and are valued based on a variety of observable inputs as described below.

U.S. corporate and foreign corporate securities: Fair value is determined using third-party commercial pricing services, with the primary inputs being quoted prices in markets that are not active, benchmark yields, spreads off benchmark yields, new issuances, issuer rating, trades of identical or comparable securities, or duration. Privately-placed securities are valued using the additional key inputs: market yield curve, call provisions, observable prices and spreads for similar public or private securities that incorporate the credit quality and industry sector of the issuer, and delta spread adjustments to reflect specific credit-related issues.

U.S. government and agency, state and political subdivision and foreign government securities: Fair value is determined using third-party commercial pricing services, with the primary inputs being quoted prices in markets that are not active, benchmark U.S. Treasury yield or other yields, spread off the U.S. Treasury yield curve for the identical security, issuer ratings and issuer spreads, broker-dealer quotes, and comparable securities that are actively traded.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****9. Fair Value (continued)**

Structured Securities: Fair value is determined using third-party commercial pricing services, with the primary inputs being quoted prices in markets that are not active, spreads for actively traded securities, spreads off benchmark yields, expected prepayment speeds and volumes, current and forecasted loss severity, ratings, geographic region, weighted average coupon and weighted average maturity, average delinquency rates and debt-service coverage ratios. Other issuance-specific information is also used, including, but not limited to, collateral type, structure of the security, vintage of the loans, payment terms of the underlying asset, payment priority within tranche, and deal performance.

Equity Securities and Short-term Investments

The fair value for actively traded equity securities and short-term investments are determined using quoted market prices and are classified as Level 1 assets. For financial instruments classified as Level 2 assets, fair values are determined using a market approach and are valued based on a variety of observable inputs as described below.

Equity securities and short-term investments: Fair value is determined using third-party commercial pricing services, with the primary input being quoted prices in markets that are not active.

Derivatives

The fair values for exchange-traded derivatives are determined using the quoted market prices and are classified as Level 1 assets or liabilities. For OTC-bilateral derivatives and OTC-cleared derivatives classified as Level 2 assets or liabilities, fair values are determined using the income approach. Valuations of non-option-based derivatives utilize present value techniques, whereas valuations of option-based derivatives utilize option pricing models which are based on market standard valuation methodologies and a variety of observable inputs.

The significant inputs to the pricing models for most OTC-bilateral and OTC-cleared derivatives are inputs that are observable in the market or can be derived principally from, or corroborated by, observable market data. Certain OTC-bilateral and OTC-cleared derivatives may rely on inputs that are significant to the estimated fair value that are not observable in the market or cannot be derived principally from, or corroborated by, observable market data. These unobservable inputs may involve significant management judgment or estimation. Even though unobservable, these inputs are based on assumptions deemed appropriate given the circumstances and management believes they are consistent with what other market participants would use when pricing such instruments.

Most inputs for OTC-bilateral and OTC-cleared derivatives are mid-market inputs but, in certain cases, liquidity adjustments are made when they are deemed more representative of exit value. Market liquidity, as well as the use of different methodologies, assumptions and inputs, may have a material effect on the estimated fair values of the Company's derivatives and could materially affect net income.

The credit risk of both the counterparty and the Company are considered in determining the estimated fair value for all OTC-bilateral and OTC-cleared derivatives, and any potential credit adjustment is based on the net exposure by counterparty after taking into account the effects of netting agreements and collateral arrangements. The Company values its OTC-bilateral and OTC-cleared derivatives using standard swap curves which may include a spread to the risk-free rate, depending upon specific collateral arrangements. This credit spread is appropriate for those parties that execute trades at pricing levels consistent with similar collateral arrangements. As the Company and its significant derivative counterparties generally execute trades at such pricing levels and hold sufficient collateral, additional credit risk adjustments are not currently required in the valuation process. The Company's ability to consistently execute at such pricing levels is in part due to the netting agreements and collateral arrangements that are in place with all of its significant derivative counterparties. An evaluation of the requirement to make additional credit risk adjustments is performed by the Company each reporting period.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****9. Fair Value (continued)**Market Risk Benefits

MRBs principally include guaranteed minimum benefits on variable annuity contracts including benefits reinsured related to these guarantees.

The estimated fair value of variable annuity guarantees accounted for as MRBs is determined based on the present value of projected future benefits less the present value of projected future fees attributable to the guarantees. At policy inception, the Company determines an attributed fee ratio by solving for a percentage of projected future rider fees to be collected from the policyholder equal to the present value of projected future guaranteed benefits. To the extent the rider fees are insufficient, the Company may also include fees related to mortality and expense charges in the attributed fee ratio, provided the total fees included in the calculation do not exceed total contract fees and assessments collected from the contract holder. Any additional fees not included in the attributed fee ratio are considered revenue and reported in universal life and investment-type product policy fees. The attributed fee ratio is not updated in subsequent periods.

The Company updates the estimated fair value of variable annuity guarantees in subsequent periods by projecting future benefits using capital markets inputs and actuarial assumptions including expectations of policyholder behavior. A risk neutral valuation methodology is used to project the cash flows from the guarantees under multiple capital markets scenarios. The reported estimated fair value is then determined by taking the present value of these cash flows using a discount rate that incorporates a spread over the risk-free rate to reflect the Company's nonperformance risk and adding a risk margin.

The valuation of MRBs includes an adjustment for the risk that the Company fails to satisfy its obligations, which is referred to as nonperformance risk. The nonperformance risk adjustment is captured as an additional spread applied to the risk-free rate in determining the rate to discount the cash flows of the liability. The spread over the risk-free rate is based on the Company's creditworthiness taking into consideration publicly available information relating to spreads in the secondary market for Brighthouse Financial's debt. These observable spreads are then adjusted, as necessary, to reflect the financial strength ratings of the issuing insurance subsidiaries as compared to the credit rating of Brighthouse Financial.

Risk margins are established to capture the non-capital markets risks of the instrument which represent the additional compensation a market participant would require to assume the risks related to the uncertainties in certain actuarial assumptions. The establishment of risk margins requires the use of significant actuarial judgment, including assumptions of the amount needed to cover the guarantees.

Actuarial assumptions are reviewed at least annually, and if they change significantly, the estimated fair value is adjusted through net income. Capital market inputs used in the measurement of variable annuity guarantees are updated quarterly through net income, except for the change attributable to the Company's nonperformance risk, which is reported in OCI.

Embedded Derivatives

Embedded derivatives include crediting rates associated with index-linked annuity contracts. Embedded derivatives are recorded at estimated fair value with changes in estimated fair value reported in net income.

The crediting rates associated with these features are embedded derivatives which are measured at estimated fair value separately from the host fixed annuity contract. These embedded derivatives are classified within policyholder account balances on the consolidated balance sheets.

The estimated fair value of crediting rates associated with index-linked annuities is determined using a combination of an option pricing model and an option-budget approach. The valuation of these embedded derivatives also includes the establishment of a risk margin, as well as changes in nonperformance risk.

Actuarial assumptions including policyholder behavior and expectations for renewals at the end of the term period are reviewed at least annually, and if they change significantly, the estimated fair value is adjusted through net income. Capital market inputs used in the measurement of crediting rate embedded derivatives are updated quarterly through net income.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

9. Fair Value (continued)

Transfers Into or Out of Level 3:

Assets and liabilities are transferred into Level 3 when a significant input cannot be corroborated with market observable data. This occurs when market activity decreases significantly and underlying inputs cannot be observed, current prices are not available, and/or when there are significant variances in quoted prices, thereby affecting transparency. Assets and liabilities are transferred out of Level 3 when circumstances change such that a significant input can be corroborated with market observable data. This may be due to a significant increase in market activity, a specific event, or one or more significant input(s) becoming observable.

Assets and Liabilities Measured at Fair Value Using Significant Unobservable Inputs (Level 3)

Certain quantitative information about the significant unobservable inputs used in the fair value measurement, and the sensitivity of the estimated fair value to changes in those inputs, for the more significant asset and liability classes measured at fair value on a recurring basis using significant unobservable inputs (Level 3) were as follows at:

	Valuation Techniques	Significant Unobservable Inputs	March 31, 2026		December 31, 2025		Impact of Increase in Input on Estimated Fair Value
			Range		Range		
Market Risk Benefits							
Variable annuity guaranteed minimum benefits	Discounted cash flows	<ul style="list-style-type: none"> • Mortality rates • Lapse rates • Utilization rates • Withdrawal rates • Long-term equity volatilities • Nonperformance risk spread 	0.04%	- 12.90%	0.04%	- 12.90%	Decrease (1)
			1.00%	- 15.90%	1.00%	- 15.90%	Decrease (2)
			0.00%	- 25.00%	0.00%	- 25.00%	Increase (3)
			0.00%	- 10.00%	0.00%	- 10.00%	(4)
			11.82%	- 29.80%	11.56%	- 33.62%	Increase (5)
			0.64%	- 1.43%	0.45%	- 1.02%	Decrease (6)
Embedded Derivatives							
Registered index-linked annuity crediting rates	Option pricing techniques	<ul style="list-style-type: none"> • Mortality rates • Lapse rates • Withdrawal rates • Nonperformance risk spread 	0.03%	- 7.86%	0.03%	- 7.86%	Decrease (1)
			0.40%	- 75.00%	0.40%	- 75.00%	Decrease (2)
			0.50%	- 14.90%	0.50%	- 14.90%	(4)
			0.70%	- 1.98%	0.37%	- 1.80%	Decrease (6)

- (1) Mortality rates vary by age and by demographic characteristics such as gender. The range shown reflects the mortality rate for policyholders between 35 and 90 years old. Mortality rate assumptions are set based on company experience and include an assumption for mortality improvement.
- (2) The lapse rate range reflects base lapse rates for major product categories for duration 1-20. Base lapse rates are adjusted at the contract level based on a comparison of the actuarially calculated guaranteed values and the current policyholder account value, as well as other factors, such as the applicability of any surrender charges. For variable annuity guarantees, a dynamic lapse function reduces the base lapse rate when the guaranteed amount is greater than the account value as in-the-money contracts are less likely to lapse. Lapse rates are also generally assumed to be lower in periods when a surrender charge applies.
- (3) The utilization rate assumption for variable annuity guarantees estimates the percentage of contract holders with a guaranteed minimum income benefit ("GMIB") or lifetime withdrawal benefit who will elect to utilize the benefit upon becoming eligible in a given year. The range shown represents the floor and cap of the GMIB dynamic election rates across varying levels of in-the-money. For lifetime withdrawal guarantee riders, the assumption is that everyone will begin withdrawals once account value reaches zero which is equivalent to a 100% utilization rate. Utilization rates may vary by the type of guarantee, the amount by which the guaranteed amount is greater than the account value, the contract's withdrawal history and by the age of the policyholder.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****9. Fair Value (continued)**

- (4) The withdrawal rate represents the percentage of account balance that any given policyholder will elect to withdraw from the contract each year. The withdrawal rate assumption varies by age and duration of the contract, and also by other factors such as benefit type. For any given contract, withdrawal rates vary throughout the period over which cash flows are projected for purposes of valuing the embedded derivative. For variable annuity guaranteed minimum withdrawal benefits, any increase (decrease) in withdrawal rates results in an increase (decrease) in the estimated fair value of the guarantees. For variable annuity guaranteed minimum accumulation benefits and GMIBs, any increase (decrease) in withdrawal rates results in a decrease (increase) in the estimated fair value.
- (5) Long-term equity volatilities represent equity volatility beyond the period for which observable equity volatilities are available. For any given contract, long-term equity volatility rates vary throughout the period over which cash flows are projected for purposes of valuing MRBs.
- (6) Nonperformance risk spread varies by duration. For any given contract, multiple nonperformance risk spreads will apply, depending on the duration of the cash flow being discounted for purposes of valuing the MRB or embedded derivative.

The Company does not develop unobservable inputs used in measuring fair value for all other assets and liabilities classified within Level 3; therefore, these are not included in the table above. The other Level 3 assets and liabilities primarily included fixed maturity securities and derivatives. For fixed maturity securities valued based on non-binding broker quotes, an increase (decrease) in credit spreads would result in a (lower) higher fair value. For derivatives valued based on third-party pricing models, an increase (decrease) in credit spreads would generally result in a (lower) higher fair value.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
9. Fair Value (continued)

The changes in assets and (liabilities) measured at estimated fair value on a recurring basis using significant unobservable inputs (excluding MRBs disclosed in Note 4) were summarized as follows:

	Fair Value Measurements Using Significant Unobservable Inputs (Level 3)						
	Fixed Maturity Securities						Embedded Derivatives on Index-Linked Annuities
	Corporate (1)	Structured Securities	Foreign Government	Equity Securities	Short-term Investments	Net Derivatives (2)	
(In millions)							
Three Months Ended March 31, 2026							
Balance, beginning of period	\$ 800	\$ 269	\$ 24	\$ 6	\$ 6	\$ 6	\$ (12,327)
Total realized/unrealized gains (losses) included in net income (loss) (3) (4)	(10)	(10)	—	—	—	1	812
Total realized/unrealized gains (losses) included in AOCI	2	8	—	—	—	—	—
Purchases (5)	151	183	—	—	—	—	—
Sales (5)	(62)	(33)	—	—	(6)	—	—
Issuances (5)	—	—	—	—	—	—	—
Settlements (5)	—	—	—	—	—	—	918
Transfers into Level 3 (6)	49	—	—	—	—	—	—
Transfers out of Level 3 (6)	(31)	(36)	—	—	—	—	—
Balance, end of period	\$ 899	\$ 381	\$ 24	\$ 6	\$ —	\$ 7	\$ (10,597)
Three Months Ended March 31, 2025							
Balance, beginning of period	\$ 1,092	\$ 365	\$ 21	\$ 15	\$ 2	\$ 9	\$ (11,493)
Total realized/unrealized gains (losses) included in net income (loss) (3) (4)	(8)	—	—	(1)	—	—	1,177
Total realized/unrealized gains (losses) included in AOCI	8	(1)	1	—	—	—	—
Purchases (5)	43	69	—	—	—	—	—
Sales (5)	(27)	(32)	—	—	—	—	—
Issuances (5)	—	—	—	—	—	—	—
Settlements (5)	—	—	—	—	—	—	391
Transfers into Level 3 (6)	4	—	—	—	—	—	—
Transfers out of Level 3 (6)	(446)	(61)	—	—	—	—	—
Balance, end of period	\$ 666	\$ 340	\$ 22	\$ 14	\$ 2	\$ 9	\$ (9,925)
Changes in unrealized gains (losses) included in net income (loss) for the instruments still held at March 31, 2026 (7)	\$ (6)	\$ (10)	\$ —	\$ —	\$ —	\$ 1	\$ 436
Changes in unrealized gains (losses) included in OCI for the instruments still held as of March 31, 2026 (7)	\$ 2	\$ 8	\$ —	\$ —	\$ —	\$ —	\$ —
Changes in unrealized gains (losses) included in net income (loss) for the instruments still held at March 31, 2025 (7)	\$ 24	\$ —	\$ —	\$ (1)	\$ —	\$ —	\$ 950
Changes in unrealized gains (losses) included in OCI for the instruments still held as of March 31, 2025 (7)	\$ (19)	\$ (2)	\$ 1	\$ —	\$ —	\$ —	\$ —

(1) Comprised of U.S. and foreign corporate securities.

(2) Freestanding derivative assets and liabilities are reported net for purposes of the rollforward.

(3) Amortization of premium/accretion of discount is included in net investment income. Changes in the allowance for credit losses and direct write-offs are charged to net income (loss) on securities are included in net investment gains (losses). Lapses associated with net embedded derivatives are included in net derivative gains (losses). Substantially all realized/unrealized gains (losses) included in net income (loss) for net derivatives and net embedded derivatives are reported in net derivative gains (losses).

(4) Interest and dividend accruals, as well as cash interest coupons and dividends received, are excluded from the rollforward.

Brighthouse Financial, Inc.

Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)

9. Fair Value (continued)

- (5) Items purchased/issued and then sold/settled in the same period are excluded from the rollforward. Fees attributed to embedded derivatives are included in settlements.
- (6) Gains and losses, in net income (loss) and OCI, are calculated assuming transfers into and/or out of Level 3 occurred at the beginning of the period. Items transferred into and out of Level 3 in the same period are excluded from the rollforward.
- (7) Changes in unrealized gains (losses) included in net income (loss) for fixed maturities are reported in either net investment income or net investment gains (losses). Substantially all changes in unrealized gains (losses) included in net income (loss) for net derivatives and net embedded derivatives are reported in net derivative gains (losses).

Fair Value of Financial Instruments Carried at Other Than Fair Value

The following tables provide fair value information for financial instruments that are carried on the balance sheet at amounts other than fair value. These tables exclude the following financial instruments: cash and cash equivalents, accrued investment income and payables for collateral under securities loaned and other transactions. The estimated fair value of the excluded financial instruments, which are primarily classified in Level 2, approximates carrying value as they are short-term in nature such that the Company believes there is minimal risk of material changes in interest rates or credit quality. All remaining balance sheet amounts excluded from the tables below are not considered financial instruments subject to this disclosure.

The carrying values and estimated fair values for such financial instruments, and their corresponding placement in the fair value hierarchy, are summarized as follows at:

	March 31, 2026				
	Fair Value Hierarchy				Total Estimated Fair Value
	Carrying Value	Level 1	Level 2	Level 3	
(In millions)					
Assets					
Mortgage loans	\$ 22,620	\$ —	\$ —	\$ 21,486	\$ 21,486
Policy loans	\$ 1,458	\$ —	\$ 563	\$ 925	\$ 1,488
Other invested assets	\$ 227	\$ —	\$ 217	\$ 10	\$ 227
Premiums, reinsurance and other receivables	\$ 7,959	\$ —	\$ 63	\$ 7,946	\$ 8,009
Liabilities					
Policyholder account balances	\$ 28,231	\$ —	\$ —	\$ 28,093	\$ 28,093
Long-term debt	\$ 3,154	\$ —	\$ 2,535	\$ —	\$ 2,535
Other liabilities	\$ 1,322	\$ —	\$ 726	\$ 596	\$ 1,322
Separate account liabilities	\$ 1,181	\$ —	\$ 1,181	\$ —	\$ 1,181

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
9. Fair Value (continued)

	December 31, 2025				
	Fair Value Hierarchy				Total Estimated Fair Value
	Carrying Value	Level 1	Level 2	Level 3	
(In millions)					
Assets					
Mortgage loans	\$ 22,755	\$ —	\$ —	\$ 21,732	\$ 21,732
Policy loans	\$ 1,450	\$ —	\$ 557	\$ 994	\$ 1,551
Other invested assets	\$ 227	\$ —	\$ 217	\$ 10	\$ 227
Premiums, reinsurance and other receivables	\$ 8,145	\$ —	\$ 152	\$ 8,045	\$ 8,197
Liabilities					
Policyholder account balances	\$ 28,788	\$ —	\$ —	\$ 28,728	\$ 28,728
Long-term debt	\$ 3,155	\$ —	\$ 2,633	\$ —	\$ 2,633
Other liabilities	\$ 1,291	\$ —	\$ 683	\$ 608	\$ 1,291
Separate account liabilities	\$ 1,263	\$ —	\$ 1,263	\$ —	\$ 1,263

10. Equity
Preferred Stock

Preferred stock shares authorized, issued and outstanding were as follows at both March 31, 2026 and December 31, 2025:

	Shares Authorized	Shares Issued	Shares Outstanding
6.600% Non-Cumulative Preferred Stock, Series A	17,000	17,000	17,000
6.750% Non-Cumulative Preferred Stock, Series B	16,100	16,100	16,100
5.375% Non-Cumulative Preferred Stock, Series C	23,000	23,000	23,000
4.625% Non-Cumulative Preferred Stock, Series D	14,000	14,000	14,000
Not designated	99,929,900	—	—
Total	100,000,000	70,100	70,100

The per share and aggregate dividends declared for BHF's preferred stock by series were as follows:

Series	Three Months Ended March 31,			
	2026		2025	
	Per Share	Aggregate	Per Share	Aggregate
(In millions, except per share data)				
A	\$ 412.50	\$ 7	\$ 412.50	\$ 7
B	\$ 421.88	\$ 7	\$ 421.88	\$ 7
C	\$ 335.94	\$ 8	\$ 335.94	\$ 8
D	\$ 289.06	\$ 4	\$ 289.06	\$ 4
Total	\$ 26	\$ 26	\$ 26	\$ 26

Common Stock Repurchase Program

The Company did not repurchase any shares of its common stock during the three months ended March 31, 2026. During the three months ended March 31, 2025, BHF repurchased 1,062,596 shares of its common stock through open market purchases, pursuant to Rule 10b5-1 plans, for \$59 million. At March 31, 2026, BHF had \$441 million remaining under its common stock repurchase program. Pursuant to the Merger Agreement, the Company has agreed that during the period beginning the date of the Merger Agreement through the earlier of the closing of the Merger and the termination of the Merger Agreement, it will not, subject to certain exceptions, purchase directly or indirectly any of BHF's or its subsidiaries' capital stock or other equity or voting interests of BHF or any of its subsidiaries.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
10. Equity (continued)
Accumulated Other Comprehensive Income (Loss)

Information regarding changes in the balances of each component of AOCI was as follows:

	Three Months Ended March 31, 2026					
	Unrealized Investment Gains (Losses), Net of Related Offsets (1)	Unrealized Gains (Losses) on Derivatives	Changes in Nonperformance Risk on Market Risk Benefits	Changes in Discount Rates on the Liability for Future Policy Benefits	Other (2)	Total
	(In millions)					
Balance at December 31, 2025	\$ (3,517)	\$ 177	\$ (1,255)	\$ 888	\$ (22)	\$ (3,729)
OCI before reclassifications	(968)	98	110	199	(7)	(568)
Deferred income tax benefit (expense) (3)	203	(21)	(23)	(42)	2	119
AOCI before reclassifications, net of income tax	(4,282)	254	(1,168)	1,045	(27)	(4,178)
Amounts reclassified from AOCI	25	1	—	—	1	27
Deferred income tax benefit (expense) (3)	(5)	—	—	—	—	(5)
Amounts reclassified from AOCI, net of income tax	20	1	—	—	1	22
Balance at March 31, 2026	<u>\$ (4,262)</u>	<u>\$ 255</u>	<u>\$ (1,168)</u>	<u>\$ 1,045</u>	<u>\$ (26)</u>	<u>\$ (4,156)</u>

	Three Months Ended March 31, 2025					
	Unrealized Investment Gains (Losses), Net of Related Offsets (1)	Unrealized Gains (Losses) on Derivatives	Changes in Nonperformance Risk on Market Risk Benefits	Changes in Discount Rates on the Liability for Future Policy Benefits	Other (2)	Total
	(In millions)					
Balance at December 31, 2024	\$ (5,137)	\$ 371	\$ (1,603)	\$ 1,149	\$ (58)	\$ (5,278)
OCI before reclassifications	928	(17)	(27)	(155)	15	744
Deferred income tax benefit (expense) (3)	(194)	4	5	33	(4)	(156)
AOCI before reclassifications, net of income tax	(4,403)	358	(1,625)	1,027	(47)	(4,690)
Amounts reclassified from AOCI	31	(7)	—	—	2	26
Deferred income tax benefit (expense) (3)	(7)	1	—	—	—	(6)
Amounts reclassified from AOCI, net of income tax	24	(6)	—	—	2	20
Balance at March 31, 2025	<u>\$ (4,379)</u>	<u>\$ 352</u>	<u>\$ (1,625)</u>	<u>\$ 1,027</u>	<u>\$ (45)</u>	<u>\$ (4,670)</u>

(1) See Note 7 for information on offsets to investments related to future policy benefits.

(2) Includes OCI related to foreign currency translation and defined benefit plan gains and losses.

(3) The effects of income taxes on amounts recorded to AOCI are also recognized in AOCI. These income tax effects are released from AOCI when the related activity is reclassified into results from operations.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
10. Equity (continued)

Information regarding amounts reclassified out of each component of AOCI was as follows:

AOCI Components	Amounts Reclassified from AOCI		Consolidated Statements of Operations and Comprehensive Income (Loss) Locations
	Three Months Ended March 31,		
	2026	2025	
(In millions)			
Net unrealized investment gains (losses):			
Net unrealized investment gains (losses)	\$ (23)	\$ (25)	Net investment gains (losses)
Net unrealized investment gains (losses)	(2)	(6)	Net derivative gains (losses)
Net unrealized investment gains (losses), before income tax	(25)	(31)	
Income tax (expense) benefit	5	7	
Net unrealized investment gains (losses), net of income tax	(20)	(24)	
Unrealized gains (losses) on derivatives - cash flow hedges:			
Interest rate swaps	—	3	Net derivative gains (losses)
Interest rate swaps	1	1	Net investment income
Foreign currency swaps	(2)	3	Net derivative gains (losses)
Gains (losses) on cash flow hedges, before income tax	(1)	7	
Income tax (expense) benefit	—	(1)	
Gains (losses) on cash flow hedges, net of income tax	(1)	6	
Defined benefit plans adjustment:			
Amortization of net actuarial gains (losses)	(1)	(2)	
Amortization of defined benefit plans, before income tax	(1)	(2)	
Income tax (expense) benefit	—	—	
Amortization of defined benefit plans, net of income tax	(1)	(2)	
Total reclassifications, net of income tax	\$ (22)	\$ (20)	

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****11. Other Revenues and Other Expenses*****Other Revenues***

The Company has entered into contracts with mutual funds, fund managers, and their affiliates (collectively, the “Funds”) whereby the Company is paid monthly or quarterly fees (“12b-1 fees”) for providing certain services to customers and distributors of the Funds. The 12b-1 fees, which are included in other revenues, are generally equal to a fixed percentage of the average daily balance of the customer’s investment in a fund. The percentage is specified in the contract between the Company and the Funds. Payments are generally collected when due and are neither refundable nor able to offset future fees.

To earn these fees, the Company performs services such as responding to phone inquiries, maintaining records, providing information to distributors and shareholders about fund performance and providing training to account managers and sales agents. The passage of time reflects the satisfaction of the Company’s performance obligations to the Funds and is used to recognize revenue associated with 12b-1 fees.

Other revenues included 12b-1 fees of \$64 million and \$65 million for the three months ended March 31, 2026 and 2025, respectively, of which substantially all were reported in the Annuities segment.

Other Expenses

Information on other expenses was as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Compensation	\$ 114	\$ 130
Contracted services and other labor costs	77	72
Transition services agreements	3	3
Premium and other taxes, licenses and fees	15	16
Separate account fees	80	83
Volume related costs, excluding compensation, net of DAC capitalization	132	132
Interest expense on debt	38	38
Other	18	19
Total other expenses	<u>\$ 477</u>	<u>\$ 493</u>

Capitalization of DAC

See Note 6 for additional information on the capitalization of DAC.

Brighthouse Financial, Inc.
Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)
12. Earnings Per Common Share

The calculation of earnings per common share was as follows:

	Three Months Ended March 31,	
	2026	2025
(In millions, except share and per share data)		
Net income (loss) available to Brighthouse Financial, Inc.'s common shareholders	\$ (792)	\$ (294)
Weighted average common shares outstanding — basic	57,331,474	58,258,125
Dilutive effect of share-based awards	—	—
Weighted average common shares outstanding — diluted	57,331,474	58,258,125
Earnings per common share:		
Basic	\$ (13.82)	\$ (5.04)
Diluted	\$ (13.82)	\$ (5.04)

The dilutive effect of share-based awards is calculated using the treasury stock method, which assumes that the proceeds from the exercise of these instruments are used to repurchase shares of common stock at the average market price during the period. See Note 12 of the Notes to the Consolidated Financial Statements included in the 2025 Annual Report for further information on share-based compensation plans.

For both the three months ended March 31, 2026 and 2025, basic loss per common share equaled diluted loss per common share. Dilutive shares and diluted earnings per share are not applicable when a net loss is reported.

13. Contingencies, Commitments and Guarantees
Contingencies
Litigation

The Company is a defendant in a number of litigation matters. In some of the matters, large or indeterminate amounts, including punitive and treble damages, are sought. Modern pleading practice in the U.S. permits considerable variation in the assertion of monetary damages or other relief. Jurisdictions may permit claimants not to specify the monetary damages sought or may permit claimants to state only that the amount sought is sufficient to invoke the jurisdiction of the trial court. In addition, jurisdictions may permit plaintiffs to allege monetary damages in amounts well exceeding reasonably possible verdicts in the jurisdiction for similar matters. This variability in pleadings, together with the actual experience of the Company in litigating or resolving through settlement numerous claims over an extended period of time, demonstrates to management that the monetary relief which may be specified in a lawsuit or claim bears little relevance to its merits or disposition value.

The Company also receives and responds to subpoenas or other inquiries seeking a broad range of information from various state and federal regulators, agencies and officials. The issues involved in information requests and regulatory matters vary widely and can include inquiries or investigations concerning the Company's compliance with applicable insurance and other laws and regulations. The Company cooperates in these inquiries.

Due to the vagaries of litigation, the outcome of a litigation matter and the amount or range of potential loss at particular points in time may normally be difficult to ascertain. Uncertainties can include how fact finders will evaluate documentary evidence and the credibility and effectiveness of witness testimony, and how trial and appellate courts will apply the law in the context of the pleadings or evidence presented, whether by motion practice, or at trial or on appeal. Disposition valuations are also subject to the uncertainty of how opposing parties and their counsel will themselves view the relevant evidence and applicable law.

13. Contingencies, Commitments and Guarantees (continued)

The Company establishes liabilities for litigation and regulatory loss contingencies when it is probable that a loss has been incurred and the amount of the loss can be reasonably estimated. It is possible that some matters could require the Company to pay damages or make other expenditures or establish accruals in amounts that could not be estimated at March 31, 2026.

Matters as to Which an Estimate Can Be Made

For some loss contingency matters, the Company is able to estimate a reasonably possible range of loss. For such matters where a loss is believed to be reasonably possible, but not probable, no accrual has been made. In addition to amounts accrued for probable and reasonably estimable losses, as of March 31, 2026, the Company estimates the aggregate range of reasonably possible losses to be up to approximately \$10 million.

Matters as to Which an Estimate Cannot Be Made

For other matters, the Company is not currently able to estimate the reasonably possible loss or range of loss. The Company is often unable to estimate the possible loss or range of loss until developments in such matters have provided sufficient information to support an assessment of the range of possible loss, such as quantification of a damage demand from plaintiffs, discovery from other parties and investigation of factual allegations, rulings by the court on motions or appeals, analysis by experts, and the progress of settlement negotiations. On a quarterly and annual basis, the Company reviews relevant information with respect to litigation contingencies and updates its accruals, disclosures and estimates of reasonably possible losses or ranges of loss based on such reviews.

Sales Practices Claims

Over the past several years, the Company has faced claims and regulatory inquiries and investigations, alleging improper marketing or sales of individual life insurance policies, annuities or other products. The Company continues to defend vigorously against the claims in these matters. The Company believes adequate provision has been made in its consolidated financial statements for all probable and reasonably estimable losses for sales practices matters.

Cost of Insurance Class Actions

Richard A. Newton v. Brighthouse Life Insurance Company (U.S. District Court, Northern District of Georgia, Atlanta Division, filed May 8, 2020). Plaintiff filed a purported class action lawsuit against Brighthouse Life Insurance Company. Plaintiff was the owner of a universal life (“UL”) insurance policy issued by Travelers Insurance Company, a predecessor to Brighthouse Life Insurance Company. Plaintiff sought to certify a class of all persons who own or owned life insurance policies issued where the terms of the life insurance policy provide or provided, among other things, a guarantee that the cost of insurance (“COI”) rates would not be increased by more than a specified percentage in any contract year. Plaintiff also alleges that COI charges were based on improper factors and should have decreased over time due to improving mortality. Plaintiff’s complaint alleges, among other things, causes of action for breach of contract, fraud, suppression and concealment, and violation of the Georgia Racketeer Influenced and Corrupt Organizations Act. Plaintiff seeks to recover damages, including punitive damages, interest and treble damages, attorneys’ fees, and injunctive and declaratory relief. Brighthouse Life Insurance Company filed a motion to dismiss in June 2020, which was granted in part and denied in part in March 2021. Plaintiff was granted leave to amend the complaint. On January 18, 2023, plaintiff filed a motion on consent to amend the second amended class action complaint to narrow the scope of the class sought to those who own or owned policies issued in Georgia. The motion was granted on January 23, 2023, and the third amended class action complaint was filed on January 23, 2023. On September 5, 2025, the court granted in part plaintiff’s motion for class certification, certifying a class of all persons, who as of May 8, 2015, owned a UL policy issued in Georgia by Brighthouse Life Insurance Company or its predecessors-in-interest on Forms ULXP86 and ULXP88, and who were subject to at least one monthly deduction. On October 31, 2025, the court issued an amended order changing the date as to class certification for breach of contract claims to March 14, 2014 and for Georgia Racketeer Influenced and Corrupt Organizations Act claims to March 14, 2015. The Company intends to vigorously defend this matter.

Brighthouse Financial, Inc.**Notes to the Interim Condensed Consolidated Financial Statements (Unaudited) (continued)****13. Contingencies, Commitments and Guarantees (continued)**

Lawrence Martin v. Brighthouse Life Insurance Company (U.S. District Court, Southern District of New York, filed April 6, 2021). Plaintiff filed a purported class action lawsuit against Brighthouse Life Insurance Company. Plaintiff is the owner of a UL insurance policy issued by Travelers Insurance Company, a predecessor to Brighthouse Life Insurance Company. Plaintiff sought to certify a class of similarly situated owners of UL insurance policies issued or administered by defendants and alleges that COI charges were based on improper factors and should have decreased over time due to improving mortality. Plaintiff's complaint alleges, among other things, causes of action for breach of contract, breach of the covenant of good faith and fair dealing, and unjust enrichment. Plaintiff seeks to recover compensatory damages, attorneys' fees, interest, and equitable relief including a constructive trust. Brighthouse Life Insurance Company filed a motion to dismiss in June 2021, which was denied in February 2022. On September 25, 2025, the court granted in part plaintiff's motion for class certification, certifying as to plaintiff's breach of contract claim based on the alleged failure to decrease COI rates, a nationwide class of owners of UL policies with the product codes ULX or ULXP that contains the language: "We will base these rates only on our future outlook for mortality and expenses." On October 9, 2025, plaintiff filed a petition for permission to appeal to the United States Court of Appeals for the Second Circuit. On February 11, 2026, the United States Court of Appeals for the Second Circuit denied plaintiff's petition. The Company intends to vigorously defend this matter.

MOVEit Data Security Incident Litigation

Kennedy v. Progress Software Corporation, et al. (U.S. District Court, District of Massachusetts, filed October 3, 2023). BHF has been named as a defendant in a purported class action lawsuit. The action relates to a data security incident at an alleged third-party vendor, PBI Research Services ("PBI"), and allegedly involves the MOVEit file transfer system that PBI uses in its provision of services ("MOVEit Incident"). As it relates to BHF, plaintiff seeks to certify a subclass of persons whose private information was allegedly maintained by BHF and accessed or acquired in relation to the MOVEit Incident. Plaintiff alleges, among other things, that BHF negligently chose to utilize PBI to store and transfer plaintiff's and purported class members' private information despite PBI's use of the MOVEit software which plaintiff contends contained security vulnerabilities. The complaint asserts claims against BHF for negligence, negligence per se, and unjust enrichment, and plaintiff seeks declaratory and injunctive relief, damages, attorneys' fees and prejudgment interest. The court dismissed claims for injunctive relief against BHF, but denied the remainder of a motion to dismiss based on plaintiff's lack of standing. BHF intends to vigorously defend this matter.

Summary

Various litigations, claims and assessments against the Company, in addition to those discussed previously and those otherwise provided for in the Company's consolidated financial statements, have arisen in the course of the Company's business, including, but not limited to, in connection with its activities as an insurer, investor and taxpayer. Further, state insurance regulatory authorities and other federal and state authorities regularly make inquiries and conduct investigations concerning the Company's compliance with applicable insurance and other laws and regulations.

It is not possible to predict the ultimate outcome of all pending investigations and legal proceedings. In some of the matters referred to previously, large or indeterminate amounts, including punitive and treble damages, are sought. Although, in light of these considerations, it is possible that an adverse outcome in certain cases could have a material effect upon the Company's financial position, based on information currently known by the Company's management, in its opinion, the outcomes of such pending investigations and legal proceedings are not likely to have such an effect. However, given the large or indeterminate amounts sought in certain of these matters and the inherent unpredictability of litigation, it is possible that an adverse outcome in certain matters could, from time to time, have a material effect on the Company's consolidated net income or cash flows in particular quarterly or annual periods.

13. Contingencies, Commitments and Guarantees (continued)**Other Loss Contingencies**

As with litigation and regulatory loss contingencies, the Company considers establishing liabilities for loss contingencies associated with disputes or other matters involving third parties, including counterparties to contractual arrangements entered into by the Company (e.g., third-party vendors and reinsurers), as well as with tax or other authorities (“other loss contingencies”). The Company establishes liabilities for such other loss contingencies when it is probable that a loss will be incurred and the amount of the loss can be reasonably estimated. In matters where it is not probable, but is reasonably possible that a loss will be incurred and the amount of loss can be reasonably estimated, such losses or range of losses are disclosed, and no accrual is made. In the absence of sufficient information to support an assessment of the reasonably possible loss or range of loss, no accrual is made and no loss or range of loss is disclosed. On a quarterly basis, the Company reviews relevant information with respect to other loss contingencies and, when applicable, updates its accruals, disclosures and estimates of reasonably possible losses or estimated ranges of loss based on such reviews.

The Company’s tax-related matters have involved disputes with taxing authorities, ongoing audits, evaluation of filing positions and any potential assessments related thereto. In the matters where the Company’s subsidiaries are acting as the reinsured or the reinsurer, such reinsurance matters have involved assertions by third parties primarily related to rates, fees or reinsured benefit calculations, and certain of such reinsurance matters have resulted in arbitration. As of March 31, 2026, the Company estimates the range of reasonably possible losses in excess of the amounts accrued for certain other loss contingencies to be from zero up to approximately \$100 million relating to certain tax and reinsurance matters, as described above. For certain other matters, the Company may not currently be able to estimate the reasonably possible loss or estimated range of loss until developments in such matters have provided sufficient information to support an assessment of such loss.

Commitments**Mortgage Loan Commitments**

The Company commits to lend funds under mortgage loan commitments. The amounts of these mortgage loan commitments were \$418 million and \$436 million at March 31, 2026 and December 31, 2025, respectively.

Commitments to Fund Partnership Investments, Bank Credit Facilities and Private Corporate Bond Investments

The Company commits to fund partnership investments and to lend funds under bank credit facilities and private corporate bond investments. The amounts of these unfunded commitments were \$1.4 billion at both March 31, 2026 and December 31, 2025.

Guarantees

In the normal course of its business, the Company has provided certain indemnities, guarantees and commitments to third parties such that it may be required to make payments now or in the future. In the context of reinsurance, acquisition, disposition, investment and other transactions, the Company has provided indemnities and guarantees, including those related to tax, environmental and other specific liabilities and other indemnities and guarantees that are triggered by, among other things, breaches of representations, warranties or covenants provided by the Company. In addition, in the normal course of business, the Company provides indemnifications to counterparties in contracts with triggers similar to the foregoing, as well as for certain other liabilities, such as third-party lawsuits. These obligations are often subject to time limitations that vary in duration, including contractual limitations and those that arise by operation of law, such as applicable statutes of limitation. In some cases, the maximum potential obligation under the indemnities and guarantees is subject to a contractual limitation with a cumulative maximum of \$83 million, while in other cases such limitations are not specified or applicable. Since certain of these obligations are not subject to limitations, the Company does not believe that it is possible to determine the maximum potential amount that could become due under these guarantees in the future. Management believes that it is unlikely the Company will have to make any material payments under these indemnities, guarantees, or commitments.

In addition, the Company indemnifies its directors and officers as provided in its charters and bylaws. Also, the Company indemnifies its agents for liabilities incurred as a result of their representation of the Company’s interests. Since these indemnities are generally not subject to limitation with respect to duration or amount, the Company does not believe that it is possible to determine the maximum potential amount that could become due under these indemnities in the future.

The Company did not have any liabilities recorded for indemnities, guarantees and commitments at both March 31, 2026 and December 31, 2025.

Item 2. Management’s Discussion and Analysis of Financial Condition and Results of Operations

Index to Management’s Discussion and Analysis of Financial Condition and Results of Operations

	Page
Introduction	56
Executive Summary	56
Recent Developments	57
Industry Trends and Uncertainties	58
Summary of Critical Accounting Estimates	59
Non-GAAP Financial Disclosures	59
Results of Operations	61
Investments	68
Derivatives	78
Policyholder Liabilities	79
Liquidity and Capital Resources	81
Note Regarding Forward-Looking Statements	89

For purposes of this discussion, “Brighthouse Financial,” the “Company,” “we,” “our” and “us” refer to Brighthouse Financial, Inc. and its subsidiaries, and “BHF” refers solely to Brighthouse Financial, Inc., the ultimate holding company for all of our subsidiaries, and not to any of its subsidiaries. This Management’s Discussion and Analysis of Financial Condition and Results of Operations should be read in conjunction with (i) the Interim Condensed Consolidated Financial Statements and related notes included elsewhere herein; (ii) our Annual Report on Form 10-K for the year ended December 31, 2025 (the “2025 Annual Report”) filed with the U.S. Securities and Exchange Commission (“SEC”) on February 24, 2026; and (iii) our current reports on Form 8-K filed in 2026.

Introduction

This Management’s Discussion and Analysis of Financial Condition and Results of Operations is intended to help the reader understand the results of operations, financial condition and cash flows of Brighthouse Financial for the periods indicated. Prior to discussing our results of operations, we present information that we believe is useful to understanding the discussion of our financial results. This information precedes our results of operations discussion and is most beneficial when read in the sequence presented. A summary of key informational sections is as follows:

- “Executive Summary” provides summarized information regarding our business, segments and financial results.
- “Industry Trends and Uncertainties” discusses updates and changes to a number of trends and uncertainties included in our 2025 Annual Report that we believe may materially affect our future financial condition, results of operations or cash flows.
- “Summary of Critical Accounting Estimates” explains what we believe to be the most critical estimates and judgments applied in determining our results in accordance with accounting principles generally accepted in the United States of America (“GAAP”).
- “Non-GAAP Financial Disclosures” defines key financial measures presented in our results of operations discussion that are not calculated in accordance with GAAP but are used by management in evaluating company and segment performance. As described in this section, adjusted earnings is presented by key business activities which are derived, but different, from the line items presented in the GAAP statements of operations. This section also refers to certain other terms used to describe our insurance business and financial and operating metrics but is not intended to be exhaustive.

Our Results of Operations discussion and analysis presents a review for the three months ended March 31, 2026 and 2025 and period-over-period comparisons between these periods.

Executive Summary

We are one of the largest providers of annuity and life insurance products in the U.S. through multiple independent distribution channels and marketing arrangements with a diverse network of distribution partners. We are organized into the following reportable segments: Annuities; Life; Run-off; and Corporate & Other. See “Business — Segment Information” and “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Executive Summary” included in our 2025 Annual Report, as well as Note 2 of the Notes to the Interim Condensed Consolidated Financial Statements for further information regarding our segments.

Net income (loss) available to shareholders and adjusted earnings (loss), a non-GAAP financial measure, were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Income (loss) available to shareholders before provision for income tax	\$ (1,014)	\$ (382)
Less: Provision for income tax expense (benefit)	(222)	(88)
Net income (loss) available to shareholders (1)	<u>\$ (792)</u>	<u>\$ (294)</u>
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends (1)	\$ 292	\$ 287
Less: Provision for income tax expense (benefit)	53	52
Adjusted earnings (loss) (1)	<u>\$ 239</u>	<u>\$ 235</u>

(1) We use the term “net income (loss) available to shareholders” to refer to “net income (loss) available to Brighthouse Financial, Inc.’s common shareholders” and “adjusted loss” to refer to negative adjusted earnings values throughout the results of operations discussions.

For the three months ended March 31, 2026, we had a net loss available to shareholders of \$792 million and adjusted earnings of \$239 million compared to a net loss available to shareholders of \$294 million and adjusted earnings of \$235 million for the three months ended March 31, 2025. The net loss available to shareholders for the three months ended March 31, 2026 primarily reflects unfavorable changes in our variable annuity and Shield hedges, as well as the estimated fair value of our variable annuity guaranteed benefit riders net of Shield embedded derivatives due to market factors, and net investment losses on sales of fixed maturity securities. These unfavorable impacts were partially offset by favorable pre-tax adjusted earnings.

See “— Non-GAAP Financial Disclosures.” See “— Results of Operations” for a detailed discussion of our results.

Recent Developments

On November 6, 2025, BHF entered into an Agreement and Plan of Merger (the “Merger Agreement”) with Aquarian Holdings VI L.P., a Delaware limited partnership (“Aquarian Parent”), Aquarian Beacon Merger Sub Inc., a Delaware corporation and an indirect wholly-owned subsidiary of Aquarian Parent (“Merger Sub”), and Aquarian Holdings LLC, a Delaware limited liability company, solely for the purpose of certain provisions, pursuant to which, at the closing of the transactions contemplated by the Merger Agreement, Merger Sub will merge with and into BHF, and the separate corporate existence of Merger Sub will cease, with BHF continuing as the surviving corporation and as a wholly-owned subsidiary of Aquarian Parent (the “Merger”).

Pursuant to the Merger Agreement, at the effective time of the Merger (the “Effective Time”), each share of our common stock issued and outstanding immediately prior to the Effective Time will be converted into the right to receive \$70.00 per share, net in cash, without interest and less any amounts that are required to be deducted or withheld under applicable law.

The Merger Agreement was adopted by stockholders at the special meeting held on February 12, 2026, and the applicable waiting period under the Hart-Scott Rodino Antitrust Improvement Act of 1976, as amended, has expired. The Merger is expected to close in 2026. However, the completion of the Merger remains subject to the satisfaction or waiver of certain other customary conditions, including receipt of insurance regulatory approvals. See “Risks Related to the Merger — The completion of the Merger is subject to a number of conditions, many of which are largely outside the parties’ control, and, if these conditions are not satisfied or waived, the Merger may not be completed within the expected timeframe or at all” included in our 2025 Annual Report.

Industry Trends and Uncertainties

Throughout this Management's Discussion and Analysis of Financial Condition and Results of Operations, we discuss a number of trends and uncertainties that we believe may materially affect our future financial condition, results of operations or cash flows. Where these trends or uncertainties are specific to a particular aspect of our business, we often include such a discussion under the relevant caption of this Management's Discussion and Analysis of Financial Condition and Results of Operations, as part of our broader analysis of that area of our business. Refer to "Management's Discussion and Analysis of Financial Condition and Results of Operations — Industry Trends and Uncertainties" included in our 2025 Annual Report, as amended or supplemented herein, for a comprehensive discussion of some of the key general trends and uncertainties that have influenced the development of our business and our historical financial performance and that we believe will continue to influence our business and results of operations in the future.

Financial and Economic Environment

Our business and results of operations are materially affected by conditions in the capital markets and the economy generally. Stressed conditions, volatility and disruptions in the capital markets or financial asset classes can have an adverse effect on us. Equity market performance can affect our profitability for variable annuities, Shield[®] Level Annuities ("Shield," "Shield Annuity" and "Shield Annuities") and other separate account products as a result of the effects it has on product demand, revenues, expenses, reserves and our risk management effectiveness. The Federal Reserve Board (the "Federal Reserve") decreased the target range for the federal funds rate in September, October and December 2025, and any additional future decrease may negatively impact our business in certain respects, including our investment portfolio, by lowering the level of long-term interest rates and changing the shape of the yield curve. The level of long-term interest rates and the shape of the yield curve can have a negative effect on the profitability for variable annuities, as well as the demand for, and the profitability of, spread-based products such as fixed annuities, index-linked annuities and universal life insurance. Low interest rates and risk premium, including credit spread, affect new money rates on invested assets and the cost of product guarantees. Insurance premium growth and demand for our products is impacted by the general health of U.S. economic activity. A sustained or material increase in inflation could also affect our business in several ways. During inflationary periods, the value of fixed income investments falls, which could increase realized and unrealized losses. Inflation also increases our expenses (including, among others, for labor and third-party services), potentially putting pressure on profitability if such costs cannot be passed through to policyholders in our product prices. Prolonged and elevated inflation could adversely affect the financial markets and the economy generally and dispelling it may require governments to pursue restrictive fiscal and monetary policies, which could constrain overall economic activity and inhibit revenue growth. Events involving limited liquidity, defaults, nonperformance, fraud or other adverse developments that affect financial institutions or the financial services industry generally, or concerns or rumors about events of these kinds or other similar risks, could adversely affect market-wide liquidity, which could increase the risk of a recession or an equity market downturn and negatively impact various portions of our business, including our investment portfolio. See "Risk Factors — Economic Environment and Capital Markets-Related Risks — If difficult conditions in the capital markets and the U.S. economy generally persist or are perceived to persist, they may materially adversely affect our business and results of operations" and "Risk Factors — Risks Related to Our Investment Portfolio — Our investment portfolio is subject to significant financial risks both in the U.S. and global financial markets, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control, the occurrence of any of which could have a material adverse effect on our financial condition and results of operations" included in our 2025 Annual Report.

The above factors affect our expectations regarding future margins. We review our long-term assumptions about capital markets returns and interest rates, along with other assumptions such as contract holder behavior, as part of our annual actuarial review. As additional company specific or industry information on contract holder behavior becomes available, related assumptions may change and may potentially have a material impact on liability valuations and net income.

We continue to closely monitor political and economic conditions that might contribute to market volatility and their impact on our business operations, investment portfolio and derivatives, such as global inflation, tariffs and sanctions imposed or threatened by the U.S. or foreign governments, higher fuel and energy costs, uncertainty and instability in certain asset classes (including commercial real estate and private credit), supply chain disruptions and recent geopolitical conflicts, including in Europe and the Middle East, as well as the risk of further escalation or expansion of such conflicts. See "— Investments — Current Environment" herein, as well as "Risk Factors — Economic Environment and Capital Markets-Related Risks," "Risk Factors — Risks Related to Our Investment Portfolio," "Management's Discussion and Analysis of Financial Condition and Results of Operations — Risk Management Strategies," "Management's Discussion and Analysis of Financial Condition and Results of Operations — Industry Trends and Uncertainties" and "Management's Discussion and Analysis of Financial Condition and Results of Operations — Investments" included in our 2025 Annual Report for a detailed

discussion of financial and economic impacts on our business, including the potential impacts of interest rate risk and inflation risk on our investments and overall business.

Regulatory Developments

Our insurance subsidiaries and Brighthouse Reinsurance Company of Delaware (“BRCD”) are primarily regulated at the state level, with some products and services also subject to federal regulation. In addition, BHF and its insurance subsidiaries are subject to regulation under the insurance holding company laws of various U.S. jurisdictions. Furthermore, some of our operations, products and services are subject to the Employee Retirement Income Security Act of 1974, consumer protection laws, securities, broker-dealer and investment advisor regulations, as well as environmental and unclaimed property laws and regulations. See “Business — Regulation,” as well as “Risk Factors — Regulatory and Legal Risks” included in our 2025 Annual Report, as amended or supplemented by our quarterly reports under the heading “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Industry Trends and Uncertainties — Regulatory Developments.”

Summary of Critical Accounting Estimates

The preparation of financial statements in conformity with GAAP requires management to adopt accounting policies and make estimates and assumptions that affect amounts reported on the Interim Condensed Consolidated Financial Statements.

The most critical estimates include those used in determining:

- liability for future policy benefits;
- estimated fair values of market risk benefits (“MRB”);
- estimated fair values of freestanding derivatives and the recognition and estimated fair value of embedded derivatives requiring bifurcation; and
- measurement of income taxes and the valuation of deferred tax assets.

In applying our accounting policies, we make subjective and complex judgments that frequently require estimates about matters that are inherently uncertain. Many of these policies, estimates and related judgments are common in the insurance and financial services industries; others are specific to our business and operations. Actual results could differ from these estimates.

The above critical accounting estimates are described in “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Summary of Critical Accounting Estimates” and Note 1 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report.

Non-GAAP Financial Disclosures

We present certain measures of our performance that are not calculated in accordance with GAAP. Our definitions of non-GAAP financial measures may differ from those used by other companies.

Adjusted Earnings

Adjusted earnings is a financial measure used by management to evaluate performance and facilitate comparisons to industry results. We believe the presentation of adjusted earnings, as the Company measures it for management purposes, enhances the understanding of our performance by the investor community by highlighting the results of operations and the underlying profitability drivers of our business. Adjusted earnings should not be viewed as a substitute for net income (loss) available to Brighthouse Financial, Inc.’s common shareholders, which is the most directly comparable financial measure calculated in accordance with GAAP. See “— Results of Operations” for a reconciliation of adjusted earnings to net income (loss) available to Brighthouse Financial, Inc.’s common shareholders.

Adjusted earnings, which may be positive or negative, focuses on our primary businesses by excluding the impact of market volatility, which could distort trends.

The following items are excluded from total revenues in calculating adjusted earnings:

- Net investment gains (losses);
- Investment gains (losses) on trading securities measured at estimated fair value through net investment income; and

- Net derivative gains (losses), excluding earned income and amortization of premium on derivatives that are hedges of investments or that are used to replicate certain investments, but do not qualify for hedge accounting treatment (“Investment Hedge Adjustments”).

The following items are excluded from total expenses in calculating adjusted earnings:

- Change in MRBs; and
- Change in fair value of the crediting rate on experience-rated contracts and market value adjustments on institutional group annuities that are economically offset by gains (losses) on the related trading securities (“Market Value Adjustments”).

The provision for income tax related to adjusted earnings is calculated using the statutory tax rate of 21%, net of impacts related to the dividends received deduction, tax credits and current period non-recurring items.

We present adjusted earnings in a manner consistent with management’s view of the primary business activities that drive the profitability of our core businesses. The following table illustrates how each component of adjusted earnings is calculated from the GAAP statements of operations line items:

Component of Adjusted Earnings	How Derived from GAAP (1)
(i) Fee income	(i) <i>Universal life and investment-type product policy fees plus Other revenues.</i>
(ii) Net investment spread	(ii) <i>Net investment income (excluding investment gains (losses) on trading securities) plus Investment Hedge Adjustments reduced by Interest credited to policyholder account balances (excluding Market Value Adjustments) and interest on future policy benefits.</i>
(iii) Insurance-related activities	(iii) <i>Premiums less Policyholder benefits and claims, excluding interest on future policy benefits.</i>
(iv) Amortization of DAC and VOBA	(iv) <i>Amortization of deferred policy acquisition costs (“DAC”) and value of business acquired (“VOBA”).</i>
(v) Other expenses	(v) <i>Other expenses.</i>
(vi) Provision for income tax expense (benefit)	(vi) Tax impact of the above items, calculated using the statutory tax rate of 21%, net of impacts related to the dividends received deduction, tax credits and current period non-recurring items.

(1) Italicized items indicate GAAP statements of operations line items.

Consistent with GAAP guidance for segment reporting, adjusted earnings is also our GAAP measure of segment performance. Accordingly, we report adjusted earnings by segment in Note 2 of the Notes to the Interim Condensed Consolidated Financial Statements.

Adjusted Net Investment Income

Adjusted net investment income is used by management to measure our performance, and we believe it enhances the understanding of our investment portfolio results. Adjusted net investment income represents GAAP net investment income plus Investment Hedge Adjustments less investment gains (losses) on trading securities. For a reconciliation of adjusted net investment income to net investment income, the most directly comparable GAAP measure, see table note (3) to the summary yield table located in “— Investments — Current Environment — Investment Portfolio Results.”

Adjusted Net Investment Income Yield

Similar to adjusted net investment income, adjusted net investment income yield is used by management as a performance measure that we believe enhances the understanding of our investment portfolio results. Adjusted net investment income yield represents adjusted net investment income as a percentage of average quarterly asset carrying values. Asset carrying values exclude unrealized gains (losses), collateral received in connection with our securities lending program, freestanding derivative assets and collateral received from derivative counterparties. Investment fee and expense yields are calculated as a percentage of average quarterly asset estimated fair values. Asset estimated fair values exclude collateral received in connection with our securities lending program, freestanding derivative assets and collateral received from derivative counterparties. For a reconciliation of adjusted net investment income yield to net investment income, the most directly comparable GAAP measure, see the summary yield table located in “— Investments — Current Environment — Investment Portfolio Results.”

Results of Operations

Consolidated Results for the Three Months Ended March 31, 2026 and 2025

Unless otherwise noted, all amounts in the following discussions of our results of operations are stated before income tax except for adjusted earnings, which are presented net of income tax.

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Revenues		
Premiums	\$ 168	\$ 186
Universal life and investment-type product policy fees	533	543
Net investment income	1,258	1,297
Other revenues	129	136
Net investment gains (losses)	(52)	(83)
Net derivative gains (losses)	(509)	311
Total revenues	<u>1,527</u>	<u>2,390</u>
Expenses		
Policyholder benefits and claims (including liability remeasurement gains (losses) of \$0 and \$0, respectively)	637	649
Interest credited to policyholder account balances	493	561
Amortization of DAC and VOBA	158	148
Change in market risk benefits	748	893
Interest expense on debt	38	38
Other expenses	439	455
Total expenses	<u>2,513</u>	<u>2,744</u>
Income (loss) before provision for income tax	(986)	(354)
Provision for income tax expense (benefit)	(222)	(88)
Net income (loss)	(764)	(266)
Less: Net income (loss) attributable to noncontrolling interests	2	2
Net income (loss) attributable to Brighthouse Financial, Inc.	(766)	(268)
Less: Preferred stock dividends	26	26
Net income (loss) available to Brighthouse Financial, Inc.'s common shareholders	<u>\$ (792)</u>	<u>\$ (294)</u>

The components of net income (loss) available to shareholders were as follows:

Three Months Ended
March 31,

	2026	2025
(In millions)		
Change in market risk benefits	\$ (748)	\$ (893)
Net investment gains (losses)	(52)	(83)
Investment gains (losses) on trading securities	(10)	6
Net derivative gains (losses), excluding investment hedge adjustments	(509)	311
Market value adjustments	13	(10)
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends	292	287
Income (loss) available to shareholders before provision for income tax	(1,014)	(382)
Provision for income tax expense (benefit)	(222)	(88)
Net income (loss) available to shareholders	\$ (792)	\$ (294)

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

The loss available to shareholders before provision for income tax was \$1.0 billion (\$792 million, net of income tax), a higher loss of \$632 million (\$498 million, net of income tax) from loss available to shareholders before provision for income tax of \$382 million (\$294 million, net of income tax) in the prior period.

The increase in loss before provision for income tax was driven by the following unfavorable items:

- higher losses from variable annuity guaranteed benefit riders, see “— Annuity Guaranteed Benefits and Shield Annuity Liabilities for the Three Months Ended March 31, 2026 and 2025”; and
- losses from the impact of interest rates on derivatives used to manage interest rate exposure in our universal life with secondary guarantees (“ULSG”) business, as long-term rates increased in the current period and decreased in the prior period.

The increase in loss before provision for income tax was partially offset by the following favorable items:

- the U.S. dollar strengthening in the current period and weakening in the prior period, favorably impacting foreign currency forwards and swaps; and
- net investment gains (losses) reflecting lower net losses on mortgage loans due to a smaller increase in the allowance for credit losses.

The provision for income tax, calculated as a percentage of income (loss) before provision for income tax, resulted in an effective tax rate of 23% in the current period compared to 25% in the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impacts of the dividends received deduction, tax credits and current period non-recurring items.

Reconciliation of Net Income (Loss) Available to Shareholders to Adjusted Earnings (Loss)

The reconciliation of net income (loss) available to shareholders to adjusted earnings (loss) was as follows:

	Three Months Ended March 31, 2026				
	Annuities	Life	Run-off	Corporate & Other	Total
	(In millions)				
Net income (loss) available to shareholders	\$ (970)	\$ (13)	\$ (133)	\$ 324	\$ (792)
Add: Provision for income tax expense (benefit)	76	(2)	66	(362)	(222)
Income (loss) available to shareholders before provision for income tax	(894)	(15)	(67)	(38)	(1,014)
Less: Net investment gains (losses)	(34)	(5)	(8)	(5)	(52)
Less: Investment gains (losses) on trading securities	(10)	—	—	—	(10)
Less: Net derivative gains (losses), excluding investment hedge adjustments of \$0	(512)	(2)	(1)	6	(509)
Less: Change in market risk benefits	(748)	—	—	—	(748)
Less: Market value adjustments	10	—	3	—	13
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends	400	(8)	(61)	(39)	292
Less: Provision for income tax expense (benefit)	76	(2)	(13)	(8)	53
Adjusted earnings (loss)	<u>\$ 324</u>	<u>\$ (6)</u>	<u>\$ (48)</u>	<u>\$ (31)</u>	<u>\$ 239</u>

Three Months Ended March 31, 2025					
	Annuities	Life	Run-off	Corporate & Other	Total
(In millions)					
Net income (loss) available to shareholders	\$ (339)	\$ (1)	\$ (279)	\$ 325	\$ (294)
Add: Provision for income tax expense (benefit)	73	1	195	(357)	(88)
Income (loss) available to shareholders before provision for income tax	(266)	—	(84)	(32)	(382)
Less: Net investment gains (losses)	(52)	(4)	(18)	(9)	(83)
Less: Investment gains (losses) on trading securities	6	—	—	—	6
Less: Net derivative gains (losses), excluding investment hedge adjustments of \$0	292	(6)	19	6	311
Less: Change in market risk benefits	(893)	—	—	—	(893)
Less: Market value adjustments	(6)	—	(4)	—	(10)
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends	387	10	(81)	(29)	287
Less: Provision for income tax expense (benefit)	73	1	(17)	(5)	52
Adjusted earnings (loss)	<u>\$ 314</u>	<u>\$ 9</u>	<u>\$ (64)</u>	<u>\$ (24)</u>	<u>\$ 235</u>

Consolidated Results for the Three Months Ended March 31, 2026 and 2025 — Adjusted Earnings (Loss)

The components of adjusted earnings (loss) were as follows:

	Three Months Ended March 31,	
	2026	2025
(In millions)		
Fee income	\$ 662	\$ 679
Net investment spread	733	711
Insurance-related activities	(440)	(434)
Amortization of DAC and VOBA	(158)	(148)
Other expenses	(477)	(493)
Less: Net income (loss) attributable to noncontrolling interests and preferred stock dividends	28	28
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends	292	287
Provision for income tax expense (benefit)	53	52
Adjusted earnings (loss)	<u>\$ 239</u>	<u>\$ 235</u>

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

Adjusted earnings were \$239 million in the current period, an increase of \$4 million.

Key net favorable impacts were:

- higher net investment spread due to:
 - lower interest credited to policyholders due to lower account balances and prior period actuarial modeling improvements in our Annuities segment;
- partially offset by
- lower average invested long-term assets and yields on our institutional spread margin business; and

- lower other expenses due to:
 - lower operational expenses; and
 - lower asset-based variable annuity expenses resulting from lower average separate account balances, a portion of which is offset in fee income.

Key net unfavorable impacts were:

- lower fee income due to:
 - lower reinsurance fees on our fixed annuity business resulting from lower account balances; and
 - lower asset-based fees resulting from lower average separate account balances, a portion of which is offset in other expenses;
- higher amortization of DAC and VOBA resulting primarily from changes in policyholder behavior in our Annuities segment; and
- higher net costs associated with insurance-related activities due to:
 - a net increase in liability balances resulting from actuarial modeling improvements in our Run-off and Life segments;partially offset by
 - lower claims, net of reinsurance, in our Run-off segment.

The provision for income tax, calculated as a percentage of pre-tax adjusted earnings (loss), resulted in an effective tax rate of 17% in both the current period and the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impacts of the dividends received deduction, tax credits and current period non-recurring items.

Segment Results for the Three Months Ended March 31, 2026 and 2025 — Adjusted Earnings (Loss)

Annuities

The components of adjusted earnings for our Annuities segment were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Fee income	\$ 505	\$ 526
Net investment spread	437	395
Insurance-related activities	(45)	(45)
Amortization of DAC and VOBA	(137)	(126)
Other expenses	(360)	(363)
Pre-tax adjusted earnings	400	387
Provision for income tax expense (benefit)	76	73
Adjusted earnings	<u>\$ 324</u>	<u>\$ 314</u>

A significant portion of our adjusted earnings is driven by separate account balances related to our variable annuity business, as these balances determine asset-based fee income and commissions. The changes in our variable annuities separate account balances are presented in Note 5 of the Notes to the Interim Condensed Consolidated Financial Statements.

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

Adjusted earnings were \$324 million in the current period, an increase of \$10 million.

Key net favorable impacts were:

- higher net investment spread due to:
 - lower interest credited to policyholders due to actuarial modeling improvements in the prior period and lower account balances; and
 - higher investment yields on our fixed income portfolio, as proceeds from maturing investments and the growth in the investment portfolio were invested at higher yields than the portfolio average; and
- lower other expenses due to:
 - lower operational expenses; and
 - lower asset-based variable annuity expenses resulting from lower average separate account balances, a portion of which is offset in fee income.

Key unfavorable impacts were:

- lower fee income due to:
 - lower reinsurance fees on our fixed annuity business resulting from lower account balances; and
 - lower asset-based fees resulting from lower average separate account balances, a portion of which is offset in other expenses; and
- higher amortization of DAC and VOBA resulting primarily from changes in policyholder behavior.

The provision for income tax, calculated as a percentage of pre-tax adjusted earnings, resulted in an effective tax rate of 19% in both the current period and the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impact of the dividends received deduction.

Life

The components of adjusted earnings (loss) for our Life segment were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Fee income	\$ 61	\$ 63
Net investment spread	40	51
Insurance-related activities	(52)	(37)
Amortization of DAC and VOBA	(21)	(22)
Other expenses	(36)	(45)
Pre-tax adjusted earnings (loss)	(8)	10
Provision for income tax expense (benefit)	(2)	1
Adjusted earnings (loss)	<u>\$ (6)</u>	<u>\$ 9</u>

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

Adjusted loss was \$6 million in the current period, a decrease of \$15 million.

Key net unfavorable impacts were:

- higher net costs associated with insurance-related activities due to:
 - higher non-traditional life claims, net of reinsurance;
 partially offset by
 - a decrease in liability balances resulting from actuarial modeling improvements; and
- lower net investment spread due to lower average invested long-term assets.

The key favorable impact was lower other expenses due to lower operational expenses.

The provision for income tax, calculated as a percentage of pre-tax adjusted earnings (loss), resulted in an effective tax rate of 25% in the current period compared to 10% in the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impact of the dividends received deduction.

Run-off

The components of adjusted earnings (loss) for our Run-off segment were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Fee income	\$ 95	\$ 95
Net investment spread	215	212
Insurance-related activities	(343)	(352)
Amortization of DAC and VOBA	—	—
Other expenses	(28)	(36)
Pre-tax adjusted earnings (loss)	(61)	(81)
Provision for income tax expense (benefit)	(13)	(17)
Adjusted earnings (loss)	<u>\$ (48)</u>	<u>\$ (64)</u>

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

Adjusted loss was \$48 million in the current period, a lower loss of \$16 million.

Key net favorable impacts were:

- lower net costs associated with insurance-related activities due to:
 - lower claims, net of reinsurance;
 partially offset by
 - an increase in liability balances resulting from actuarial modeling improvements; and
- lower other expenses due to lower operational expenses.

The provision for income tax, calculated as a percentage of pre-tax adjusted earnings (loss), resulted in an effective tax rate of 21% in both the current period and the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impact of the dividends received deduction.

Corporate & Other

The components of adjusted earnings (loss) for our Corporate & Other segment were as follows:

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Fee income	\$ 1	\$ (5)
Net investment spread	41	53
Insurance-related activities	—	—
Amortization of DAC and VOBA	—	—
Other expenses	(53)	(49)
Less: Net income (loss) attributable to noncontrolling interests and preferred stock dividends	28	28
Pre-tax adjusted earnings (loss), less net income (loss) attributable to noncontrolling interests and preferred stock dividends	(39)	(29)
Provision for income tax expense (benefit)	(8)	(5)
Adjusted earnings (loss)	<u>\$ (31)</u>	<u>\$ (24)</u>

Three Months Ended March 31, 2026 Compared with the Three Months Ended March 31, 2025

Adjusted loss was \$31 million in the current period, a higher loss of \$7 million.

The key unfavorable impact was a lower net investment spread due to lower average invested long-term assets and yields on our institutional spread margin business.

The provision for income tax, calculated as a percentage of pre-tax adjusted earnings (loss), resulted in a lower effective tax rate in the current period compared to the prior period. Our effective tax rate differs from the statutory tax rate primarily due to the impacts of the dividends received deduction, tax credits and current period non-recurring items. We believe the effective tax rate for the Corporate & Other segment is not generally meaningful, neither on a standalone basis nor for comparison to prior periods, since taxes for the Corporate & Other segment are derived from the difference between the overall consolidated effective tax rate and total taxes for the other operating segments.

Annuity Guaranteed Benefits and Shield Annuity Liabilities for the Three Months Ended March 31, 2026 and 2025

The overall impact on income (loss) available to shareholders before provision for income tax from the performance of annuity guaranteed benefits and Shield Annuity liabilities, which includes (i) changes in the fair value of liabilities and related reinsurance, (ii) fees net of claims and (iii) the mark-to-market of hedges, was as follows:

	Three Months Ended March 31,	
	2026	2025
(In millions)		
Market risk benefits mark-to-market	\$ (835)	\$ (999)
Annuity guaranteed benefit rider fees, net of claims	75	95
Ceded reinsurance	12	11
Total changes attributable to annuity guaranteed benefits	(748)	(893)
Variable annuity and Shield hedges	(1,327)	(877)
Shield embedded derivatives	805	1,171
Total	<u>\$ (1,270)</u>	<u>\$ (599)</u>

Three Months Ended March 31, 2026

Annuity guaranteed benefits and Shield Annuity liabilities performance was unfavorable for the three months ended March 31, 2026, primarily driven by:

- unfavorable increases in annuity guaranteed benefits liabilities due to decreasing equity markets;
- unfavorable changes in variable annuity and Shield hedges due to decreasing equity markets; and
- favorable changes in Shield embedded derivatives due to decreasing equity markets.

Three Months Ended March 31, 2025

Annuity guaranteed benefits and Shield Annuity liabilities performance was unfavorable for the three months ended March 31, 2025, primarily driven by:

- unfavorable increases in annuity guaranteed benefits liabilities due to decreasing interest rates and equity markets;
- unfavorable changes in variable annuity and Shield hedges due to decreasing equity markets, partially offset by decreasing long-term interest rates; and
- favorable changes in Shield embedded derivatives due to decreasing equity markets.

Investments

Investment Risk Management Strategy

We manage the risks related to our investment portfolio through asset-type allocation as well as industry and issuer diversification. We also use risk limits to promote diversification by asset sector, avoid concentrations in any single issuer and limit overall aggregate credit and equity risk exposure. We manage real estate risk through geographic, property type and product type diversification and asset allocation. Interest rate risk is managed as part of our Asset Liability Management (“ALM”) strategies. We also utilize product design to manage interest rate risk (e.g., market value adjustment features and surrender charges). These ALM strategies include maintaining an investment portfolio that targets a weighted average duration that reflects the duration of our estimated liability cash flow profile. For certain of our liability portfolios, it is not possible to invest assets for the full liability duration, thereby creating some asset/liability mismatch. We also use certain derivatives in the management of credit, interest rate, equity market and foreign currency exchange rate risks.

Investment Management Agreements

Other than our derivatives trading, which we manage in-house, we have engaged a select group of experienced external asset management firms to manage the investment of the assets comprising our general account portfolio and certain separate account assets of our insurance subsidiaries, as well as assets of BHF and our reinsurance subsidiary, BRCD.

Current Environment

Our business and results of operations are materially affected by conditions in capital markets and the economy, generally. As a U.S. insurance company, we are affected by the monetary policy of the Federal Reserve in the U.S. We are also affected by the monetary policy of central banks around the world due to the diversification of our investment portfolio. See “— Industry Trends and Uncertainties — Financial and Economic Environment.”

In 2025, the Federal Reserve decreased the target range for the federal funds rate three times — from between 4.25% and 4.50% to between 3.50% and 3.75%. The Federal Reserve may increase or decrease the federal funds rate in the future, which may have an impact on the pricing levels of risk-bearing investments and may adversely impact the level of product sales.

Prior period interest rate increases have contributed to the net unrealized loss position in our investment portfolio. As a result of increases in interest rates, the unrealized losses on our fixed maturity securities exceeded the unrealized gains as of March 31, 2026.

See “Risk Factors — Risks Related to Our Investment Portfolio — Our investment portfolio is subject to significant financial risks both in the U.S. and global financial markets, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control, the occurrence of any of which could have a material adverse effect on our financial condition and results of operations” included in our 2025 Annual Report.

Selected Sector Investments

Market volatility has affected the performance of various asset classes. See “Risk Factors — Risks Related to Our Investment Portfolio — Our investment portfolio is subject to significant financial risks both in the U.S. and global financial markets, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control, the occurrence of any of which could have a material adverse effect on our financial condition and results of operations,” and “Risk Factors — Risks Related to Our Investment Portfolio — Ongoing military actions, the continued threat of terrorism, climate change as well as other catastrophic events may adversely affect the value of our investment portfolio and the level of claim losses we incur” included in our 2025 Annual Report.

There has been a continued market focus on commercial real estate, including office properties, as a result of hybrid work arrangements and the resulting impact on the demand for office space.

We have direct commercial real estate exposure through mortgage loans and certain structured securities, which include residential mortgage-backed securities (“RMBS”), commercial mortgage-backed securities (“CMBS”) and asset-backed securities (“ABS”) (collectively, “Structured Securities”). In addition, we have direct and indirect exposure through certain financial industry corporate fixed maturity securities. See “— Investments — Mortgage Loans” and Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information on mortgage loans, including credit quality by portfolio segment and commercial mortgage loans by property type. Additionally, see “— Investments — Fixed Maturity Securities Available-For-Sale — Structured Securities” for information on Structured Securities, including security type, risk profile and ratings profile as well as “— Investments — Fixed Maturity Securities Available-For-Sale — U.S. and Foreign Corporate Fixed Maturity Securities” for our exposure to the finance industry.

We monitor direct and indirect investment exposure across sectors and asset classes and adjust our level of investment exposure, as appropriate. At this time, we do not expect that our general account investments in these sectors and asset classes will have a material adverse effect on our results of operations or financial condition.

Investment Portfolio Results

The following summary yield table presents the yield and adjusted net investment income for our investment portfolio for the periods indicated. As described below, this table reflects certain differences from the presentation of net investment income presented in the GAAP statements of operations. This summary yield table presentation is consistent with how we measure our investment performance for management purposes, and we believe it enhances understanding of our investment portfolio results.

	Three Months Ended March 31,			
	2026		2025	
	Yield %	Amount	Yield %	Amount
	(Dollars in millions)			
Investment income (1)	4.39 %	\$ 1,310	4.39 %	\$ 1,330
Investment fees and expenses (2)	(0.15)	(42)	(0.14)	(39)
Adjusted net investment income (3)	4.24 %	\$ 1,268	4.25 %	\$ 1,291

- (1) Investment income yields are calculated as investment income as a percentage of average quarterly asset carrying values. Investment income excludes recognized gains and losses and reflects the adjustments discussed in table note (3) below to arrive at adjusted net investment income. Asset carrying values exclude unrealized gains (losses), collateral received in connection with our securities lending program, freestanding derivative assets and collateral received from derivative counterparties.
- (2) Investment fee and expense yields are calculated as a percentage of average quarterly asset estimated fair values. Asset estimated fair values exclude collateral received in connection with our securities lending program, freestanding derivative assets and collateral received from derivative counterparties.
- (3) Adjusted net investment income presented in the yield table varies from the most directly comparable GAAP measure due to certain reclassifications, as presented below.

	Three Months Ended March 31,	
	2026	2025
	(In millions)	
Net investment income	\$ 1,258	\$ 1,297
Add: Investment hedge adjustments	—	—
Less: Investment gains (losses) on trading securities	(10)	6
Adjusted net investment income — in the above yield table	\$ 1,268	\$ 1,291

See “— Results of Operations — Consolidated Results for the Three Months Ended March 31, 2026 and 2025” for an analysis of the period-over-period changes in net investment income.

Fixed Maturity Securities Available-For-Sale

Fixed maturity securities held by type (public or private) were as follows at:

	March 31, 2026		December 31, 2025	
	Estimated Fair Value	% of Total	Estimated Fair Value	% of Total
(Dollars in millions)				
Publicly-traded	\$ 66,718	82.1 %	\$ 67,348	82.1 %
Privately-placed	14,514	17.9	14,666	17.9
Total fixed maturity securities	<u>\$ 81,232</u>	<u>100.0 %</u>	<u>\$ 82,014</u>	<u>100.0 %</u>
Percentage of cash and invested assets	64.3 %		65.1 %	

See Note 9 of the Notes to the Interim Condensed Consolidated Financial Statements for further information on our valuation controls and procedures including our formal process to challenge any prices received from independent pricing services that are not considered representative of estimated fair value.

See Notes 1 and 7 of the Notes to the Interim Condensed Consolidated Financial Statements for further information about fixed maturity securities by sector, contractual maturities, continuous gross unrealized losses and the allowance for credit losses.

Fixed Maturity Securities Credit Quality — Ratings

See “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Investments — Fixed Maturity Securities Available-For-Sale — Fixed Maturity Securities Credit Quality — Ratings” included in our 2025 Annual Report for a discussion of the credit quality ratings assigned by Nationally Recognized Statistical Rating Organizations (“NRSRO”), credit quality designations assigned by and methodologies used by the Securities Valuation Office of the National Association of Insurance Commissioners (“NAIC”) for fixed maturity securities and the methodologies adopted by the NAIC for certain Structured Securities.

The following table presents total fixed maturity securities by NRSRO rating and the applicable NAIC designation from the NAIC published comparison of NRSRO ratings to NAIC designations, except for certain Structured Securities, which are presented using the NAIC methodologies, as well as the percentage, based on estimated fair value that each NAIC designation is comprised of at:

NAIC Designation	NRSRO Rating	March 31, 2026					December 31, 2025				
		Amortized Cost	Allowance for Credit Losses	Unrealized Gain (Loss)	Estimated Fair Value	% of Total	Amortized Cost	Allowance for Credit Losses	Unrealized Gain (Loss)	Estimated Fair Value	% of Total
(Dollars in millions)											
1	Aaa/Aa/A	\$ 57,918	\$ 3	\$ (3,913)	\$ 54,002	66.5 %	\$ 57,600	\$ 3	\$ (3,316)	\$ 54,281	66.2 %
2	Baa	26,812	—	(1,885)	24,927	30.7	26,845	—	(1,559)	25,286	30.8
Subtotal investment grade		84,730	3	(5,798)	78,929	97.2 %	84,445	3	(4,875)	79,567	97.0 %
3	Ba	1,964	—	(66)	1,898	2.3	2,050	—	(41)	2,009	2.4
4	B	348	1	(29)	318	0.4	325	2	(23)	300	0.4
5	Caa and lower	113	31	(7)	75	0.1	178	36	(18)	124	0.2
6	In or near default	51	30	(9)	12	—	48	23	(11)	14	—
Subtotal below investment grade		2,476	62	(111)	2,303	2.8 %	2,601	61	(93)	2,447	3.0 %
Total fixed maturity securities		<u>\$ 87,206</u>	<u>\$ 65</u>	<u>\$ (5,909)</u>	<u>\$ 81,232</u>	<u>100.0 %</u>	<u>\$ 87,046</u>	<u>\$ 64</u>	<u>\$ (4,968)</u>	<u>\$ 82,014</u>	<u>100.0 %</u>

[Table of Contents](#)

The following tables present total fixed maturity securities, based on estimated fair value, by sector classification and by NRSRO rating and the applicable NAIC designations from the NAIC published comparison of NRSRO ratings to NAIC designations, except for certain Structured Securities, which are presented using the NAIC methodologies as described above:

		Fixed Maturity Securities — by Sector & Credit Quality Rating						
NAIC Designation		1	2	3	4	5	6	Total Estimated Fair Value
NRSRO Rating		Aaa/Aa/A	Baa	Ba	B	Caa and Lower	In or Near Default	
(In millions)								
March 31, 2026								
U.S. corporate	\$	18,258	\$ 18,258	\$ 1,521	\$ 229	\$ 59	\$ 11	\$ 38,336
Foreign corporate		4,973	5,769	294	63	4	—	11,103
RMBS		8,863	8	6	1	1	—	8,879
U.S. government and agency		6,581	82	—	—	—	—	6,663
ABS		5,880	189	14	19	—	—	6,102
CMBS		5,553	230	44	6	6	1	5,840
State and political subdivision		3,353	56	—	—	5	—	3,414
Foreign government		541	335	19	—	—	—	895
Total fixed maturity securities	\$	<u>54,002</u>	<u>\$ 24,927</u>	<u>\$ 1,898</u>	<u>\$ 318</u>	<u>\$ 75</u>	<u>\$ 12</u>	<u>\$ 81,232</u>
December 31, 2025								
U.S. corporate	\$	18,624	\$ 18,414	\$ 1,565	\$ 236	\$ 56	\$ 14	\$ 38,909
Foreign corporate		5,096	5,975	321	47	58	—	11,497
RMBS		8,509	14	7	1	1	—	8,532
U.S. government and agency		6,628	83	—	—	—	—	6,711
ABS		5,843	182	26	8	—	—	6,059
CMBS		5,563	248	47	8	4	—	5,870
State and political subdivision		3,439	50	—	—	5	—	3,494
Foreign government		579	320	43	—	—	—	942
Total fixed maturity securities	\$	<u>54,281</u>	<u>\$ 25,286</u>	<u>\$ 2,009</u>	<u>\$ 300</u>	<u>\$ 124</u>	<u>\$ 14</u>	<u>\$ 82,014</u>

U.S. and Foreign Corporate Fixed Maturity Securities

We maintain a diversified portfolio of corporate fixed maturity securities across industries and issuers. Our portfolio does not have any exposure to any single issuer in excess of 1% of total investments and the top ten holdings in aggregate comprise 1% of total investments at both March 31, 2026 and December 31, 2025. Our U.S. and foreign corporate fixed maturity securities holdings by industry were as follows at:

	March 31, 2026		December 31, 2025	
	Estimated Fair Value	% of Total	Estimated Fair Value	% of Total
(Dollars in millions)				
Industrial	\$ 16,327	33.0 %	\$ 16,541	32.8 %
Finance	12,515	25.3	12,736	25.3
Consumer	11,494	23.2	11,743	23.3
Utility	6,455	13.1	6,687	13.3
Communications	2,648	5.4	2,699	5.3
Total	<u>\$ 49,439</u>	<u>100.0 %</u>	<u>\$ 50,406</u>	<u>100.0 %</u>

Structured Securities

We held \$20.8 billion and \$20.5 billion of Structured Securities, at estimated fair value, at March 31, 2026 and December 31, 2025, respectively, as presented in the RMBS, CMBS and ABS sections below.

RMBS

Our RMBS holdings are diversified by security type, risk profile and ratings profile, which were as follows at:

	March 31, 2026			December 31, 2025		
	Estimated Fair Value	% of Total	Net Unrealized Gains (Losses)	Estimated Fair Value	% of Total	Net Unrealized Gains (Losses)
(Dollars in millions)						
Security type:						
Collateralized mortgage obligations	\$ 4,723	53.2 %	\$ (186)	\$ 4,551	53.3 %	\$ (158)
Pass-through securities	4,156	46.8	(358)	3,981	46.7	(336)
Total RMBS	<u>\$ 8,879</u>	<u>100.0 %</u>	<u>\$ (544)</u>	<u>\$ 8,532</u>	<u>100.0 %</u>	<u>\$ (494)</u>
Risk profile:						
Agency	\$ 6,717	75.7 %	\$ (547)	\$ 6,542	76.7 %	\$ (505)
Prime	229	2.6	(12)	232	2.7	(11)
Alt-A	1,645	18.5	8	1,461	17.1	14
Sub-prime	288	3.2	7	297	3.5	8
Total RMBS	<u>\$ 8,879</u>	<u>100.0 %</u>	<u>\$ (544)</u>	<u>\$ 8,532</u>	<u>100.0 %</u>	<u>\$ (494)</u>
Ratings profile:						
Rated Aaa	\$ 1,609	18.1 %		\$ 1,425	16.7 %	
Designated NAIC 1	\$ 8,863	99.8 %		\$ 8,509	99.7 %	

Historically, our exposure to sub-prime RMBS holdings has been managed by focusing primarily on senior tranche securities, stress-testing the portfolio with severe loss assumptions and closely monitoring the performance of the portfolio. Our sub-prime RMBS portfolio consists predominantly of securities that were purchased after 2012 at significant discounts to par value and discounts to the expected principal recovery value of these securities. The vast majority of these securities are investment grade under the NAIC designations (e.g., NAIC 1 and NAIC 2).

CMBS

Our CMBS holdings are diversified by vintage year, which were as follows at:

	March 31, 2026		December 31, 2025	
	Amortized Cost	Estimated Fair Value	Amortized Cost	Estimated Fair Value
	(In millions)			
2006 - 2011	\$ 58	\$ 57	\$ 59	\$ 58
2012	—	—	—	—
2013	14	13	16	14
2014	103	94	113	104
2015	180	161	214	194
2016	246	241	322	315
2017	693	679	696	682
2018	1,561	1,519	1,570	1,535
2019	897	834	899	840
2020	502	449	499	449
2021	291	271	353	331
2022	337	333	365	361
2023	63	62	92	92
2024	368	370	345	349
2025	623	622	543	546
2026	136	135	—	—
Total	\$ 6,072	\$ 5,840	\$ 6,086	\$ 5,870

The estimated fair value of CMBS rated Aaa using rating agency ratings was \$4.0 billion, or 68.6% of total CMBS, and designated NAIC 1 was \$5.6 billion, or 95.1% of total CMBS, at March 31, 2026. The estimated fair value of CMBS rated Aaa using rating agency ratings was \$3.9 billion, or 67.2% of total CMBS, and designated NAIC 1 was \$5.6 billion, or 94.8% of total CMBS, at December 31, 2025.

ABS

Our ABS holdings are diversified by both collateral type and issuer. Our ABS holdings by collateral type and ratings profile were as follows at:

	March 31, 2026			December 31, 2025		
	Estimated Fair Value	% of Total	Net Unrealized Gains (Losses)	Estimated Fair Value	% of Total	Net Unrealized Gains (Losses)
(Dollars in millions)						
Collateral type:						
Collateralized obligations	\$ 2,819	46.2 %	\$ (5)	\$ 2,884	47.6 %	\$ (5)
Automobile loans	753	12.3	3	757	12.5	8
Consumer loans	480	7.9	(2)	474	7.8	—
Student loans	409	6.7	(6)	424	7.0	(4)
Credit card loans	207	3.4	—	207	3.4	1
Other loans	1,434	23.5	(27)	1,313	21.7	(22)
Total	<u>\$ 6,102</u>	<u>100.0 %</u>	<u>\$ (37)</u>	<u>\$ 6,059</u>	<u>100.0 %</u>	<u>\$ (22)</u>
Ratings profile:						
Rated Aaa	\$ 3,969	65.0 %		\$ 3,857	63.7 %	
Designated NAIC 1	\$ 5,880	96.4 %		\$ 5,843	96.4 %	

Allowance for Credit Losses for Fixed Maturity Securities

See Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information about the evaluation of fixed maturity securities for an allowance for credit losses or write-offs due to uncollectibility.

Securities Lending

We participate in a securities lending program whereby securities are loaned to third parties, primarily brokerage firms and commercial banks. We obtain collateral, usually cash, in an amount generally equal to 102% of the estimated fair value of the securities loaned, which is obtained at the inception of a loan and maintained at a level greater than or equal to 100% for the duration of the loan. The estimated fair value of the securities loaned is monitored on a daily basis with additional collateral obtained as necessary throughout the duration of the loan. Securities loaned under such transactions may be sold or re-pledged by the transferee. We are liable to return to our counterparties the cash collateral under our control. Security collateral received from counterparties may not be sold or re-pledged, unless the counterparty is in default, and is not reflected in the financial statements. These transactions are treated as financing arrangements and the associated cash collateral liability is recorded at the amount of the cash received.

See “— Liquidity and Capital Resources — The Company — Primary Uses of Liquidity and Capital — Securities Lending” and Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information regarding our securities lending program.

Mortgage Loans

Our mortgage loans are principally collateralized by commercial, agricultural and residential properties. Information regarding mortgage loans by portfolio segment is summarized as follows at:

	March 31, 2026				December 31, 2025			
	Amortized Cost	% of Total	Allowance for Credit Losses	% of Amortized Cost	Amortized Cost	% of Total	Allowance for Credit Losses	% of Amortized Cost
(Dollars in millions)								
Commercial	\$ 12,134	53.2 %	\$ 145	1.2 %	\$ 12,323	53.7 %	\$ 134	1.1 %
Agricultural	4,644	20.3	20	0.4 %	4,656	20.3	20	0.4 %
Residential	6,052	26.5	45	0.7 %	5,976	26.0	46	0.8 %
Total	<u>\$ 22,830</u>	<u>100.0 %</u>	<u>\$ 210</u>	<u>0.9 %</u>	<u>\$ 22,955</u>	<u>100.0 %</u>	<u>\$ 200</u>	<u>0.9 %</u>

Our mortgage loan portfolio is diversified by both geographic region and property type to reduce the risk of concentration. The percentage of our commercial and agricultural mortgage loan portfolios collateralized by properties located in the U.S. was 99% at both March 31, 2026 and December 31, 2025. The remainder was collateralized by properties located outside of the U.S. At March 31, 2026, the carrying value as a percentage of total commercial and agricultural mortgage loans for the top three states in the U.S. was 17% for California, 12% for Texas and 7% for New York. Additionally, we manage risk when originating commercial and agricultural mortgage loans by generally lending up to 75% of the estimated fair value of the underlying real estate collateral.

Our residential mortgage loan portfolio is managed in a similar manner to reduce risk of concentration. All residential mortgage loans were collateralized by properties located in the U.S. at both March 31, 2026 and December 31, 2025. At March 31, 2026, the carrying value as a percentage of total residential mortgage loans for the top three states in the U.S. was 36% for California, 9% for Florida and 6% for Texas.

[Table of Contents](#)

Commercial Mortgage Loans by Geographic Region and Property Type. Commercial mortgage loans are the largest component of the mortgage loan invested asset class. The diversification across geographic regions and property types of commercial mortgage loans was as follows at:

	March 31, 2026		December 31, 2025	
	Amount	% of Total	Amount	% of Total
(Dollars in millions)				
Geographic region:				
Pacific	\$ 2,543	21.0 %	\$ 2,512	20.4 %
South Atlantic	2,525	20.7	2,530	20.4
Middle Atlantic	1,805	14.9	1,940	15.7
West South Central	1,622	13.4	1,596	13.0
Mountain	1,210	10.0	1,132	9.2
East North Central	654	5.4	725	5.9
New England	541	4.5	541	4.4
East South Central	345	2.8	362	2.9
West North Central	344	2.8	352	2.9
International	198	1.6	244	2.0
Multi-region and Other	347	2.9	389	3.2
Total recorded investment	12,134	100.0 %	12,323	100.0 %
Less: allowance for credit losses	145		134	
Carrying value, net of allowance for credit losses	\$ 11,989		\$ 12,189	
Property type:				
Apartment	\$ 4,733	39.0 %	\$ 4,646	37.7 %
Office	2,687	22.1	2,793	22.7
Industrial	2,341	19.3	2,448	19.9
Retail	1,563	12.9	1,521	12.3
Hotel	810	6.7	915	7.4
Total recorded investment	12,134	100.0 %	12,323	100.0 %
Less: allowance for credit losses	145		134	
Carrying value, net of allowance for credit losses	\$ 11,989		\$ 12,189	

Mortgage Loan Credit Quality — Monitoring Process. Our mortgage loan investments are monitored on an ongoing basis, including a review of loans that are current, past due, restructured and under foreclosure. Quarterly, we conduct a formal review of the portfolio with our investment managers. See Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information on mortgage loans by credit quality indicator, past due status, nonaccrual status and modified mortgage loans.

Our commercial mortgage loans are reviewed on an ongoing basis. These reviews may include an analysis of the property financial statements and rent roll, lease rollover analysis, property inspections, market analysis, estimated valuations of the underlying collateral, loan-to-value ratios, debt-service coverage ratios and tenant creditworthiness. The monitoring process focuses on higher risk loans, which include those that are classified as restructured, delinquent or in foreclosure, as well as loans with higher loan-to-value ratios and lower debt-service coverage ratios. The monitoring process for agricultural mortgage loans is generally similar, with a focus on higher risk loans, such as loans with higher loan-to-value ratios, including reviews on a geographic and sector basis. Our residential mortgage loans are reviewed on an ongoing basis. See Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information on our evaluation of residential mortgage loans and related measurement of allowance for credit losses.

Loan-to-value ratios and debt-service coverage ratios are common measures in the assessment of the quality of commercial mortgage loans. Loan-to-value ratios are a common measure in the assessment of the quality of agricultural mortgage loans. Loan-to-value ratios compare the amount of the loan to the estimated fair value of the underlying collateral. A loan-to-value ratio greater than 100% indicates that the loan amount is greater than the collateral value. A loan-to-value ratio of less than 100% indicates an excess of collateral value over the loan amount. Generally, the higher the loan-to-value ratio, the higher the risk of experiencing a credit loss. The debt-service coverage ratio compares a property's net operating income to amounts needed to service the principal and interest due under the loan. Generally, the lower the debt-service coverage ratio, the higher the risk of experiencing a credit loss. For our commercial mortgage loans, our average loan-to-value ratio was 68% and 67% at March 31, 2026 and December 31, 2025, respectively, and our average debt-service coverage ratio was 2.2x at both March 31, 2026 and December 31, 2025. The debt-service coverage ratio, as well as the values utilized in calculating the ratio, is updated annually on a rolling basis, with a portion of the portfolio updated each quarter. In addition, the loan-to-value ratio is routinely updated for all but the lowest risk loans as part of our ongoing review of our commercial mortgage loan portfolio. For our agricultural mortgage loans, our average loan-to-value ratio was 46% at both March 31, 2026 and December 31, 2025. The values utilized in calculating the agricultural mortgage loan loan-to-value ratio are developed in connection with the ongoing review of the agricultural loan portfolio and are routinely updated.

Mortgage Loan Allowance for Credit Losses. See Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for information about how the allowance for credit losses is established and monitored, as well as activity in and balances of the allowance for credit losses for the three months ended March 31, 2026 and 2025.

Limited Partnerships and Limited Liability Companies

The carrying values of our limited partnerships and limited liability companies ("LLC") were as follows at:

	March 31, 2026	December 31, 2025
	(In millions)	
Other limited partnerships	\$ 4,076	\$ 4,099
Real estate limited partnerships and LLCs (1)	597	597
Total	\$ 4,673	\$ 4,696

(1) The estimated fair value of real estate limited partnerships and LLCs was \$600 million and \$599 million at March 31, 2026 and December 31, 2025, respectively.

Cash distributions on these investments are generated from investment gains, operating income from the underlying investments of the funds and liquidation of the underlying investments of the funds. We estimate that the underlying investment of the private equity funds will typically be liquidated over the next 10 to 20 years.

Other Invested Assets

The carrying value of our other invested assets by type was as follows at:

	March 31, 2026		December 31, 2025	
	Carrying Value	% of Total	Carrying Value	% of Total
	(Dollars in millions)			
Freestanding derivatives with positive estimated fair values	\$ 8,448	87.8 %	\$ 6,779	85.5 %
Company-owned life insurance	837	8.7	822	10.4
Federal Home Loan Bank stock	217	2.3	217	2.7
Leveraged leases, net of non-recourse debt	61	0.6	60	0.8
Tax credit and renewable energy partnerships	43	0.5	44	0.5
Other	11	0.1	10	0.1
Total	\$ 9,617	100.0 %	\$ 7,932	100.0 %

Derivatives

Derivative Risks

We are exposed to various risks relating to our ongoing business operations, including interest rate, foreign currency exchange rate, credit and equity market risks. We use a variety of strategies to manage these risks, including the use of derivatives.

See Note 8 of the Notes to the Interim Condensed Consolidated Financial Statements for:

- information about the gross notional amount, estimated fair value and primary underlying risk exposure of our derivatives by type of hedge designation, excluding embedded derivatives held at March 31, 2026 and December 31, 2025; and
- the effects of derivatives in cash flow, fair value or non-qualifying hedge relationships on the statements of operations for the three months ended March 31, 2026 and 2025.

See “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Risk Management Strategies” included in our 2025 Annual Report for more information about our hedging strategies. In addition, see “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Results of Operations — Annual Actuarial Review” and “Risk Factors — Risks Related to Our Investment Portfolio — Our investment portfolio is subject to significant financial risks both in the U.S. and global financial markets, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control, the occurrence of any of which could have a material adverse effect on our financial condition and results of operations” included in our 2025 Annual Report.

Fair Value Hierarchy

See Note 9 of the Notes to the Interim Condensed Consolidated Financial Statements for derivatives measured at estimated fair value on a recurring basis and their corresponding fair value hierarchy, as well as a rollforward of the fair value measurements for derivatives measured at estimated fair value on a recurring basis using significant unobservable (Level 3) inputs as discussed below.

The valuation of Level 3 derivatives involves the use of significant unobservable inputs and generally requires a higher degree of management judgment or estimation than the valuations of Level 1 and Level 2 derivatives. Although Level 3 inputs are unobservable, management believes they are consistent with what other market participants would use when pricing such instruments and are considered appropriate given the circumstances. The use of different inputs or methodologies could have a material effect on the estimated fair value of Level 3 derivatives and could materially affect net income.

Derivatives categorized as Level 3 at March 31, 2026 include: credit default swaps priced using unobservable credit spreads, or that are priced through independent broker quotations; and foreign currency swaps with certain unobservable inputs.

Credit Risk

See Note 8 of the Notes to the Interim Condensed Consolidated Financial Statements for information about how we manage credit risk related to derivatives and for the estimated fair value of our net derivative assets and net derivative liabilities after the application of master netting agreements and collateral. See “Risk Factors — Risks Related to Our Investment Portfolio — Our investment portfolio is subject to significant financial risks both in the U.S. and global financial markets, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control, the occurrence of any of which could have a material adverse effect on our financial condition and results of operations” included in our 2025 Annual Report.

Our policy is not to offset the fair value amounts recognized for derivatives executed with the same counterparty under the same master netting agreement. This policy applies to the recognition of derivatives on the balance sheet and does not affect our legal right of offset.

Credit Derivatives

The gross notional amount and estimated fair value of credit default swaps were as follows at:

	March 31, 2026		December 31, 2025	
	Gross Notional Amount	Estimated Fair Value	Gross Notional Amount	Estimated Fair Value
(In millions)				
Written	\$ 1,128	\$ 19	\$ 468	\$ 11

The maximum amount at risk related to our written credit default swaps is equal to the corresponding gross notional amount. In a replication transaction, we pair an asset on our balance sheet with a written credit default swap to synthetically replicate a corporate bond, a core asset holding of life insurance companies. Replications are entered into in accordance with the guidelines approved by state insurance regulators and the NAIC and are an important tool in managing the overall corporate credit risk within the Company. In order to match our long-dated insurance liabilities, we seek to buy long-dated corporate bonds. In some instances, these may not be readily available in the market, or they may be issued by corporations to which we already have significant corporate credit exposure. For example, by purchasing Treasury bonds (or other high-quality assets) and associating them with written credit default swaps on the desired corporate credit name, we can replicate the desired bond exposures and meet our ALM needs. This can expose the Company to changes in credit spreads as the written credit default swap tenor is shorter than the maturity of Treasury bonds.

Embedded Derivatives

See Note 9 of the Notes to the Interim Condensed Consolidated Financial Statements for (i) information about embedded derivatives measured at estimated fair value on a recurring basis and their corresponding fair value hierarchy and (ii) a rollforward of the fair value measurements for net embedded derivatives measured at estimated fair value on a recurring basis using significant unobservable (Level 3) inputs.

See “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Summary of Critical Accounting Estimates — Derivatives” included in our 2025 Annual Report for additional information on the estimates and assumptions that affect embedded derivatives.

Policyholder Liabilities

We establish, and carry as liabilities, actuarially determined amounts that are calculated to meet policy obligations or to provide for future annuity and life insurance benefit payments. Amounts for actuarial liabilities are computed and reported in the financial statements in conformity with GAAP. See “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Summary of Critical Accounting Estimates” and “Management’s Discussion and Analysis of Financial Condition and Results of Operations — Policyholder Liabilities” included in our 2025 Annual Report for more details on policyholder liabilities.

Future Policy Benefits

We establish liabilities for future amounts payable under insurance policies. See Note 3 of the Notes to the Interim Condensed Consolidated Financial Statements.

Policyholder Account Balances

Policyholder account balance liabilities are established for products with an explicit account value and generally equal to the balance accrued to the contract holder, which includes accrued interest credited, but excludes the impact of any applicable charge that may be incurred upon surrender. See Note 3 of the Notes to the Interim Condensed Consolidated Financial Statements.

Market Risk Benefits

We issue certain variable annuity products with guaranteed minimum benefits (“GMxB”) that provide the policyholder a minimum return based on their initial deposit (i.e., the Benefit Base) less withdrawals. In some cases, the Benefit Base may be increased by additional deposits, bonus amounts, accruals or optional market value step-ups. Variable annuity guaranteed benefits are classified as MRBs and measured at fair value. Certain index-linked annuity products may also have GMxBs classified as MRBs. See Note 4 of the Notes to the Interim Condensed Consolidated Financial Statements and “Quantitative and Qualitative Disclosures About Market Risk.”

Select information that management considers relevant to understanding our variable annuity risk management strategy has been included below.

Net Amount at Risk

The net amount at risk (“NAR”) for the guaranteed minimum income benefits (“GMIB”) is the amount (if any) that would be required to be added to the total account value to purchase a lifetime income stream, based on current annuity rates, equal to the minimum amount provided under the guaranteed benefit. This amount represents our potential economic exposure to such guarantees in the event all contract holders were to annuitize on the balance sheet date, even though the guaranteed amount under the contract may not be annuitized until after the waiting period of the contract.

The NAR for the guaranteed minimum withdrawal benefits (“GMWB”) is the amount of guaranteed benefits in excess of the account values (if any) as of the balance sheet date and assumes utilization of benefits by all contract holders as of the balance sheet date. Only a small portion of the Benefit Base is available for withdrawal on an annual basis.

The NAR for the guaranteed minimum accumulation benefits (“GMAB”) is the amount of guaranteed benefits in excess of the account values (if any) as of the balance sheet date and assumes utilization of benefits by all contract holders as of the balance sheet. The NAR for the GMAB is not available until the GMAB maturity date.

The NAR for the guaranteed minimum death benefits (“GMDB”) is the amount of death benefit in excess of the account value (if any) as of the balance sheet date. It represents the amount of the claim we would incur if death claims were made on all contracts on the balance sheet date and includes any additional contractual claims associated with riders purchased to assist with covering income taxes payable upon death.

Our variable annuity account value and NAR by type of GMxB were as follows at:

	March 31, 2026				December 31, 2025			
	Account Value	Death Benefit NAR (1)	Living Benefit NAR (1)	% of Account Value In-the-Money (2)	Account Value	Death Benefit NAR (1)	Living Benefit NAR (1)	% of Account Value In-the-Money (2)
(Dollars in millions)								
GMIB	\$ 27,380	\$ 3,519	\$ 4,460	37.3 %	\$ 29,217	\$ 3,170	\$ 4,086	32.1 %
GMIB Max with EDB (3)	6,538	6,567	1,219	56.3 %	6,758	6,410	1,103	51.6 %
GMIB Max without EDB (3)	3,670	53	380	42.2 %	3,812	49	330	37.3 %
GMWB	18,038	219	350	13.1 %	19,094	140	266	9.0 %
GMAB	141	1	1	11.0 %	162	—	—	0.3 %
GMDB only (other than EDB) (3)	16,180	1,002	—	N/A	17,112	930	—	N/A
EDB only (3)	3,061	1,312	—	N/A	3,166	1,216	—	N/A
Total	<u>\$ 75,008</u>	<u>\$ 12,673</u>	<u>\$ 6,410</u>		<u>\$ 79,321</u>	<u>\$ 11,915</u>	<u>\$ 5,785</u>	

(1) The “Death Benefit NAR” and “Living Benefit NAR” are not additive at the contract level.

(2) In-the-money is defined as any contract with a living benefit NAR in excess of zero.

(3) Enhanced Death Benefit (“EDB”).

Reserves

Under GAAP, variable annuity guarantees are classified as MRBs, measured at estimated fair value, and are reported in market risk benefit assets and liabilities on the consolidated balance sheets, with changes reported in change in market risk benefits on the consolidated statements of operations, except for changes related to nonperformance risk, which are reported in other comprehensive income on the consolidated statements of comprehensive income (loss). Additionally, the index protection and accumulation features of Shield Annuities are accounted for as embedded derivatives, measured at estimated fair value, and are reported in policyholder account balances on the consolidated balance sheets, with changes reported in net derivative gains (losses) on the consolidated statements of operations. The Shield embedded derivative liabilities were valued at \$9.4 billion at March 31, 2026.

Our variable annuity MRBs by type of GMxB were as follows at:

	March 31, 2026	December 31, 2025
	(In millions)	
GMIB	\$ 7,673	\$ 7,298
GMWB	7	5
GMDB	804	745
Total	<u>\$ 8,484</u>	<u>\$ 8,048</u>

The estimated fair value of these guarantees can change significantly due to changes in interest rates, equity indices, market volatility and variations in actuarial assumptions, including policyholder behavior, mortality and risk margins related to non-capital markets inputs, as well as changes in nonperformance risk. See “Risk Factors — Risks Related to Our Business — Differences between actual experience and actuarial assumptions may adversely affect our financial results, capitalization and financial condition” and “Risk Factors — Risks Related to Our Business — Guarantees within certain of our annuity products may decrease our earnings, decrease our capitalization, increase the volatility of our results, result in higher risk management costs and expose us to increased market risk” included in our 2025 Annual Report.

Liquidity and Capital Resources

Our business and results of operations are materially affected by conditions in the global capital markets and the economy generally. Stressed conditions, volatility or disruptions in global capital markets, particular markets or financial asset classes can impact us adversely, in part because we have a large investment portfolio and our insurance liabilities and derivatives are sensitive to changing market factors. Changing conditions in the global capital markets and the economy may affect our financing costs and market interest rates for our debt or equity securities. For further information regarding market factors that could affect our ability to meet liquidity and capital needs, see “— Industry Trends and Uncertainties — Financial and Economic Environment,” as well as “Risk Factors — Economic Environment and Capital Markets-Related Risks” and “Risk Factors — Risks Related to Our Investment Portfolio” included in our 2025 Annual Report.

Liquidity and Capital Management

Based upon our capitalization, expectations regarding maintaining our business mix, ratings and funding sources available to us, we believe we have sufficient liquidity to meet business requirements in current market conditions and certain stress scenarios. BHF’s Board of Directors and senior management are directly involved in the governance of the capital management process, including proposed changes to the annual capital plan and capital targets. We continuously monitor and adjust our liquidity and capital plans in light of market conditions, as well as changing needs and opportunities.

We maintain a substantial short-term liquidity position, which was \$3.9 billion and \$4.3 billion at March 31, 2026 and December 31, 2025, respectively. Short-term liquidity is comprised of cash and cash equivalents and short-term investments, excluding assets that are pledged or otherwise committed. Assets pledged or otherwise committed include amounts received in connection with securities lending, derivatives and assets held on deposit or in trust.

An integral part of our liquidity management includes managing our level of liquid assets, which was \$48.2 billion and \$50.1 billion at March 31, 2026 and December 31, 2025, respectively. Liquid assets are comprised of cash and cash equivalents, short-term investments and publicly-traded securities, excluding assets that are pledged or otherwise committed. Assets pledged or otherwise committed include amounts received in connection with securities lending, funding agreements, derivatives and assets held on deposit or in trust.

The Company

Liquidity

Liquidity refers to our ability to generate adequate cash flows from our normal operations to meet the cash requirements of our operating, investing and financing activities. We determine our liquidity needs based on a rolling 12-month forecast by portfolio of invested assets, which we monitor daily. We adjust the general account asset and derivatives mix and general account asset maturities based on this rolling 12-month forecast. To support this forecast, we conduct cash flow and stress testing, which reflects the impact of various scenarios, including (i) the potential increase in our requirement to pledge additional collateral or return collateral to our counterparties, (ii) a reduction in new business sales, and (iii) the risk of early contract holder and policyholder withdrawals, as well as lapses and surrenders of existing policies and contracts. We include provisions limiting withdrawal rights in many of our products, which deter the customer from making withdrawals prior to the maturity date of the product. If significant cash is required beyond our anticipated liquidity needs, we have various alternatives available depending on market conditions and the amount and timing of the liquidity need. These available alternative sources of liquidity include cash flows from operations, sales of liquid assets and funding sources, including secured funding agreements, unsecured credit facilities and secured committed facilities.

Under certain adverse market and economic conditions, our access to liquidity may deteriorate, or the cost to access liquidity may increase. See “Risk Factors — Economic Environment and Capital Markets-Related Risks — Adverse capital and credit market conditions may significantly affect our ability to meet liquidity needs and our access to capital” in our 2025 Annual Report.

Capital

We manage our capital position to maintain our financial strength and credit ratings. We target a combined risk-based capital (“RBC”) ratio of 400% to 450% in normal market conditions. We believe a ratio at this level in normal markets provides us with sufficient capital to absorb risks associated with stressed market scenarios. In addition, our capital position is supported by our ability to generate cash flows within our insurance subsidiaries, our ability to effectively manage the risks of our businesses and our expected ability to borrow funds and raise additional capital to meet operating and growth needs under a variety of market and economic conditions.

We monitor our debt-to-capital ratio using an average of our key leverage ratios as calculated by A.M. Best, Fitch, Moody’s and S&P, and we aim to maintain a ratio commensurate with our financial strength and credit ratings. As such, we may opportunistically look to pursue additional financing over time, which may include borrowings under credit facilities, the issuance of debt, equity or hybrid securities, the incurrence of term loans, or the refinancing or extinguishment of existing indebtedness. There can be no assurance that we will be able to complete any such financing transactions on terms and conditions favorable to us or at all.

In November 2023, we authorized a \$750 million share repurchase program under which repurchases may be made through open market purchases, including pursuant to Rule 10b5-1 plans or pursuant to accelerated stock repurchase plans, or through privately negotiated transactions, from time to time at management’s discretion in accordance with applicable legal requirements. Common stock repurchases are dependent upon several factors, including our capital position, liquidity, financial strength and credit ratings, general market conditions, the market price of our common stock compared to management’s assessment of the stock’s underlying value and applicable regulatory approvals, as well as other legal and accounting factors.

Pursuant to the Merger Agreement, we have agreed that during the period beginning the date of the Merger Agreement through the earlier of the closing of the Merger and the termination of the Merger Agreement, we will not, without the written consent of Aquarian Parent, pay any dividend or other distribution payable in cash, stock or property with respect to our common stock, or subject to certain exceptions, purchase directly or indirectly any of BHF’s or its subsidiaries’ capital stock or other equity or voting interests of BHF or any of its subsidiaries.

The Merger Agreement permits us to pay periodic cash dividends on our preferred stock not in excess of \$412.50 per share on the 6.600% Non-Cumulative Preferred Stock, Series A (the “Series A Preferred Stock”), \$421.875 per share on the 6.750% Non-Cumulative Preferred Stock, Series B (the “Series B Preferred Stock”), \$335.9375 per share on the 5.375% Non-Cumulative Preferred Stock, Series C (the “Series C Preferred Stock”), and \$289.0625 per share on the 4.625% Non-Cumulative Preferred Stock, Series D (the “Series D Preferred Stock” and, together with the Series A Preferred Stock, the Series B Preferred Stock and the Series C Preferred Stock, the “Preferred Stock”), in each case, per quarter during the period beginning the date of the Merger Agreement through the earlier of the closing of the Merger and the termination of the Merger Agreement, consistent with the per-quarter dividends due under each applicable Certificate of Designations.

Sources and Uses of Liquidity and Capital

Our primary sources and uses of liquidity and capital were as follows at:

	Three Months Ended March 31,	
	2026	2025
(In millions)		
Sources:		
Operating activities, net	\$ —	\$ 146
Investing activities, net	—	563
Changes in policyholder account balances, net	286	—
Changes in payables for collateral under securities loaned and other transactions, net	—	13
Financing element on certain derivative instruments and other derivative related transactions, net	24	—
Total sources	310	722
Uses:		
Operating activities, net	221	—
Investing activities, net	485	—
Changes in policyholder account balances, net	—	833
Changes in payables for collateral under securities loaned and other transactions, net	44	—
Long-term debt repaid	1	—
Dividends on preferred stock	26	26
Treasury stock acquired in connection with share repurchases	—	59
Financing element on certain derivative instruments and other derivative related transactions, net	—	167
Other, net	13	15
Total uses	790	1,100
Net increase (decrease) in cash and cash equivalents	\$ (480)	\$ (378)

Cash Flows from Operating Activities

The principal cash inflows from our insurance activities come from insurance premiums, annuity considerations and net investment income. The principal cash outflows are the result of various annuity and life insurance products, operating expenses and income tax, as well as interest expense. The primary liquidity concern with respect to these cash flows is the risk of early contract holder and policyholder withdrawal.

Cash Flows from Investing Activities

The principal cash inflows from our investment activities come from repayments of principal, proceeds from maturities and sales of investments, as well as settlements of freestanding derivatives. The principal cash outflows relate to purchases of investments and settlements of freestanding derivatives. We typically can have a net cash outflow from investing activities because cash inflows from insurance operations are reinvested in accordance with our ALM discipline to fund insurance liabilities. We closely monitor and manage these risks through our comprehensive investment risk management process. The primary liquidity concerns with respect to these cash flows are the risk of default by debtors and market disruption.

Cash Flows from Financing Activities

The principal cash inflows from our financing activities come from issuances of debt and equity securities, deposits of funds associated with policyholder account balances and lending of securities. The principal cash outflows come from repayments of debt, common stock repurchases, preferred stock dividends, withdrawals associated with policyholder account balances and the return of securities on loan. The primary liquidity concerns with respect to these cash flows are market disruption and the risk of early policyholder withdrawal.

Primary Sources of Liquidity and Capital

In addition to the summary description of liquidity and capital sources discussed in “— Sources and Uses of Liquidity and Capital,” the following additional information is provided regarding our primary sources of liquidity and capital:

Funding Sources

Liquidity is provided by a variety of funding sources, including secured and unsecured funding agreements, unsecured credit facilities and secured committed facilities. Capital is provided by a variety of funding sources, including issuances of debt and equity securities, as well as borrowings under our credit facilities. We maintain a shelf registration statement with the SEC that permits the issuance of public debt, equity and hybrid securities. As a “Well-Known Seasoned Issuer” under SEC rules, our shelf registration statement provides for automatic effectiveness upon filing and has no stated issuance capacity. The diversity of our funding sources enhances our funding flexibility, limits dependence on any one market or source of funds and generally lowers the cost of funds. Our primary funding sources include:

Preferred Stock

See Note 10 of the Notes to the Interim Condensed Consolidated Financial Statements and Note 12 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for information on preferred stock issuances.

Funding Agreements

Brighthouse Life Insurance Company issues funding agreements and uses the proceeds from such issuances for spread lending purposes in connection with our institutional spread margin business or to provide additional liquidity. The institutional spread margin business is comprised of funding agreements issued in connection with the programs described in more detail below. Activity related to these programs is reported in the Corporate & Other segment. See Note 3 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for additional information on funding agreements.

Funding Agreement-Backed Repurchase Agreement Program

In January 2024, Brighthouse Life Insurance Company established a secured funding agreement-backed repurchase agreement program (the “FABR Program”), pursuant to which Brighthouse Life Insurance Company may enter into repurchase agreements with bank counterparties and the proceeds of the repurchase agreements are then used by a special purpose entity to purchase funding agreements from Brighthouse Life Insurance Company.

Funding Agreement-Backed Commercial Paper Program

In July 2021, Brighthouse Life Insurance Company established a funding agreement-backed commercial paper program (the “FABCP Program”) for spread lending purposes, pursuant to which a special purpose limited liability company (the “SPLLC”) may issue commercial paper and deposit the proceeds with Brighthouse Life Insurance Company under a funding agreement issued by Brighthouse Life Insurance Company to the SPLLC. The maximum aggregate principal amount permitted to be outstanding at any one time under the FABCP Program is \$5.0 billion.

Funding Agreement-Backed Notes Program

In April 2021, Brighthouse Life Insurance Company established a funding agreement-backed notes program (the “FABN Program”), pursuant to which Brighthouse Life Insurance Company may issue funding agreements to a special purpose statutory trust for spread lending purposes. The maximum aggregate principal amount permitted to be outstanding at any one time under the FABN Program is \$7.0 billion.

Federal Home Loan Bank Funding Agreements

Brighthouse Life Insurance Company is a member of the Federal Home Loan Bank (“FHLB”) of Atlanta, where it maintains a secured funding agreement program, under which funding agreements may be issued.

Farmer Mac Funding Agreements

Brighthouse Life Insurance Company has a secured funding agreement program with the Federal Agricultural Mortgage Corporation and its affiliate Farmer Mac Mortgage Securities Corporation (“Farmer Mac”) with a term ending on December 1, 2026, pursuant to which the parties may enter into funding agreements in an aggregate amount of up to \$750 million.

Information regarding funding agreements issued for spread lending purposes is as follows:

	Aggregate Principal Amount Outstanding		Issuances		Repayments	
			Three Months Ended March 31,			
	March 31, 2026	December 31, 2025	2026	2025	2026	2025
(In millions)						
FABR Program	\$ 500	\$ 500	\$ —	\$ —	\$ —	\$ —
FABCP Program	2,078	2,254	3,469	2,347	3,644	2,510
FABN Program	2,000	2,000	—	—	—	550
FHLB Funding Agreements	4,200	4,200	1,150	425	1,150	400
Farmer Mac Funding Agreements	500	500	—	—	—	200
Total	<u>\$ 9,278</u>	<u>\$ 9,454</u>	<u>\$ 4,619</u>	<u>\$ 2,772</u>	<u>\$ 4,794</u>	<u>\$ 3,660</u>

Debt Issuances

See Note 11 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for information on debt issuances.

Credit and Committed Facilities

See Note 11 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for information regarding our credit and committed facilities.

We have no reason to believe that our lending counterparties would be unable to fulfill their respective contractual obligations under these facilities. As commitments under our credit and committed facilities may expire unused, these amounts do not necessarily reflect our actual future cash funding requirements.

Our Revolving Credit Facility contains financial covenants, including requirements to maintain a specified minimum adjusted consolidated net worth, to maintain a ratio of total indebtedness to total capitalization not in excess of a specified percentage and that place limitations on the dollar amount of indebtedness that may be incurred by our subsidiaries, which could restrict our operations and use of funds. At March 31, 2026, we were in compliance with these financial covenants.

Primary Uses of Liquidity and Capital

In addition to the summarized description of liquidity and capital uses discussed in “— Sources and Uses of Liquidity and Capital,” the following additional information is provided regarding our primary uses of liquidity and capital:

Common Stock Repurchases

See Note 10 of the Notes to the Interim Condensed Consolidated Financial Statements for information relating to authorizations to repurchase BHF common stock, amounts of common stock repurchased pursuant to such authorizations and the amount remaining under such authorizations at March 31, 2026. See also “Risk Factors — Risks Related to Our Securities — We are not currently permitted to declare and pay dividends on our common stock, and legal restrictions could limit our ability to pay dividends on our capital stock and our ability to repurchase our common stock at the level we wish in the future” included in our 2025 Annual Report.

Preferred Stock Dividends

See Note 10 of the Notes to the Interim Condensed Consolidated Financial Statements for information relating to dividends declared and paid on our preferred stock.

“Dividend Stopper” Provisions in BHF’s Preferred Stock and Junior Subordinated Debentures

Terms applicable to our junior subordinated debentures may restrict our ability to pay interest on those debentures in certain circumstances. Suspension of payments of interest on our junior subordinated debentures, whether required under the relevant indenture or optional, could cause “dividend stopper” provisions applicable under those and other instruments to restrict our ability to pay dividends, if any, on our common stock and repurchase our common stock in various situations, including situations where we may be experiencing financial stress, and may restrict our ability to pay dividends or interest on our preferred stock and junior subordinated debentures as well. Similarly, the terms of our outstanding preferred stock contain restrictions on our ability to repurchase our common stock or pay dividends thereon if we have not fulfilled our dividend obligations under such preferred stock or other preferred securities. In addition, the terms of the agreements governing any preferred stock, debt or other financial instruments that we may issue in the future, may limit or prohibit the payment of dividends on our common stock or preferred stock, or the payment of interest on our junior subordinated debentures.

Debt Repayments, Repurchases, Redemptions and Exchanges

See Note 11 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for information on debt repayments and repurchases, as well as debt maturities and the terms of our outstanding long-term debt.

We may from time to time seek to retire or purchase our outstanding indebtedness through cash purchases or exchanges for other securities, purchases in the open market, privately negotiated transactions or otherwise. Any such repurchases or exchanges will be dependent upon several factors, including our liquidity requirements, contractual restrictions, general market conditions, as well as applicable regulatory, legal and accounting factors. Whether or not we repurchase any debt and the size and timing of any such repurchases will be determined at our discretion.

Insurance Liabilities

Liabilities arising from our insurance activities primarily relate to benefit payments under various annuity and life insurance products, as well as payments for policy surrenders, withdrawals and loans. See “— Primary Sources of Liquidity and Capital — Funding Sources — Funding Agreements” for additional information regarding our institutional spread margin business.

Pledged Collateral

We enter into derivatives to manage various risks relating to our ongoing business operations. We pledge collateral to, and have collateral pledged to us by, counterparties in connection with our derivatives. At March 31, 2026 and December 31, 2025, we pledged \$23 million and \$34 million, respectively, of cash collateral to counterparties. At both March 31, 2026 and December 31, 2025, we were obligated to return cash collateral pledged to us by counterparties of \$1.5 billion. The timing of the return of the derivatives collateral is uncertain. We also pledge collateral from time to time in connection with certain funding agreements.

We receive non-cash collateral from counterparties for derivatives, which can be sold or re-pledged subject to certain constraints, and which is not recorded on our consolidated balance sheets. The amount of this non-cash collateral at estimated fair value was \$2.6 billion and \$3.2 billion at March 31, 2026 and December 31, 2025, respectively.

See Note 8 of the Notes to the Interim Condensed Consolidated Financial Statements for additional information regarding pledged collateral.

Securities Lending

We have a securities lending program that aims to enhance the total return on our investment portfolio, whereby securities are loaned to third parties, primarily brokerage firms and commercial banks. We obtain collateral, usually cash, from the borrower, which must be returned to the borrower when the loaned securities are returned to us. Generally, our securities lending contracts expire within twelve months of issuance. We were liable for cash collateral under our control of \$3.2 billion at both March 31, 2026 and December 31, 2025.

We receive non-cash collateral for securities lending from counterparties, which cannot be sold or re-pledged, and which is not recorded on our consolidated balance sheets. There was no non-cash collateral at both March 31, 2026 and December 31, 2025.

See Note 7 of the Notes to the Interim Condensed Consolidated Financial Statements for further discussion of our securities lending program.

Contingencies, Commitments and Guarantees

We establish liabilities for litigation, regulatory and other loss contingencies when it is probable that a loss has been incurred and the amount of the loss can be reasonably estimated. See Note 13 of the Notes to the Interim Condensed Consolidated Financial Statements for additional information regarding contingencies.

We enter into commitments for the purpose of enhancing the total return on our investment portfolio consisting of commitments to fund partnership investments, bank credit facilities and private corporate bond investments, as well as commitments to lend funds under mortgage loan commitments. We anticipate these commitments could be invested any time over the next five years. See Notes 7 and 13 of the Notes to the Interim Condensed Consolidated Financial Statements for additional information regarding commitments.

In the normal course of our business, we have provided certain indemnities, guarantees and commitments to third parties such that we may be required to make payments now or in the future. See Note 13 of the Notes to the Interim Condensed Consolidated Financial Statements for additional information regarding guarantees.

The Parent Company

Liquidity and Capital

In evaluating liquidity, it is important to distinguish the cash flow needs of the parent company from the cash flow needs of the combined group of companies. BHF is largely dependent on cash flows from its insurance subsidiaries to meet its obligations. Constraints on BHF's liquidity may occur as a result of operational demands or as a result of compliance with regulatory requirements.

Short-term Liquidity and Liquid Assets

At March 31, 2026 and December 31, 2025, BHF and certain of its non-insurance subsidiaries had short-term liquidity of \$659 million and \$763 million, respectively. Short-term liquidity is comprised of cash and cash equivalents and short-term investments, excluding assets that are pledged or otherwise committed. Assets pledged or otherwise committed include assets held in trust.

At March 31, 2026 and December 31, 2025, BHF and certain of its non-insurance subsidiaries had liquid assets of \$862 million and \$911 million, respectively, of which \$827 million and \$868 million, respectively, was held by BHF. Liquid assets are comprised of cash and cash equivalents, short-term investments and publicly-traded securities, excluding assets that are pledged or otherwise committed. Assets pledged or otherwise committed include assets held in trust.

Statutory Capital and Dividends

The NAIC and state insurance departments have established regulations that provide minimum capitalization requirements based on RBC formulas for insurance companies. RBC is based on a formula calculated by applying factors to various asset, premium, claim, expense and statutory reserve items. The formula takes into account the risk characteristics of the insurer, including asset risk, insurance risk, interest rate risk, market risk and business risk and is calculated on an annual basis. The formula is used as an early warning regulatory tool to identify possible inadequately capitalized insurers for purposes of initiating regulatory action, and not as a means to rank insurers generally. State insurance laws provide insurance regulators the authority to require various actions by, or take various actions against, insurers whose total adjusted capital ("TAC") does not meet or exceed the amounts required to attain certain RBC levels. As of the date of the most recent annual statutory financial statements filed with insurance regulators, the TAC of each of our insurance subsidiaries subject to these requirements was in excess of the amounts required to attain each of those RBC levels.

The amount of dividends that our insurance subsidiaries can ultimately pay to BHF through their various parent entities provides an additional margin for risk protection and investment in our businesses. Such dividends are constrained by the amount of surplus our insurance subsidiaries hold to maintain their ratings, which is generally higher than minimum RBC requirements. We proactively take actions to maintain capital consistent with these ratings objectives, which may include adjusting dividend amounts and deploying financial resources from internal or external sources of capital. Certain of these activities may require regulatory approval. Furthermore, the payment of dividends and other distributions by our insurance subsidiaries is governed by the insurance laws and regulations of the states where they are domiciled. Any payment of dividends by Brighthouse Life Insurance Company in 2026 would be subject to Delaware Department of Insurance approval. See Note 12 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for additional information regarding the applicable dividend restrictions and certain

of our subsidiaries' ordinary dividend capacity, as well as the circumstances under which regulatory approval would be required.

Primary Sources and Uses of Liquidity and Capital

The principal sources of funds available to BHF include distributions from Brighthouse Holdings, LLC ("BH Holdings"), dividends and returns of capital from its insurance subsidiaries and BRCD, capital markets issuances, as well as its own cash and cash equivalents and short-term investments. These sources of funds may also be supplemented by alternate sources of liquidity either directly or indirectly through our insurance subsidiaries. For example, we have established internal liquidity facilities to provide liquidity within and across our regulated and non-regulated entities to support our businesses.

The primary uses of liquidity of BHF include debt-service obligations (including interest expense and debt repayments), preferred stock dividends, capital contributions to subsidiaries and payment of general operating expenses. Based on our analysis and comparison of our current and future cash inflows from the dividends we receive from subsidiaries that are permitted to be paid without prior insurance regulatory approval, our investment portfolio and other cash flows and anticipated access to the capital markets, we believe there will be sufficient liquidity and capital to enable BHF to make payments on debt, pay preferred stock dividends, contribute capital to its subsidiaries, pay all general operating expenses and meet its cash needs.

In connection with the separation from MetLife, Inc. (together with its subsidiaries and affiliates, "MetLife"), the Company entered into a tax receivables agreement (the "Tax Receivables Agreement") with MetLife. In connection with the Tax Receivables Agreement, the Company has a payable to MetLife of \$328 million at both March 31, 2026 and December 31, 2025 reported in other liabilities, which would be accelerated upon closing of the Merger. See Note 15 of the Notes to the Consolidated Financial Statements included in our 2025 Annual Report for additional information regarding income tax agreements.

In addition to the liquidity and capital sources discussed in "— The Company — Primary Sources of Liquidity and Capital" and "— The Company — Primary Uses of Liquidity and Capital," the following additional information is provided regarding BHF's primary sources and uses of liquidity and capital:

Distributions from and Capital Contributions to BH Holdings

During both the three months ended March 31, 2026 and 2025, BHF did not receive any cash distributions from BH Holdings and did not make any cash capital contributions to BH Holdings.

Short-term Intercompany Loans

BHF, as borrower, has a short-term intercompany loan agreement with certain of its non-insurance subsidiaries, as lenders, for the purposes of facilitating the management of the available cash of the borrower and the lenders on a short-term and consolidated basis. Such intercompany loan agreement allows management to optimize the efficient use of and maximize the yield on cash between BHF and its subsidiary lenders. Each loan entered into under this intercompany loan agreement has a term not more than 364 days and bears interest on the unpaid principal amount at a variable rate, payable monthly. During the three months ended March 31, 2026 and 2025, BHF borrowed \$108 million and \$185 million, respectively, from certain of its non-insurance subsidiaries and repaid \$117 million and \$227 million of such borrowings during the three months ended March 31, 2026 and 2025, respectively. At March 31, 2026 and December 31, 2025, BHF had total obligations outstanding of \$436 million and \$445 million, respectively, under such agreements.

Intercompany Liquidity Facilities

BHF has established intercompany liquidity facilities with certain of its insurance and non-insurance subsidiaries to provide short-term liquidity within and across the combined group of companies. Under these facilities, which are comprised of a series of revolving loan agreements among BHF and its participating subsidiaries, each company may lend to or borrow from each other, subject to certain maximum limits for a term of up to 364 days, depending on the agreement. During both the three months ended March 31, 2026 and 2025, there were no borrowings or repayments by BHF under these facilities and, at both March 31, 2026 and December 31, 2025, BHF had no obligations outstanding under such facilities.

Note Regarding Forward-Looking Statements

This report and other oral or written statements that we make from time to time may contain information that includes or is based upon forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve substantial risks and uncertainties. We have tried, wherever possible, to identify such statements using words such as “anticipate,” “estimate,” “expect,” “project,” “may,” “will,” “could,” “intend,” “goal,” “target,” “guidance,” “forecast,” “preliminary,” “objective,” “continue,” “aim,” “plan,” “believe” and other words and terms of similar meaning, or that are tied to future periods, in connection with a discussion of future operating or financial performance. In particular, these include, without limitation, statements relating to future actions, prospective services or products, financial projections, future performance or results of current and anticipated services or products, sales efforts, expenses, the outcome of contingencies such as legal proceedings, as well as trends in operating and financial results.

Any or all forward-looking statements may turn out to be wrong. They can be affected by inaccurate assumptions or by known or unknown risks and uncertainties. Many such factors will be important in determining the actual future results of Brighthouse Financial. These statements are based on current expectations and the current economic environment and involve a number of risks and uncertainties that are difficult to predict. These statements are not guarantees of future performance. Actual results could differ materially from those expressed or implied in the forward-looking statements due to a variety of known and unknown risks, uncertainties and other factors. Although it is not possible to identify all of these risks and factors, they include, among others:

- our ability to complete the Merger in the timeframe or manner currently anticipated or at all, including due to a failure to obtain the regulatory approvals required for the closing of the Merger or the occurrence of any event, change or other circumstance that could give rise to the right of one or both of the parties to terminate the Merger Agreement;
- the effect of the pendency of the Merger on our ongoing business and operations, including disruption to our business relationships, the diversion of management’s attention from ongoing business operations and opportunities, or the outcome of any legal proceedings that may be instituted against Aquarian Parent or BHF following announcement of the Merger;
- restrictions on the conduct of our business prior to the closing of the Merger and on our ability to pursue alternatives to the Merger;
- the possibility that the Merger may be more expensive to complete than anticipated, including as a result of unexpected factors or events;
- differences between actual experience and actuarial assumptions and the effectiveness of our actuarial models;
- higher risk management costs and exposure to increased market risk due to guarantees within certain of our products;
- the effectiveness of our risk management strategy and the impacts of such strategy on volatility in our profitability measures and the negative effects on our statutory capital;
- material differences between actual outcomes and the sensitivities calculated under certain scenarios that we may utilize in connection with our risk management strategies;
- the impact of interest rates on our future ULISG policyholder obligations and net income volatility;
- the potential material adverse effect of changes in accounting standards, practices or policies applicable to us;
- loss of business and other negative impacts resulting from a downgrade or a potential downgrade in our financial strength or credit ratings;
- the availability of reinsurance and the ability of the counterparties to our reinsurance or indemnification arrangements to perform their obligations thereunder;
- heightened competition, including with respect to service, product features, product mix, scale, price, actual or perceived financial strength, claims-paying ratings, credit ratings, e-business capabilities and name recognition;
- our ability to market and distribute our products through distribution channels and maintain relationships with key distribution partners;
- any failure of third parties to provide services we need, any failure of the practices and procedures of such third parties and any inability to obtain information or assistance we need from third parties;

- the ability of our subsidiaries to pay dividends to us, and our ability to pay dividends to our shareholders and repurchase our common stock;
- the risks associated with climate change;
- the adverse impact of public health crises, extreme mortality events or similar occurrences on our business and the economy in general;
- the impact of adverse capital and credit market conditions, including with respect to our ability to meet liquidity needs and access capital;
- the impact of economic conditions in the capital markets and the U.S. and global economy, as well as geopolitical events, tariffs imposed or threatened by the U.S. or foreign governments, military actions or catastrophic events, on our profitability measures as well as our investment portfolio, including on realized and unrealized losses and impairments, net investment spread and net investment income;
- the financial risks that our investment portfolio is subject to, including credit risk, interest rate risk, inflation risk, market valuation risk, liquidity risk, real estate risk, derivatives risk, and other factors outside our control;
- the impact of changes in regulation and in supervisory and enforcement policies or interpretations thereof on our insurance business or other operations;
- the potential material negative tax impact of potential future tax legislation that could make some of our products less attractive to consumers or increase our tax liability;
- the effectiveness of our policies, procedures and processes in managing risk;
- the loss or disclosure of confidential information, damage to our reputation and impairment of our ability to conduct business effectively as a result of any failure in cyber- or other information security systems;
- whether all or any portion of the tax consequences of our separation from MetLife are not as expected, leading to material additional taxes or material adverse consequences to tax attributes that impact us; and
- other factors described in this report and from time to time in documents that we file with the SEC.

For the reasons described above, we caution you against relying on any forward-looking statements, which should also be read in conjunction with the other cautionary statements included and the risks, uncertainties and other factors identified in our 2025 Annual Report, particularly in the sections entitled “Risk Factors” and “Quantitative and Qualitative Disclosures About Market Risk,” as well as in our other subsequent filings with the SEC. Further, any forward-looking statement speaks only as of the date on which it is made, and we undertake no obligation to update or revise any forward-looking statement to reflect events or circumstances after the date on which the statement is made or to reflect the occurrence of unanticipated events, except as otherwise may be required by law.

Corporate Information

We routinely use our Investor Relations website to provide presentations, press releases, our insurance subsidiaries’ statutory filings, and other information that may be deemed important or material to investors. Accordingly, we encourage investors and others interested in the Company to review the information that we share at <http://investor.brighthousefinancial.com>. In addition, our Investor Relations website allows interested persons to sign up to automatically receive e-mail alerts when we make filings with the SEC. Information contained on or connected to any website referenced in this report or any of our other filings with the SEC is not incorporated by reference in this report or in any other report or document we file with the SEC, and any website references are intended to be inactive textual references only unless expressly noted.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

We have exposure to market risk through our insurance operations and general account investment activities. For purposes of this discussion, “market risk” is defined as changes in estimated fair value resulting from changes in interest rates, equity market prices, credit spreads and foreign currency exchange rates. We regularly analyze our market risk exposure. As a result of that analysis, we have determined that the estimated fair values of certain assets and liabilities are significantly exposed to changes in interest rates, and to a lesser extent, to changes in equity market prices and foreign currency exchange rates. We may have additional financial impacts other than changes in estimated fair value, which are beyond the scope of this discussion. A description of our market risk exposures may be found under “Quantitative and Qualitative Disclosures About Market Risk” in our 2025 Annual Report.

There have been no material changes to our market risk exposures from the market risk exposures previously disclosed in our 2025 Annual Report.

Item 4. Controls and Procedures

Management, with the participation of the Chief Executive Officer and the Chief Financial Officer, has evaluated the effectiveness of the design and operation of the Company's disclosure controls and procedures as defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended ("Exchange Act"), as of the end of the period covered by this report. Based on that evaluation, the Chief Executive Officer and the Chief Financial Officer have concluded that these disclosure controls and procedures were effective as of March 31, 2026.

MetLife provides certain services to the Company through services agreements, some of which are on a transitional basis. The Company continues to change business processes, implement systems and establish new third-party arrangements. We consider these in aggregate to be material changes in our internal control over financial reporting.

Other than as noted above, there were no changes to the Company's internal control over financial reporting (as defined in Rules 13a-15(f) and 15d-15(f) under the Exchange Act) that occurred during the quarter ended March 31, 2026 that have materially affected, or are reasonably likely to materially affect, these internal controls over financial reporting.

Part II — Other Information

Item 1. Legal Proceedings

See Note 13 of the Notes to the Interim Condensed Consolidated Financial Statements.

Item 1A. Risk Factors

We discuss in this report, in our 2025 Annual Report and in our other filings with the SEC, various risks that may materially affect our business. In addition, see "Management's Discussion and Analysis of Financial Condition and Results of Operations — Note Regarding Forward-Looking Statements" included herein. There have been no material changes to our risk factors from the risk factors previously disclosed in our 2025 Annual Report.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds

Issuer Purchases of Equity Securities

On November 16, 2023, BHF's Board of Directors authorized the repurchase of up to \$750 million of BHF's common stock, which does not have an expiration date. Repurchases made under such authorization may be made through open market purchases, including pursuant to Rule 10b5-1 plans or pursuant to accelerated stock repurchase plans, or through privately negotiated transactions, from time to time at management's discretion in accordance with applicable legal requirements. The Company did not repurchase any shares of its common stock during the first quarter of 2026. In addition, pursuant to the Merger Agreement, we have agreed that during the period beginning the date of the Merger Agreement through the earlier of the closing of the Merger and the termination of the Merger Agreement, we will not, subject to certain exceptions, purchase directly or indirectly any of BHF's or its subsidiaries' capital stock or other equity or voting interests of BHF or any of its subsidiaries. At March 31, 2026, BHF had \$441 million remaining under its common stock repurchase program. See "Risk Factors — Risks Related to Our Securities — We are not currently permitted to declare and pay dividends on our common stock, and legal restrictions could limit our ability to pay dividends on our capital stock and our ability to repurchase our common stock at the level we wish in the future" included in our 2025 Annual Report, as well as "Management's Discussion and Analysis of Financial Condition and Results of Operations — Liquidity and Capital Resources — The Company — Capital," "Management's Discussion and Analysis of Financial Condition and Results of Operations — Liquidity and Capital Resources — The Company — Primary Uses of Liquidity and Capital — Common Stock Repurchases" and Note 10 of the Notes to the Interim Condensed Consolidated Financial Statements for more information on common stock repurchases.

Item 5. Other Information

Director and Officer Rule 10b5-1 Plans

During the three months ended March 31, 2026, none of the Company's directors or officers (as defined in Rule 16a-1(f) of the Exchange Act) adopted or terminated a Rule 10b5-1 trading arrangement or non-Rule 10b5-1 trading arrangement (as such terms are defined in Item 408 of Regulation S-K of the Securities Act of 1933, as amended).

Item 6. Exhibits

(Note Regarding Reliance on Statements in Our Contracts: In reviewing the agreements included as exhibits herein, please remember that they are included to provide you with information regarding their terms and are not intended to provide any other factual or disclosure information about Brighthouse Financial, Inc. and its subsidiaries or affiliates or the other parties to the agreements. The agreements contain representations and warranties by each of the parties to the applicable agreement. These representations and warranties have been made solely for the benefit of the other parties to the applicable agreement and (i) should not in all instances be treated as categorical statements of fact, but rather as a way of allocating the risk to one of the parties if those statements prove to be inaccurate; (ii) have been qualified by disclosures that were made to the other party in connection with the negotiation of the applicable agreement, which disclosures are not necessarily reflected in the agreement; (iii) may apply standards of materiality in a way that is different from what may be viewed as material to investors; and (iv) were made only as of the date of the applicable agreement or such other date or dates as may be specified in the agreement and are subject to more recent developments. Accordingly, these representations and warranties may not describe the actual state of affairs as of the date they were made or at any other time. Additional information about Brighthouse Financial, Inc. and its subsidiaries and affiliates may be found elsewhere herein and in Brighthouse Financial, Inc.'s other public filings, which are available without charge through the U.S. Securities and Exchange Commission website at www.sec.gov.)

Exhibit No.	Description
10.1*#	Form of Restricted Stock Unit Agreement (Employee Plan) for awards with ratable vesting, as amended March 1, 2026 (replaces and updates Exhibit 10.12 to our Annual Report on Form 10-K, filed on February 24, 2026 (our "2025 Annual Report")) .
10.2*#	Form of Restricted Stock Unit Agreement (Employee Plan) for awards with cliff vesting, as amended March 1, 2026 (replaces and updates Exhibit 10.13 to our 2025 Annual Report) .
10.3*#	Award Agreement Supplement (Employee Plan) for awards with ratable vesting, cliff vesting and Performance Share Unit and Restricted Stock Unit awards granted in 2026, as amended March 1, 2026 (replaces and updates Exhibits 10.17, 10.18 and 10.19 to our 2025 Annual Report) .
31.1*	Certification of Chief Executive Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
31.2*	Certification of Chief Financial Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1**	Certification of Chief Executive Officer pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
32.2**	Certification of Chief Financial Officer pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
101.INS*	XBRL Instance Document - the instance document does not appear in the Interactive Data File because its XBRL tags are embedded within the Inline XBRL document.
101.SCH*	Inline XBRL Taxonomy Extension Schema Document.
101.CAL*	Inline XBRL Taxonomy Extension Calculation Linkbase Document.
101.LAB*	Inline XBRL Taxonomy Extension Label Linkbase Document.
101.PRE*	Inline XBRL Taxonomy Extension Presentation Linkbase Document.
101.DEF*	Inline XBRL Taxonomy Extension Definition Linkbase Document.
104*	The cover page of Brighthouse Financial, Inc.'s Quarterly Report on Form 10-Q for the quarter ended March 31, 2026, formatted in Inline XBRL (included within the Exhibit 101 attachments).

* Filed herewith.

** Furnished herewith.

Denotes management contracts or compensation plans or arrangements.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

BRIGHTHOUSE FINANCIAL, INC.

By: /s/ Edward A. Spehar

Name: Edward A. Spehar

Title: Executive Vice President and Chief Financial Officer

(Duly Authorized Officer and Principal Financial Officer)

Date: May 7, 2026

RESTRICTED STOCK UNIT AGREEMENT
(Ratable Vesting)

Brighthouse Financial, Inc. confirms that, on **/\$GrantDate\$** (the “Grant Date”), it granted you, **/\$ParticipantName\$**, **/\$AwardsGranted\$** Restricted Stock Units. Your Restricted Stock Units are subject to the terms and conditions of the Brighthouse Financial, Inc. Amended and Restated 2017 Stock and Incentive Compensation Plan and this Restricted Stock Unit Agreement (this “Agreement”), which includes the Award Agreement Supplement (the “Supplement”). Please note that the Supplement includes terms for forfeiture of your Restricted Stock Units under some circumstances.

Standard Terms.

(a) These terms are the “Standard Terms” and will apply to your Restricted Stock Units except in so far as Sections S-1 (“Change of Status”), S-2 (“Change of Control”), or S-14 (“Restrictive Covenants”) of the Supplement apply. If Shares are paid to you, you will receive evidence of ownership of those Shares.

(b) The Period of Restriction for your Restricted Stock Units will end in stages on the first business day in March on or following each of the first three anniversaries of the Grant Date. Each portion of your Restricted Stock Units subject to a different Period of Restriction shall be referred to as a “Unit Tranche” and during its Period of Restriction as an “Outstanding Unit Tranche.” The Period of Restriction for one-third (1/3rd) of your Restricted Stock Units (rounding down to the nearest whole number of Restricted Stock Units, the “First Unit Tranche”) will begin on the Grant Date and end on the first business day in March on or following the first anniversary of the Grant Date. The Period of Restriction for one-third (1/3rd) of your Restricted Stock Units (rounding down to the nearest whole number of Restricted Stock Units, the “Second Unit Tranche”) will begin on the Grant Date and end on the first business day in March on or following the second anniversary of the Grant Date. The Period of Restriction for each of your Restricted Stock Units not included in either the First or the Second Unit Tranches (the “Third Unit Tranche”) will begin on the Grant Date and end on the first business day in March on or following the third anniversary of the Grant Date.

(c) Each Unit Tranche will be due and payable in the form of Shares after the conclusion of the Period of Restriction applicable to that Unit Tranche, at the time specified in Section S-7 (“Timing of Payment”).

IN WITNESS WHEREOF, Brighthouse Financial, Inc. has caused this Agreement to be offered to you, and you have accepted this Agreement by the electronic means made available to you.

RESTRICTED STOCK UNIT AGREEMENT
(3-year Cliff Vesting)

Brighthouse Financial, Inc. (the “Company”) confirms that, on **/ \$GrantDate\$ /** (the “Grant Date”), it granted you, **/ \$ParticipantName\$ /**, **/ \$AwardsGranted\$ /** Restricted Stock Units.

Your Restricted Stock Units are subject to the terms and conditions of the Brighthouse Financial, Inc. Amended and Restated 2017 Stock and Incentive Compensation Plan and this Restricted Stock Unit Agreement (this “Agreement”), which includes the Award Agreement Supplement (the “Supplement”). Please note that the Supplement includes terms for forfeiture of your Restricted Stock Units under certain circumstances.

These are the “Standard Terms” referenced in the Supplement and will apply to your Restricted Stock Units except in so far as Supplement Sections S-1 (“Change of Status”), S-2 (“Change of Control”), or S-14 (“Restrictive Covenants”) apply. If Shares are paid to you, you will receive evidence of ownership of those Shares.

The Period of Restriction for your Restricted Stock Units will begin on the Grant Date and end on the first business day following the third anniversary of the Grant Date.

Restricted Stock Units will be due and payable, net of any necessary tax withholding, in the form of Shares after the conclusion of the Period of Restriction, at the time specified in Supplement Section S-7 (“Timing of Payment”).

IN WITNESS WHEREOF, Brighthouse Financial, Inc. has caused this Agreement to be offered to you, and you have accepted this Agreement by the electronic means made available to you.

AWARD AGREEMENT SUPPLEMENT

This Award Agreement Supplement (this “Supplement”) provides terms that are part of your Award Agreement (the “Agreement”) under the Brighthouse Financial, Inc. Amended and Restated 2017 Stock and Incentive Compensation Plan (the “AR 2017 Plan”). In this Supplement, “Award” refers to the Performance Shares, Restricted Stock Units, Stock Options, Performance Units, or Restricted Units, that are the subject of the Award Agreement. All capitalized terms used in this document that are not defined herein are defined in the AR 2017 Plan document.

S-1. Change of Status.

(a) The terms of this Section S-1 describe how various events affect your Covered Award, subject to Sections S-14(b) (“Non-Disparagement”), S-14(c) (“Violation of Agreement to Protect”), and S-14(d) (“Restrictions Applicable to Insiders and Section 16 Officers”). “Covered Award” shall refer to:

- (1) your unexercised Stock Options;
- (2) your Restricted Stock Units or Restricted Units during their Period of Restriction (Outstanding Unit Tranches during their Period of Restriction, in the case of Restricted Stock Units or Restricted Units divided into Unit Tranches); or
- (3) your Performance Shares or Performance Units during their Performance Period.

(b) For purposes of this Section S-1, your transfer between the Company and an Affiliate, or among Affiliates, will not be a termination of employment, but any other termination of employment with the Company or any of its Affiliates (including the end of your employer’s status as an Affiliate) will be a termination of employment. The terms of this Section S-1 shall apply as provided, except as otherwise determined by the Committee. Any payment will be made at the time specified in Section S-7 (“Timing of Payment”).

(c) Long-Term Disability. In the event you qualify for long-term disability benefits under a plan or arrangement offered by the Company or an Affiliate for its Employees, or under another plan or under another disability insurance policy issued to you provided that you can prove the existence of such coverage and that you are receiving long-term disability payments from the carrier that issued the coverage, then the Standard Terms will continue to apply to your Covered Award. Once this Section S-1(c) applies, then none of Section S-1(d) (“Death”), Section S-1(e) (“Post-Employment Award Continuation”), Section S-1(g) (“Involuntary Termination by the Company without Cause”) or Section S-1(h) (“Other Termination of Employment”) will apply to your Covered Award, even if you subsequently return to active service. Section 2(f) (“Termination for Cause”) will continue to apply to your Covered Award, and will supersede the terms of this Section S-1(c).

(d) Death. In the event that your employment with the Company or an Affiliate terminates due to your death:

- (1) all of your Stock Options in your Covered Award will be immediately exercisable and will remain exercisable through the end of the period provided by the Standard Terms;

(2) any other Covered Award payable in Shares under the Standard Terms will be due and payable in the form of Shares (or cash at a value equal to the number of Shares otherwise payable under the Covered Award multiplied by Closing Price on the date of your death, if so determined by the Committee), without multiplication by any Final Performance Factor that might be applicable under the Standard Terms (in the case of Performance Shares or Performance Units); and

(3) any other Covered Award payable in cash under the Standard Terms will be due and payable in cash at a value equal to the number of units in the Covered Award multiplied by the Closing Price on the date of your death.

(e) Post-Employment Award Continuation.

(1) If your employment with the Company or an Affiliate terminates (other than for Cause) on or after your Rule of 65 Date, as defined below, then the Standard Terms will continue to apply to your Covered Award as if you remained in active employment.

(2) For this purpose:

a. the “Rule of 65 Date” means the date that the sum of your total completed years of age plus total Service is equal to or greater than sixty-five (65), so long as your Service (as defined below) is equal to or greater than five (5); and

b. “Service” means the aggregate number of completed years of employment with MetLife, the Company and its Affiliates (solely during your employer’s status as an Affiliate), as conclusively determined by the Company without regard to any later determinations or findings regarding your employment status by any third party.

(f) Termination for Cause. In the event that your employment with the Company or an Affiliate terminates for Cause, your Covered Award will be forfeited immediately.

(g) Involuntary Termination by the Company without Cause. In the event that your employment with the Company or an Affiliate is involuntarily terminated by the Company or such Affiliate without Cause, provided that you execute and do not revoke a separation agreement and release as offered to you by the Company within the time period(s) specified in the separation agreement, then the Standard Terms will continue to apply to your Covered Award as if you remained in active employment.

(h) Other Termination of Employment. If none of Sections S-1(c) (“Long Term Disability”), (d) (“Death”), (e) (“Post-Employment Award Continuation”), (f) (“Termination for Cause”), or (g) (“Involuntary Termination by the Company without Cause”) applies, then:

(1) your Stock Options or Option Units in your Covered Award that are exercisable as of your date of termination will remain exercisable until the close of business on the thirtieth (30th) calendar day after the date of the termination of your employment or until they would expire under the Standard Terms, whichever period is shorter, and all of your Stock Options in your Covered Award that are not exercisable at the date of termination of your employment will be forfeited immediately upon your termination of employment;

(2) your Outstanding Unit Tranches in your Covered Award (in the case of Restricted Stock or Restricted Stock Units divided into Unit Tranches) will be forfeited immediately upon your termination of employment;

(3) your Restricted Stock Units or Restricted Units in your Covered Award that are not divided into Outstanding Unit Tranches will be forfeited immediately upon your termination of employment; and

(4) your Performance Shares or Performance Units in your Covered Award will be forfeited immediately upon your termination of employment.

S-2. Change of Control.

The terms of this Section S-2 describe how a Change of Control will affect your Covered Award. If a Change of Control occurs prior to any of the events described in Section S- 1, or, unless the Change in Control does not constitute a change in ownership or effective control, or a change in the ownership of a substantial portion of the assets, of the Company for purposes of Section 409A, subsequent to the events described in Section S-1(c) (“Long Term Disability”), Section S-1(e) (“Post-Employment Award Continuation”) or Section S-1(g) (“Involuntary Termination by the Company without Cause”), this Section S-2 will supersede the terms of Section S-1. If any of the events described in the provisions of Section S-1(d) (“Death”), Section S-1(f) (“Termination for Cause”), or Section S-1(h) (“Other Termination of Employment”) occurs prior to a Change of Control, the applicable terms of Section S-1 will supersede the terms of this Section S-2.

(a) The terms of Section S-2(b) below will not apply to your Covered Award if (i) the Committee reasonably determines in good faith, prior to the Change of Control, that you have been granted an Alternative Award for your Covered Award pursuant to Section 14.1 of the AR 2017 Plan or (ii) your Covered Award is canceled and converted into a Converted Cash Award pursuant to Section S-2(c) below; provided that no Alternative Award may be granted in respect of any Award (i) following the events described in Section S-1(c) (“Long Term Disability”) or Section S-1(g) (“Involuntary Termination by the Company without Cause”) or (ii) after satisfying the Rule of 65 Date set forth in Section S-1(e) (“Post-Employment Award Continuation”) if granting such Alternative Award would result in a violation of Section 409A. In the event that you receive an Alternative Award and your employment is involuntarily terminated without Cause or Constructively Terminated (as defined in the AR 2017 Plan) following the Change of Control, your Alternative Award shall be treated as follows: (1) all of your Stock Options in your Alternative Award will be immediately exercisable and will remain exercisable through the end of the period provided by the Standard Terms; (2) any other Alternative Award payable in Shares will be due and payable in cash at a value equal to the number of Shares otherwise payable under the Alternative Award multiplied by the Closing Price on the date of your termination of employment, without multiplication by any Final Performance Factor that might be applicable (in the case of Alternative Awards issued in respect of Performance Shares or Performance Units); and (3) any other Alternative Award payable in cash will be due and payable in cash at a value equal to the number of units in the Alternative Award multiplied by the Closing Price on the date of your termination of employment. Any such Alternative Award shall not accelerate the timing of payment or otherwise violate Code Section 409A; provided, that, in the event that your employment is involuntarily terminated without Cause or Constructively Terminated (as defined in the AR 2017 Plan) upon or within two (2)

years following a Change of Control that is a “change of control” as defined under Code Section 409A, payment will be made at the time specified in Section S-7 (“Timing of Payment”).

(b) Except as provided in Section S-2(a) above, and unless otherwise prohibited under law or by applicable rules of a national security exchange, if a Change of Control occurs:

(1) all of your Stock Options in your Covered Award will be immediately exercisable and will remain exercisable through the end of the period provided by the Standard Terms, unless the Committee elects to redeem your Stock Options for a cash payment equal to the Change of Control Price less the Exercise Price, multiplied by the number of exercisable Stock Options that you have not yet exercised; and

(2) any other Covered Award payable in Shares will be due and payable in the form of cash at a value equal to the number of Shares or units in the Covered Award multiplied by the Change of Control Price without multiplication by any Final Performance Factor that might be applicable under the Standard Terms (in the case of Performance Shares or Performance Units).

(c) Capitalized terms used in this Section S-2(c) and not defined elsewhere in this Supplement have the meanings given to them in the Agreement and Plan of Merger, dated as of November 6, 2025, among the Company, Aquarian Holdings VI L.P. and the other parties thereto (the “Merger Agreement”). Notwithstanding anything in the Plan or this Supplement to the contrary, subject to and conditioned on the occurrence of the Closing, at the Effective Time, each unpaid Unit Tranche of your Award that consists of Restricted Stock Units granted on or after the date of the Merger Agreement shall be canceled and converted into a contingent right to receive an amount in cash, without interest, equal to (x) the Merger Consideration *multiplied by* (y) the number of Shares subject to such Unit Tranche as of immediately prior to the Effective Time (a “Converted Cash Award”). Each Converted Cash Award shall be subject to the same Period of Restriction and other vesting-related terms as the Unit Tranche from which it was converted. If your employment is involuntarily terminated without Cause or Constructively Terminated, or your employment terminates under other circumstances (other than for Cause) on or after your Rule of 65 Date, the Standard Terms will continue to apply to your Converted Cash Award as if you remained in active employment through the end of the applicable Period of Restriction; provided that, in the event that your employment is involuntarily terminated without Cause or Constructively Terminated upon or within two (2) years following the Effective Time, your award will become due and payable at the time or times specified in Section S-7 (“Timing of Payment”).

S-3. Nontransferability of Award. Except as provided in Section S-4, the AR 2017 Plan or as otherwise permitted by the Committee, you may not sell, transfer, pledge, assign or otherwise alienate or hypothecate any of your Award, and all rights with respect to your Award are exercisable during your lifetime only by you.

S-4. Payment to Estate or Beneficiary Designation. You may name one or more beneficiary or beneficiaries who may then exercise any right under this Agreement in the event of your death. Each beneficiary designation for such purpose will revoke all such prior designations. Beneficiary designations must be properly completed on a form prescribed by the Committee and must be filed with the Company during your lifetime. If you have not designated a beneficiary at the time of your death, then the beneficiary shall be the individual named as the beneficiary for your employer provided life insurance coverage. If there is no beneficiary for

employer provided life insurance coverage for any reason, then the beneficiary shall be your estate.

S-5. Tax Withholding. The Company or an Affiliate shall deduct or withhold, or require you to remit to the Company or any Affiliate, amounts it determines are sufficient to satisfy federal, state and local taxes, domestic or other (including your FICA or other employment tax obligations or tax penalties that can be assessed against you, including but not limited to those under Code Section 409A) that the Company or any Affiliate determines is required by law or regulation to be withheld with or respect to any taxable event arising or as a result of your Award or the application of the AR 2017 Plan to your Award. To satisfy these withholding requirements, the Company or an Affiliate may withhold amounts from payment made under this Agreement, or from other payments due to you to the extent permissible under law. The Company will defer payment of cash or the issuance of Shares, as applicable, until this requirement is satisfied. To the extent Shares are payable to you under your Award and you are an executive officer subject to Section 16 of the Exchange Act, you may direct the Company to satisfy the withholding requirement by withholding Shares otherwise issuable to you based on the Fair Market Value of a Share on the date the taxable event with respect to your Award occurs. To the extent Shares are payable to you under your Award and you are not an executive officer subject to Section 16, the Company may elect to satisfy the withholding requirement by withholding Shares otherwise issuable based on the Fair Market Value of a Share on the date the taxable event with respect to your Award occurs.

S-6. Adjustments. The Committee will make appropriate adjustments in the terms and conditions of your Award as provided in Section 4.2 of the AR 2017 Plan, and may make adjustments in the terms and conditions of your Award as provided in Section 15.2 of the AR 2017 Plan. The Committee's determinations in this regard will be conclusive.

S-7. Timing of Payment.

(a) To the extent applicable, this Agreement is intended to comply with Code Section 409A and shall be interpreted accordingly.

(b) For Awards that are Stock Options, Shares will be paid to you upon your exercise of any of your Stock Options, except where Section S-2(b) applies, the Company will pay you cash upon redemption of the Stock Options.

(c) For Awards other than Stock Options:

(1) If payment is due and payable for Awards that are Restricted Stock Units or Restricted Units (including Unit Tranches) under the Standard Terms, payment will be made on or following the date the applicable Period of Restriction ends but no later than the end of the calendar year in which the applicable Period of Restriction ends. If payment is due and payable for Awards that are Performance Shares or Performance Units, payment will be made in the calendar year following the calendar year in which the Performance Period ends.

(2) If payment is due and payable under the terms of Section S-1(d) ("Death"), it will be made upon your death.

(3) Any Alternative Award or Converted Cash Award shall not accelerate the timing of payment; except, that, with respect to Alternative Awards and Converted Cash Awards granted in respect of Restricted Stock Units or Restricted Units (including Unit Tranches), if payment is due and payable under Section S-2(a) in the event that your

employment is involuntarily terminated without Cause or Constructively Terminated (as defined in the AR 2017 Plan) upon or within two (2) years following a Change of Control that is a “change of control” as defined under Code Section 409A, it will be made in cash within thirty (30) days of your termination of employment or, if you are a “specified employee” as defined under Code Section 409A, it will be made six (6) months after the termination of your employment (or, to the extent Code Section 409A applies to your Award, six (6) months after your “separation from service” under Code Section 409A, if that is a different date).

(4) If payment is due and payable under Section S-2(b):

a. if the Change of Control that causes payment to be due and payable is a “change of control” as defined under Code Section 409A, such sum shall be paid to you within thirty (30) days after the Change of Control; or

b. if the Change of Control that causes payment to be due and payable is not a “change of control” as defined under Code Section 409A, such sum shall be paid to you at the time determined under Section S-7(c)(1) on the same basis as if the Standard Terms applied.

S-8. Closing Price. For purposes of this Agreement, Closing Price will mean the closing price of a Share as reported in the principal consolidated transaction reporting system for the National Association of Securities Dealers Automated Quotations (or on such other recognized quotation system on which the trading prices of the Shares are quoted at the relevant time), or in the event that there are no Share transactions reported on such tape or other system on the applicable date, the closing price on the immediately preceding date on which Share transactions were reported. Closing Price shall constitute “Fair Market Value” under the AR 2017 Plan for all purposes related to your Award.

S-9. No Guarantee of Employment. This Agreement is not a contract of employment and it is not a guarantee of employment for life or any period of time. Nothing in this Agreement interferes with or limits in any way the right of the Company or an Affiliate to terminate your employment at any time. This Agreement does not give you any right to continue in the employ of the Company or an Affiliate.

S-10. Governing Law; Choice of Forum. This Agreement will be construed in accordance with and governed by the laws of the State of Delaware, regardless of the law that might be applied under principles of conflict of laws. Except as otherwise provided in the Company’s Certificate of Incorporation or By-Laws, any action to enforce this Agreement or any action otherwise regarding this Agreement must be brought in a court in the State of New York to which jurisdiction the Company and you consent.

S-11. Miscellaneous.

(a) For purposes of this Agreement, “Committee” includes any direct or indirect delegate of the Committee as defined in the AR 2017 Plan and (unless otherwise indicated) the word “Section” refers to a Section in this Agreement. Any other capitalized word used in this Agreement and not defined in this Agreement, including each form of that word, is defined in the AR 2017 Plan.

(b) Any determination or interpretation by the Committee pursuant to this Agreement will be final and conclusive. In the event of a conflict between any term of this Agreement and the terms of the AR 2017 Plan, the terms of the AR 2017 Plan control. This Agreement and the

AR 2017 Plan represent the entire agreement between you and the Company, and you and all Affiliates, regarding your Award. No promises, terms, or agreements of any kind regarding your Award that are not set forth, or referred to, in this Agreement or in the AR 2017 Plan are part of this Agreement. In the event any provision of this Agreement is held illegal or invalid, the rest of this Agreement will remain enforceable.

(c) Your Award is not Shares and does not give you the rights of a holder of Shares. You will not be credited with anything additional with respect to your Award on account of any dividend paid on Shares.

(d) The Committee may, in its discretion, settle an Award otherwise payable in Shares instead in the form of cash, to the extent settlement in Shares is prohibited by law or would require you or the Company to obtain the approval of any governmental and/or regulatory body. The Committee may, in its discretion, require you at any time to immediately sell Shares you acquire under this Agreement, in which case, the Company shall have the authority to issue sales instructions in relation to such Shares on your behalf. If the Committee determines that applicable law requires that you receive fewer Shares or a lesser amount of cash than that otherwise determined under the terms of this Agreement, you will receive that number of Shares or amount of cash the Committee determines is due under applicable law. No Shares will be issued or no cash will be paid if that issuance or payment would result in a violation of applicable law, including United States securities laws and any other applicable securities laws.

(e) The issuance of Shares or payment of cash pursuant to your Award is subject to all applicable laws, rules and regulations, and to any approvals by any governmental agencies or national securities exchanges as may be required. The Company's grant of the Award to you is not intended to be a public offering of securities outside the United States, and the Company has not submitted any registration statement, prospectus, or other securities filing with authorities outside the United States, except where required by law. Your Award has not been, and will not be, reviewed by or registered with any securities authorities outside the United States.

(f) You agree to repatriate all payments under this Agreement or cash attributable to Shares you acquire under this Agreement to the extent required under any applicable legal requirements, such as foreign exchange rules and regulations in your country of residence or country of employment.

(g) Your Award is subject to any Company compensation recoupment policy in effect from time to time.

(h) Regardless of any action the Company or any Affiliate takes with respect to any or all tax withholding (including social insurance contributions and payment on account obligations, if any), you acknowledge that the ultimate liability for all such taxes is and remains your responsibility (or that of your beneficiary or estate) and that neither the Company nor any Affiliate makes any representations or undertakings regarding the treatment of any tax withholding in connection with any aspect of any of your Award, including the grant or payment on account of the Award, and that neither the Company nor any Affiliate commits to structure the terms of the grant of or any aspect of any Award to reduce or eliminate your (or you estate's or any heir's) liability for such tax. You agree to take any and all actions as may be required to comply with your personal tax obligations.

(i) You agree that this Agreement and any other documents related to the AR 2017 Plan or your Award are to be presented to you in English, except where prohibited by law. If any such document is translated into a language other than English, the English version will control, to the extent permitted by applicable law.

(j) The collection, processing and transfer of your personal data (collectively “Data Handling”) is necessary for the Company’s administration of the AR 2017 Plan, this Agreement and your Award, and such Data Handling shall be done consistent with applicable law, the data privacy consents, if any, signed by you, the terms of your employment contract (if any) and/or your local company’s governing policies with respect to data privacy.

(k) In accepting this Agreement, you acknowledge, to the extent allowed by law, that:

(1) The AR 2017 Plan and this Agreement are each established voluntarily by the Company, and that each is discretionary in nature and may be modified, suspended or terminated at any time, as provided in the AR 2017 Plan and this Agreement, respectively, and such change or the end of your participation in the AR 2017 Plan shall not constitute a change or impairment of the terms and conditions of your employment or give rise to any liability to you;

(2) the grant of your Award is voluntary and occasional and does not create any contractual or other right to receive future grants of Awards, or benefits in lieu of an Award, even if Awards have been granted repeatedly in the past;

(3) all decisions with respect to future Award grants, if any, will be at the discretion of the Committee, including, but not limited to, the timing of any grants, the number of units or Shares in any Award, and vesting provisions;

(4) your participation in the AR 2017 Plan is voluntary;

(5) the Award is an extraordinary item which is outside the terms and conditions of your employment and the scope of your employment contract, if any;

(6) the Award is not part of normal or expected compensation or salary for any purposes, including, but not limited to, calculating any severance, resignation, termination, redundancy, end of service payments, bonuses, long-service awards, pension or retirement benefits or similar payments;

(7) the Award grant will not be interpreted to form an employment contract or relationship with any Affiliate or the Company, and you are not an employee of the Company;

(8) the future Closing Price of Shares is unknown and cannot be predicted with certainty;

(9) to the fullest extent permitted by law, no claim or entitlement to compensation or damages arises from termination of the Award or diminution in value of the Award and you irrevocably release the Company and each Affiliate from any such claim that may arise; and

(10) in the event of the termination of your employment, neither your eligibility, nor any right to receive Awards, nor any period within which payment may be made on account of your Award, if any, will be extended beyond the period specified under this Agreement by any notice period mandated under law (*e.g.*, active employment would not include a period of “garden leave” or similar period pursuant to local law); furthermore, in the event of the termination of your employment, your right to payment on account of your Award, if any, will not be extended by any notice period mandated under law; and

(11) you have been granted your Award as a consequence of the commercial relationship between the Company and the Affiliate that employs you, and the Affiliate that employs you is your sole employer.

(l) The Company may impose other requirements as a condition of your Award, to the extent the Committee determines, in its discretion, that such other requirements are necessary or advisable in order to comply with law or facilitate the operation or administration of this Agreement, your Award, or the AR 2017 Plan. To the extent the Company determines in its discretion that you are required to execute any document or undertaking for this purpose, you agree to do so.

S-12. Amendments. The Committee has the exclusive right to amend this Agreement as long as the amendment does not adversely affect any of your previously-granted Awards in any material way (without your written consent) and is otherwise consistent with the AR 2017 Plan. The Company will give written notice to you (or, in the event of your death, to your beneficiary or estate) of any amendment as promptly as practicable after its adoption.

S-13. Agreement to Protect Corporate Property. If, as and when the Company or any Affiliate that employs you, adopts an Agreement to Protect Corporate Property (a "Property Agreement"), then the grant of your Award is subject to and contingent upon your execution of the Property Agreement within the time frame specified by the Company and in the method specified by the Company. If the Company does not receive your executed Property Agreement within the time frame specified by the Company, then this Agreement and the Award granted to you will be void. The Committee may, in its sole discretion, allow an extension of time for you to return your signed Property Agreement.

S-14. Restrictive Covenants.

(a) The terms of this Section S-14 shall apply notwithstanding any other terms of this Agreement, other than Section S-2 ("Change of Control"), to the contrary. If a Change of Control occurs prior to any "finding" described in this Section S-14, any applicable terms of Section S-2 ("Change of Control") will supersede the terms of this Section S-14. Notwithstanding the terms of Section S-10 ("Governing Law; Choice of Forum") to the contrary, this Section S-14 will be construed in accordance with and governed by the laws of the State of North Carolina regardless of the law that might be applied under principles of conflict of laws.

(b) **Non-Disparagement.** Your Award shall be forfeited if the Committee finds that you have, at any time after your employment ends and before your Award is paid to you (in the case of Performance Shares, Performance Units, Restricted Stock Units, or Restricted Units) or exercised by you (in the case of Stock Options), made statements that damage, disparage, or otherwise diminish the reputation or business of the Company, any of its Affiliates, or of any their respective employees, officers, directors, products, or services, with the exception of truthful statements that are (i) compelled by law or otherwise authorized pursuant to legal or administrative processes, (ii) made in connection with raising in good faith, or participating in an investigation regarding, any violation of law or regulation with any state or federal governmental or regulatory agency or (iii) otherwise protected by law under the whistleblower provisions of any state or federal statutes or regulations.

(c) **Violation of Agreement to Protect Corporate Property.** Your Award shall be forfeited if the Committee finds that you have, at any time before your Award is paid to you (in the case of Performance Shares, Performance Units, Restricted Stock Units, or Restricted Units) or exercised by you (in the case of Stock Options), violated any of the terms of any Property Agreement.

(d) Restrictions Applicable to Insiders and Section 16 Officers.

(1) The terms of this Section S-14(d) shall apply if you are an Insider at any time during the Performance Period (in the case of Performance Shares or Performance Units) or Period of Restriction (in the case of Restricted Stock Units or Restricted Units), or at any time prior to your exercise of each of your Stock Options, notwithstanding any other terms of this Agreement, other than Section S-2 (“Change of Control”), to the contrary.

(2) If the Committee reasonably finds that, at any time during the Performance Period (in the case of Performance Shares or Performance Units) or Period of Restriction (in the case of Restricted Stock Units or Restricted Units), or at any time prior to your exercise of each of your Stock Options, whether during your employment with the Company and its Affiliates or thereafter, you directly or indirectly owned any interest in, managed, controlled, participated in, consulted with, or rendered services, as an officer, director, employee, partner, member, consultant, independent contractor or agent, to any person or entities currently engaged in business activities which compete (or will compete based on the anticipated plans of the Company or an Affiliate at the time of your employment termination) with the business of the Company or an Affiliate in any country in which the Company or an Affiliate conducts business or has plans to conduct business during your employment or as of the date your employment terminated, then, to the maximum extent permissible by law, your Award and any payments otherwise due under your separation agreement, if any, under Section S-1(g) (“Involuntary Termination by the Company without Cause”) will be immediately forfeit.

S-15. Deadline to Accept. If you wish to accept the terms of this Agreement you must do so by the electronic means made available to you within sixty (60) days after receiving this Agreement. The Committee may, in its sole discretion, extend the time within which you may accept this Agreement.

CERTIFICATIONS

I, Eric T. Steigerwalt, certify that:

1. I have reviewed this Quarterly Report on Form 10-Q of Brighthouse Financial, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2026

/s/ Eric T. Steigerwalt

Eric T. Steigerwalt
President and Chief Executive Officer

CERTIFICATIONS

I, Edward A. Spehar, certify that:

1. I have reviewed this Quarterly Report on Form 10-Q of Brighthouse Financial, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2026

/s/ Edward A. Spehar

Edward A. Spehar
Executive Vice President and Chief Financial Officer

SECTION 906 CERTIFICATION

CERTIFICATION PURSUANT TO SECTION 1350 OF CHAPTER 63 OF TITLE 18 OF THE UNITED STATES CODE

I, Eric T. Steigerwalt, certify that, to my knowledge, (i) Brighthouse Financial, Inc.'s Quarterly Report on Form 10-Q for the quarter ended March 31, 2026 (the "Form 10-Q") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934, and (ii) the information contained in the Form 10-Q fairly presents, in all material respects, the financial condition and results of operations of Brighthouse Financial, Inc.

Date: May 7, 2026

/s/ Eric T. Steigerwalt

Eric T. Steigerwalt
President and Chief Executive Officer

This certification accompanies this Quarterly Report on Form 10-Q pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 and shall not, except to the extent required by such Act, be deemed filed by Brighthouse Financial, Inc. (the "Company") for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). Such certification will not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, except to the extent that the Company specifically incorporates it by reference.

SECTION 906 CERTIFICATION

CERTIFICATION PURSUANT TO SECTION 1350 OF CHAPTER 63 OF TITLE 18 OF THE UNITED STATES CODE

I, Edward A. Spehar, certify that, to my knowledge, (i) Brighthouse Financial, Inc.'s Quarterly Report on Form 10-Q for the quarter ended March 31, 2026 (the "Form 10-Q") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934, and (ii) the information contained in the Form 10-Q fairly presents, in all material respects, the financial condition and results of operations of Brighthouse Financial, Inc.

Date: May 7, 2026

/s/ Edward A. Spehar

Edward A. Spehar
Executive Vice President and Chief Financial Officer

This certification accompanies this Quarterly Report on Form 10-Q pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 and shall not, except to the extent required by such Act, be deemed filed by Brighthouse Financial, Inc. (the "Company") for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). Such certification will not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, except to the extent that the Company specifically incorporates it by reference.